I’ve been able to take high quality classes in piano, guitar, and Spanish that have supported my efforts to learn and grow. I’m always scanning the offerings because I try to fit something in each semester. These classes provide the structure I need to turn daydreams into reality. THANK YOU to the U for supporting continuing education in our community!

- Ellen Marcoux
NONCREDIT CLASSES
Continuing Education & Community Engagement. Spring semester classes begin January 19.

Spark of Life. There’s a rush that comes from learning on your own terms and an even greater thrill applying newfound knowledge into your life. You get a surge of endorphins that awakens your sense of discovery for new possibilities. That’s why you feel electrified when you nail every step of a hip-hop dance you’ve been working on. It’s what makes participating in real conversations while on vacation in a foreign country so exciting, knowing the effort you spent perfecting a second language was worth it.

Academic Noncredit provides just the spark you need to actively engage your mind in the learning process with a vast array of noncredit opportunities.

- You don’t have to be a matriculated University of Utah student to enroll—anyone 18 and over can sign up.
- No tests, no grades, no stress.
- All classes taught by experienced University of Utah professors.
- 75% of classes are held online or via video conferencing. Students will use Canvas to access coursework.
- Every precaution has been put in place to make sure learning is safe and effective.
- Classes cost, on average, 70% less than if you were taking the course for credit.

Visit noncredit.utah.edu to view all class offerings.

Put a little spark in your life and register today! Visit noncredit.utah.edu | Email questions to academic@continue.utah.edu
WHAT DO YOU WANT TO LEARN?

BALLET/DANCE
Dance is so much more than learning a series of steps to music. It's a way of moving that uses the body as an instrument of expression and communication. Through ballet, ballroom, Hip Hop, and more, you will learn focus, self-discipline, and teamwork—skills that not only boost your quality of life, but will benefit any 21st century career path.

BUSINESS/PROFESSIONAL DEVELOPMENT
As a link to the past and our guide to the future, business stands at the forefront of innovation and progress. Whatever your career goals—be it to start your own business, to make life easier for those around you, or to work your way to the top of an industry—Academic Noncredit has the perfect set of business classes to accommodate your vision.

HEALTH
Our health classes in nutrition, psychology, search and rescue, and more, are not only great stepping stones toward a rewarding and always in-demand career in the health industry, they will also empower you to improve your own physical, mental, emotional, and social well-being. Sounds like a smart first step to a long and healthy life.

MATH/SCIENCE/ENGINEERING
Math, science, and engineering are broad fields that offer exciting career opportunities in fields as diverse as statistics, health care, and renewable energy. By studying math, science, or engineering, you’ll refine your analytical thinking, while stimulating your creativity and enhancing your ability to solve problems. Who knows? You may even save the world!

OUTDOOR RECREATION
Utah is paradise for people who love to be outside. The state is home to sweeping views of red rocks, beautiful canyons filled with lush vegetation, an abundance of wildlife, and of course, the greatest snow on earth. Our outdoor recreation classes launch you on the ultimate biking, hiking, climbing, skiing, and kayaking adventures in the world’s most stunning backdrop.

ART/HISTORY
The study of art encourages self-expression and creativity, helping you to build confidence and a strong sense of individual identity. Through art history, you will develop critical thinking—or maybe it should be called “critical looking”—skills that provide you with a unique ability to process and interpret the world around you.

EXERCISE/FITNESS
We all know exercise is an important part of a healthy lifestyle. Staying physically active lowers the risk of health problems, builds strength, boosts energy, and reduces stress. But what you might not know is that Academic Noncredit has such a wide variety of fitness classes, you’ll definitely find one that inspires you.

HUMANITIES/EDUCATION/Writing
Studying the humanities provides you with a deep understanding of diverse cultures and helps you view history in a new light while arming you with the tools necessary to shape a brighter future. And of course, sharpening your writing skills not only fosters your ability to effectively communicate your ideas, it makes you highly marketable in a competitive job market.

FILM/MUSIC/THEATER
Studying film, music, and theater allows you to view the world from a different perspective, offering insights into humanity, psychology, conflict, and resolution. Through our film, music, and theater classes, you’ll get to perform, compose, and play while you learn to take risks, speak truth to power, and advocate for diverse voices.

LANGUAGE
As the world becomes increasingly globalized, learning a second language is more important than ever. Being multi-lingual is one of the most marketable skills you can have on your resume. More than that, learning a new language boosts brainpower, improves memory, and enhances your ability to make smart decisions—like signing up for a class today.

SOCIAL/BEHAVIORAL SCIENCE
Studying behavioral science helps you gain a better understanding of how different parts of society fit together. You’ll learn to see patterns of human behavior as expressed in relationships, cultural values, families, organizations, politics, and government, giving you strong decision-making tools and the ability to shape effective strategies.

Put a little spark in your life and register today! Visit noncredit.utah.edu

Email questions to academic@continue.utah.edu
CLASSES BEGIN
TUESDAY, JANUARY 19TH

HOW TO VIEW OFFERINGS
noncredit.utah.edu

REGISTER TODAY!

1. Online
   noncredit.utah.edu

2. Phone
   801-581-6461

3. In Person
   540 Arapahoe Dr. #210
   Research Park

Everyone 18 & older is welcome to register for
Academic Noncredit classes. Register early
before classes fill. Noncredit classes appear on
student transcripts.

Don't see the class you are looking for?
Email us at academic@continue.utah.edu
and we may be able to add it for you!