THE PERFECT PLACE FOR YOU

Visual Arts • Politics • History • STEM • Fitness • Literature • Music • Fun

Fall 2019 | August-December Join Today! 801-581-7155 osher.utah.edu
Have I ever told you how much I love working for you? Honestly. I love this job. I hope that in the past few years you have heard me say how much I enjoy your enthusiasm for learning, your creativity, your curiosity, your experience and your dedication to the Osher Lifelong Learning Institute at the University of Utah.

This year, Osher’s 15th Anniversary at the University of Utah, has been a complete joy. We have seen increased volunteerism and it has resulted in more courses, more special events and more new offerings than ever before. In our fall catalog, you will find 103 courses, over 30 special events, two new Special Interest Groups led by Osher members, and a new Monday evening lecture series Afterhours with Experts. Over 40 volunteers serving on committees made all of this possible, as did 99 instructors and some strong community partners.

2019 has been the year to be a part of Osher!

Thank you for your participation, your love of your community and your understanding that Osher at the U is at its best when we are learning and celebrating together.

And while we are on the topic of celebrating – be sure to celebrate Utah’s Lifelong Learning Week August 12-16, 2019. This year the Osher office asked Governor Herbert to recognize the physical and mental benefits of lifelong learning and he agreed! Be on the lookout for articles and promotions throughout the state, sign up for one of our fall courses, and as the Governor Declaration says, “Live well and learn forever.”

- Lauren Andersen, Director
Membership in the Osher Institute is one of the best gifts you can give yourself and those you care about. Everyone knows learning is good for your brain. The Osher Institute at the University of Utah makes it easy and fun.

Courses
Taking courses at Osher offers a great return for the time and money you invest. Tuition is affordable and scholarships are available. Most courses are held at the Commander’s House in Fort Douglas and other nearby locations - all easily accessible with free parking! The majority of courses meet for 90 minutes, once per week, for 6 weeks, allowing plenty of time for other interests. Osher instructors teach with both style and substance. They are able to entertain as well as educate. And when you take courses you are eligible to obtain a U of U student ID card that brings many more opportunities and benefits to you.

Special Activities
The brown bag Lunch and Learn lecture series and the Special Events are included in the basic membership (just $40 per year). The weekly Lunch and Learn lectures at the Commander’s House in Fort Douglas can be a nice intermezzo between classes. The Special Events provide a way to learn about the surrounding community and to stay connected when classes are not in session.

People
Osher members are dynamic individuals who each bring a lifetime of experience to every conversation. You will meet new, interesting people and may even renew a long lost connection from your past.

Campus
The Osher Institute is your portal to the University of Utah. U of U faculty teach abbreviated courses for Osher, our Special Events grant you behind the scenes access to some of the campus’ newest buildings and remodels, and weekly e-mails keep you informed about events taking place at University of Utah.

Benefits
Osher members are eligible for select benefits (with U of U student ID card*) including free admission to the Utah Museum of Fine Arts. Red Butte Garden grants Osher members free admission when they show their Osher name tag at the admission gates. Discounts are also available at Pioneer Theatre Company.

* U of U Student ID card is available to Osher members taking classes. There is a fee for the card. Obtain the card at the U Card office in the Olpin Union (801-581-2273). The card is active in semesters in which you are registered for at least one class.
AT YOUR SERVICE

John Boyack, Curriculum
Carla Price, Program Assistant
Christoph Dressler, Outreach
Dylan Stokes, Osher Excursions
Lauren Andersen, Director
Polly Drollet, Payroll
A culture for learning

Many people have said they can feel a vibrant energy coursing throughout the Osher program. This energy helps to foster a culture based on collaborative relationships and a shared sense of purpose. Our positive culture values teamwork, freedom of expression, kindness, and friendship, providing the perfect environment to both seek and share knowledge.

Of course the last thing we want is for our culture to stagnate. That’s why we also value innovation and welcome bold new ideas from multiple sources. It may take a village to raise a child, but to continually raise the bar at Osher, it takes an extremely dedicated tribe. We are proud that everyone—from the knowledge-seeking members to the well-prepared instructors to the hard-working staff—contributes to the success of the program.

As usual, this semester features dozens of dynamic new offerings, along with many longtime favorites. Some of the new classes include: Rural Voices and Immigrant Tales, Policing in America, Literature and Aging, The Aging Brain: What’s Normal, What’s Not, Foraging Wild Foods for Healthy Eating, Make Productive Use of Your Laptop, Rhythm Ukulele, The Hero’s Journey on Film, Figure Drawing, Intermediate Photography, Hotwiring Your Brain for Joy and Consciousness, Travel: Your Adventure Awaits, and more!

Come experience the dynamic culture of Osher and register or renew your membership today!
COURSES BY CATEGORY

History
- Ancient Cities of Mesoamerica
- Archaeology of the Greater Salt Lake Valley
- Charlemagne and the Matter Of France
- Cold War in Film
- El Salvador and the Civil War: Historical Context for Present Issues
- History of Flight
- Intro to the History of Spanish Colonization in U.S. Borderlands
- Miracle at Philadelphia
- Rural Voices and Immigrant Tales
- Six by Lincoln
- Stories From the SLC Cemetery
- The Bronze Age Aegean World
- The Constitution and Race Relations in America
- The Creation of the American Republic
- World War II in Eastern Europe

Law, Government, and Politics
- Advocating at the Legislature: We Don’t Have to be Powerless
- Current Issues in American Public Affairs & Politics
- Foreign Policy Association: Great Decisions
- Journalism: How Facts Can Get in the Way of a Good Story
- Justice Ruth Bader Ginsburg: A Legal and Cultural Icon
- Policing in America
- History of the Most Important Six Countries in the Middle East
- With Liberty and Justice For All: Reflections on the Good Society

Literature
- Literature and Aging
- MORE Wildland Wilder Literature
- Poetry Workshop
- Sophocles and Greek Tragedy: The “Theban Plays”
- The Bard in Venice: Two Plays by Shakespeare
- The History and the Literature: A Gentleman in Moscow by Amor Towles
- The Writings of Karl Marx

Medicine, Health and Fitness
- Age Performance
- Beginning Line Dancing
- Dance Fitness
- Living with Hearing Loss
- Optimal Aging: Examples from Mountaineering
- Pilates: Life in Balance
- Tai Chi For Fall Prevention: Level 1
- Tai Chi For Fall Prevention: Level 2
- The Aging Brain: What’s Normal, What’s Not
- The Most Common Health Problems in Elderly: Part 1
- Yoga for All Bodies

Nature, Outdoors and Lifestyle
- Bird Watching: Friday Field Trips!
- Everyday Mindfulness
- Exploring the Jordan River Parkway
- Foraging Wild Foods for Healthy Eating
- Hiking The Wasatch
- Live Clutter Free & Get Organized at Last
- Mind Over Matter
- Mindfulness Retreat
- The Brain, Emotional Style, Meditation and Well Being
- What You Know and May Not Know About Personal Finance

STEM
- Digitizing Your Memories
- Final Cut Pro Basics
- Forensic Science
- Google Maps: Become a Custom Map Maker
- Google Tools, Drives, and Sites
- Hot Rocks: An In-depth Look at the World of Gems and Precious Stones
- Human Cognitive Limitations: Why Humans Overestimate Performance and Commonly Make Bad Decisions
- Mac Essentials
- Make Productive Use of Your Laptop
- Medicinal Herbs
- Our Genes, Our Future, The Revolution in a Social World: An Overview of Online Security

Performing Arts
- Art Song: The Union of Poetry and Music
- Beginning Ukulele
- Discovering You With Scissors and Glue: The Wisdom of Intuitive Collage
- It’s Never Too Late To Learn Guitar
- Lon Chaney, Sr.: The World’s First Character Actor
- Music Theory
- Rhythm Ukulele
- Singing in Harmony
- The Big Bands and the Swing Era, A Musical History
- The Golden Age of the Horror Film (1931-1948)
- The Hero’s Journey on Film
- Utah Opera Preview: Verdi’s “La Traviata”
- Utah Symphony: Finishing Touches

Visual Arts
- Art Journal Magnifique
- Examining Architecture: Why Buildings Look the Way They Do
- Figure Drawing
- Intermediate Photography
- Korean Painting Workshop
- Masterpieces at The Metropolitan Museum of Art
- Plein-air Oil Painting
- Sketchbook
- So What’s New?! A Survey of New Movements in Western Art (1840-1900)
- The Art of Wholehearted Living: Part 1
- Ukrainian Egg Decoration: Beginner
- Watercolor 1: Beginning to Intermediate
- You Call THAT Art?

Other Humanities
- Bon Voyage! French for Travelers: Part 1
- Bon Voyage! French for Travelers: Part 2
- Why You Love Country Music, Even If You Don’t
- Cultural Geography
- Hotwiring Your Brain For Joy and Consciousness
- Intro to Hinduism and its Most Sacred Text
- Introduction to the Enneagram: Personality Types
- Philosophy of Yoga: Part 1
- Travel: Your Adventure Awaits!
- Write Your Creative Aging Story: The Art of the Personal Essay
- Writing on Life: How Our Environment Shapes Us
- Writing Your Life, A Part of it Anyway
Advocating at the Legislature: We Don’t Have to be Powerless
Instructor: Rod Julander and Travis Wood

This course will discuss the following: The mechanics of the legislative process, ways that citizens can influence legislation, and techniques for effective lobbying. We are also including guest speakers from the Utah State Legislature who will discuss issues important to seniors and lobbying from their perspective.

OSHER 693-001 • Thursdays, 1:30 PM - 3:00 PM
September 19 - October 31
LOCATION: Commander’s House
TUITION: $99

Age Performance
Instructor: Paul Holbrook

This is a cross between our two previous Osher classes: Transform Your Quality of Life and Age Faster. It will cover all the latest in exercise programming for adults 50 or better. This course will include mastering the five fundamental movements, learning the five essential “resets” that will have you moving with better quality. And, Paul’s personal favorite, you will learn how to Age Faster! It is not what you think. We don’t really want you to “age” faster, but we do want you to go through your later years with the ability to move your body faster.

Archaeology of the Greater Salt Lake Valley
Instructor: Christopher W. Merritt

Archaeology, the study of past humans through their material culture, has provided a unique view into the history of the Salt Lake Valley and beyond. This course will cover the basic lingo and foundation of archaeology, but spend the rest of the time touring the amazing discoveries made throughout the valley over the last few decades. Topics will cover prehistoric peoples (Native American sites discovered in Sandy, Draper, and downtown Salt Lake City) and historical archaeology (pioneer cemeteries, potteries, recreational resorts, military encampments, etc.).

OSHER 643-001 • Wednesdays, 9:30 AM - 11:00 AM
September 18 - October 30
LOCATION: Commander’s House
TUITION: $99

Ancient Cities of Mesoamerica
Instructor: Rick Paine

Prepare to embark on a tour of some of the great cities of ancient Mexico and Central America. Using a series of famous archaeological sites to explore important institutions of Mesoamerican civilization, we will discuss: San Lorenzo Tenochtitlan, the New World’s first complex society; conquest and early urbanism at Monte Alban; Teotihuacan, Mesoamerica’s first true city; Mayan writing and political history at Tikal, Copan, and Calakmul; and the mysterious relationship between Tula and Chichen Itza. We will use these important centers from across Mesoamerica to examine commonalities in Mesoamerican culture, including aspects of economy and relationships between warfare and religion. We will also emphasize connections between centers, both within and across cultural boundaries.

OSHER 217-001 • Wednesdays, 1:30 PM - 2:30 PM
September 18 - October 30
LOCATION: 1291 South, 1100 East SLC
TUITION: $49

OSHER 86-001 • Wednesdays, 3:15 PM - 4:45 PM
September 18 - October 30
LOCATION: Commander’s House
TUITION: $99
Art Journal Magnifique
Instructor: Janet Faught
Join this class for an adventure in writing, drawing, and painting your stories into a handmade journal. We will learn from wonderful authors who motivate you to put your heart into your art. We will explore techniques that encourage creativity.
OSHER 148-001 • Thursdays, 9:30 AM - 11:00 AM
September 19 - October 31
LOCATION: Continuing Education Building
TUITION: $99

Beginning Line Dancing
Instructor: Ruth Palmer
Beginner level line dance instruction using a variety of musical genres including show tunes, classic Rock ‘n’ Roll, Latin influenced, and Country. Fun exercise for both the body and the brain. Wear comfortable clothes and shoes that support your feet but do not grip the floor. All skill levels are welcome.
OSHER 695-001 • Thursdays, 1:30 PM - 3:00 PM
September 19 - October 31
LOCATION: 10th East Senior Center
TUITION: $99

Bird Watching: Friday Field Trips!
Instructor: Jeanne LeBer
Take your bird watching skills beyond the basics by participating in six field trips designed for the adventurous birder. Developing good bird watching skills takes practice and these field trips offer the opportunity to improve and strengthen those skills. Participants explore Silver Lake, Mountain Dell, Jordan River, Liberty Park, Farmington Bay and Antelope Island. Field trips start at 8 AM and last two to four hours depending on the trip.
OSHER 170-001 • Fridays, 8:00 AM - 12:00 PM
September 21 - November 1
LOCATION: SLC UT
TUITION: $99

Art Song: The Union of Poetry and Music
Instructor: Lewis A. Phelps
A survey beginning in Germany (Schubert, Brahms, Wolf…/Goethe…), through France (Faure, Ravel, Poulenc…/Prudhomme…), England (Vaughan-Williams, Britten…/Blake…), and the United States (Copland, Barber, Rorem…/Dickinson…), featuring live performance and recordings of notable singers (Fischer-Dieskau, Schwartzkopf, Ameling, Auger…).
OSHER 660-001 • Wednesdays, 1:30 PM - 3:00 PM
September 18 - October 30
LOCATION: Bountiful Davis Art Center
TUITION: $99

Beginning Ukulele
Instructor: Marci Villa
Learning to play the ukulele is fun and easy. This versatile instrument can be played in any style from rock and roll to gospel, old classics to new songs. This course is for soprano, alto, and tenor C-tuned ukuleles. We will learn the various parts of the ukulele and their functions, how to play 12 ukulele chords, and how to strum simple songs. Music is provided.
OSHER 595-001 • Wednesdays, 3:15 PM - 4:45 PM
October 16 - November 20
LOCATION: 10th East Senior Center
TUITION: $99

Bon Voyage! French for Travelers: Part 1
Instructor: Linda Bayes
Gain confidence and “savoir faire” when traveling to France by learning to communicate in French. You will learn essential conversational skills, navigational phrases, emergency expressions and other clues from an experienced traveler. Topics for discussion will include transportation, customs, money, directions, accommodations, dining, shopping, medical issues, sight-seeing, and entertainment. Practicing conversations with classmates will gently implant expressions into your memory. Extra tips to assist you with social manners and customs will be shared. Some technology using iPhone

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OSHER 660-001 • Wednesdays, 1:30 PM - 3:00 PM
September 18 - October 30
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OSHER 660-001 • Wednesdays, 1:30 PM - 3:00 PM
September 18 - October 30
LOCATION: Bountiful Davis Art Center
TUITION: $99
Charlemagne and the Matter of France
Instructor: Gordon Jones
While the course will cover the historical Charlemagne, the emphasis will be on Charlemagne in literature, myth, and legend. It is the second part of a three-part survey of the Three Great Matters of European literature and culture: Britain, France, and Rome.

Cold War in Film
Instructor: Scott Williams
In this class we will view and discuss films made during The Cold War and films looking back to the events of that time period. Class discussions will interweave the content of the films with major issues, events, and public figures of The Cold War. Film clips from the movies and Cold War documentaries will be used in class presentations. Members will be asked to view one or two films prior to each class and to come prepared for lively discussions. The films will be available to Osher students online from the Marriott Library, through public libraries, or via other online sources such as iTunes, Amazon Video, Netflix, or XFinity on Demand. The films assigned will be Good Night and Good Luck (2005); Bridge of Spies (2015); The Spy Who Came In From The Cold (1965); Thirteen Days (2000); Fail-Safe (1965); and, Dr. Strangelove or, How I Learned to Stop Worrying and Love the Bomb (1964). Bonus films that can be viewed and may be discussed in class will include Trumbo (2015); Breach (2007); Tinker, Tailor, Soldier, Spy (2011); Our Man in Havana (1959); The Bedford Incident (1965); and, On the Beach (1959).

Why You Love Country Music, Even If You Don’t
Instructors: Dr. Michael Hicks, Anna Wilson, Monty Powell, and Dr. John Costa
What do you think when you hear country music? How does it make you feel? Do you relate to the stories in country music songs, or do you feel that they don’t mirror your experience? In partnership with KUED, this special Osher 15th Anniversary course will teach you all about Country Music’s roots in ballads, hymns, and the blues. Train your ear with musicologists and songwriting experts to explore where country music came from and how it reflects and influences American society today. Our four-part course culminates with a special film screening featuring highlights from Ken Burns’ new documentary, Country Music, and includes a live concert with performances by local music artists.

Apps, translators and currency exchange and/or books may be suggested.
COURSES

and bands from other genres covering their favorite country music songs.

OSHER 395-001 • Wednesdays and Thursdays
3:15 PM - 4:45 PM • September 11 - September 26
LOCATION: SLC UT
TUITION: FREE

Current Issues
Instructor: Tim Chambless
Examine current political and governmental issues breaking that day and week — locally, nationally, internationally! The class is highly interactive. Controversial questions are scrutinized. Answers in group discussion are encouraged. Readings from the New York Times and NPR and local newspapers + other Internet sources provided in hard copy. The 2019 Special Counsel Report on Russian Interference to Congress and the Public (the 448 page “Mueller Report”) will be examined during each class meeting to provide additional insights into the 2020 presidential campaign.

OSHER 630-001 • Mondays, 1:30 PM - 3:00 PM
September 23, 30, October 21, 28, and November 4, 11
LOCATION: Summit Vista
TUITION: $99
SPECIAL FEE: $10

OSHER 630-002 • Tuesdays, 1:30 PM - 3:00 PM
September 24, October 1, 22, 29, November 5, 12
LOCATION: Commander’s House
TUITION: $99
SPECIAL FEE: $10

Dance Fitness
Instructor: Denise Gibson
Studies prove that dancing can improve mental and physical fitness levels. This fun workout will have you moving to the “oldies,” incorporating dance moves you love as well as current music and styles. Improve balance, endurance, tone, and rhythm as you dance your way to increased physical fitness and mental acuity. All skill and fitness levels are welcome; the workout will include warm-up and cool-down stretch. Wear clothes allowing you to move to the music and athletic workout shoes. The last 15 minutes of class will be dedicated to optional muscle toning exercises. Bring a yoga mat if you plan to stay for this part.

OSHER 630-003 • Wednesdays, 9:30 AM - 11:00 AM
September 25, October 2, 23, 30, November 6, 13
LOCATION: Continuing Education Building
TUITION: $99
SPECIAL FEE: $10

OSHER 855-001 • Wednesdays, 1:45 PM - 3:00 PM
September 18 - October 30
LOCATION: 10th East Senior Center
TUITION: $89

Cultural Geography
Instructor: Chris Dyson
The world has become a global society in which various cultures and belief systems must coexist with each other. Understanding these cultures makes us more accepting and enriches our own life experience. This course will help us comprehend how humans shape their lives and their environments because of their geography. Geography teaches the “why of the where” through both physical and cultural aspects. Although both are important, this course will focus on the cultural elements that define societies, such as identity, ethnicity, gender roles, religions, and language.

OSHER 24-001 • Tuesdays, 11:30 AM - 1:00 PM
September 17 - October 29
LOCATION: Continuing Education Building
TUITION: $99
Digitizing Your Memories  
**Instructor: Debbie White**

Do you want to know what can be done with all your print photos, negatives, slides, and videos? This 2-day class will teach you all about how to preserve, archive and even restore your non-digital media. Find out how easy it is to share your memories with family and friends, including putting images on Facebook and your digital devices (computer, phone and tablet). Learn tips and tricks, along with answers to frequently-asked questions regarding how to “do-it-yourself.” Don’t want to do it yourself? The class will also cover what to look for in a vendor so you get the most for your money while protecting your irreplaceable memories.

OSHER 25-001 • Fridays, 12:30 PM - 3:00 PM  
September 20 and 27  
LOCATION: Continuing Education Building  
TUITION: $59

Discovering You with Scissors and Glue: The Wisdom of Intuitive Collage  
**Instructor: Martha Hales**

Members will use SoulCollage®, a simple but profound way to access one’s inner wisdom, to create a unique set of cards that hold deep personal meaning. Working intuitively, Osher members will combine images that catch their eye, then use a journaling process to dialog with their creation. This dialog can lead to unexpected insights and delightful surprises. No artistic experience is necessary, just a willingness to explore and play. Instructor Martha Hales will guide members through the process in a gentle, easy way. Members will be amazed by what they can create. This class is suitable for both beginners and experienced SoulCollagers.

OSHER 679-001 • Tuesdays, 3:15 PM - 5:15 PM  
September 17 - October 29  
LOCATION: Continuing Education Building  
TUITION: $129

El Salvador and the Civil War: Historical Context for Present Issues  
**Instructor: Sandra Cerna**

The Salvadoran Civil War was a conflict between the military-led government of El Salvador and the Farabundo Martí National Liberation Front. The brutal war that led to the death of over 75,000 civilians lasted for 12 years (1980-1992), and has heavily affected the current issues faced by the country. Osher members will study historical events and ideologies that spread throughout Latin America and influenced the conflict that led to a war. We will discuss perspectives from both sides of the conflict and the role the United States played in the disruption of peace.

OSHER 697-001 • Wednesdays, 1:30 PM - 3:00 PM  
September 18 - October 30  
LOCATION: Continuing Education Building  
TUITION: $99

Everyday Mindfulness  
**Instructor: Julie Howell**

Osher members will experience the two complementary ways to practice mindfulness: learning the formal practice of meditation and the informal experience of letting mindfulness spill over into everyday life. This course will introduce the concept of mindfulness, covering history, benefits and science behind this age-old practice. When a practitioner pays attention to the present moment, mindfulness unfolds a whole new level of awareness. Meditation has been shown to have many beneficial effects, both mental and physical.

OSHER 676-001 • Tuesdays, 3:15 PM - 4:45 PM  
October 08 - November 5  
LOCATION: Continuing Education Building  
TUITION: $89

Examining Architecture: Why Buildings Look the Way They Do  
**Instructor: Bim Oliver**

Picture in your mind a building, any building. Examine its size, shape, color, and the materials from which it was constructed. Now ask yourself: Why does it look
COURSES

Final Cut Pro Basics
Instructor: Debbie White
Are you familiar with iMovie? Want to take your movie making skills and options to a higher level? This lab-based class is an introduction to the incredible movie making capabilities of Final Cut Pro using your personal photos and film clips. The class includes four intensive 2.5 hour sessions beginning where iMovie leaves off. As a hands-on class, some at-home work is suggested to make the most from content covered in this class. Prerequisite: Students must have prior experience and comfort with using iMovie (this class is not an introduction to creating movies). Equipment: Bring an external hard drive to class to use with a lab Mac computer OR bring your own Mac with Final Cut Pro already installed.
OSHER 662-001 • Mondays and Wednesdays
9:30 AM - 12:00 PM • September 9, 11, 18
LOCATION: Continuing Education Building
TUITION: $109

Exploring the Jordan River Parkway
Instructor: Anne Terry
Experts from the Tracy Aviary will lead this course. Each class will visit a different section of the Jordan River Parkway. Classes will involve waking the parkway as we look for and learn about the birds of the Jordan River and other wildlife. Students will learn about the history of the river, its ecology, and future plans for it. The parkway is relatively level and paved. Students will learn about and experience a few sections of the 52 mile Jordan River Parkway. They will also learn about the Jordan River ecosystem and many of the birds and other wildlife that use the river.
OSHER 662-001 • Mondays and Wednesdays
9:30 AM - 12:00 PM • September 9, 11, 16, 18
LOCATION: Continuing Education Building
TUITION: $109

Figure Drawing
Instructor: Bill Laursen
Any artist interested in building knowledge and improving basic drawing skills cannot overlook the importance of gaining experience in observing and rendering the fascinating human form. This beginning course will offer insight into recognizing fundamental proportions, body mass, and movement while becoming familiar with the names of many common bones and muscles. Since we all live with an amazing human body, gaining appreciation for the miraculous machine it is, and how it serves us, is worth looking into. No previous experience is necessary and students will be given instructions on the first day of class as to what inexpensive drawing materials will be recommended.
OSHER 690-001 • Tuesdays and Thursdays
1:30 PM - 3:00 PM • September 17 - October 31
LOCATION: 10th East Senior Center
TUITION: $179

COURSES

Foraging Wild Foods for Healthy Eating
Instructor: Dan Potts
A how-to course on finding, harvesting, and safely eating wild mushrooms, berries, greens, roots, shoots, seeds, and even animals. Course will cover recommended equipment, strategies, timing, and general locations and habitats of foods found from the West Desert to the Uinta Mountains, and, even downtown Salt Lake City. Many of these foods can be very tasty and nutritious, and the fun
and exercise in hunting them can be great, too! Course also includes an informal foray to hunt berries and mushrooms in the Uinta Mountains.

OSHER 661-001 • Tuesdays, 5:15 PM - 6:45 PM
September 17 - October 29
LOCATION: Continuing Education Building
TUITION: $59

**Google Maps: Become a Custom Map Maker**
*Instructor: Pat Lambrose*
Discover tips and tricks for using Google Maps. Create and save custom maps in your own My Places Google Maps account. Learn to map your favorite restaurants, fishing holes, bike routes, golf courses, trail heads, etc. This workshop will explore the variety of features available in Google Maps through demos, hands-on exercises, and discussion. The workshop will be held in a computer lab.

OSHER 661-001 • Tuesdays, 5:15 PM - 6:45 PM
September 17 - October 29
LOCATION: Continuing Education Building
TUITION: $59
COURSES

**Hiking the Wasatch**  
*Instructor: Dave Smith*  
This class will feature short hikes in several of the local canyons. While the pace will be slow, hikers will need the stamina to complete them in a reasonable time. The focus will be on enjoying the environment of the area and viewing any wildlife that may be encountered, as well as to socialize with other participants. The hikes will involve moderate elevation gains and will be on trails that may have uneven footing. Hike durations will vary based on the particular hike, but plan on approximately 4.5 hours (including transportation). While the class is primarily an activity class, required equipment for hiking will be identified and discussed. Individual pacing for efficient hiking will be demonstrated. Hiking schedule, location, and elevation gain: 9/17, Orientation & Cecret Lake (Alta), 1.7 mi., 473 ft. 9/24, Lake Mary (Brighton), 2.0 mi., 765 ft. 10/01, Willow Lake (Big Cottonwood), 1.4 mi., 586 ft. 10/08, Twin Lakes (Brighton), 1.8 mi., 759 ft. 10/15, Alexander Springs (Parley’s Canyon), 2.0 mi., 600 ft. 10/22, Lower Bell’s Canyon Reservoir Loop (Bell’s), 1.8 mi., 636 ft. 10/29, Pipeline Trail to SLC Overlook (Millcreek), 3.3 mi., 707 ft.  
OSHER 26-001 • Tuesdays, 9:30 AM - 2:00 PM  
September 17 - October 29  
LOCATION: SLC UT  
TUITION: $99

**History of Flight**  
*Instructor: Dennis Clark*  
This course will cover the History of Flight from its 17th century beginnings to the present day. We start with the Chinese kites and progress through the years. We look at Newton’s First Law in layman’s terms on how objects move with no force and keep moving without propulsion. We examine various theories found in mechanics. We learn about military, commercial, and private aircraft, and we will also consider the future of air travel.  
OSHER 663-001 • Tuesdays, 1:30 PM - 3:00 PM  
September 17 - October 29  
LOCATION: Commander’s House  
TUITION: $99

**The Most Common Health Problems In Elderly: Part 1**  
*Instructor: Abdulnaser Kaadan*  
The average lifespan of humans has dramatically increased in the last decade due to the advance in medicine. According to the United Nations, the world population of individuals aged 60 years or above will triple by 2050. In the UK alone, approximately 22% of the population will be 65 years or older by 2031, exceeding the number of those aged less than 25 years. However, the fast-growing aging population also increases the likelihood of some diseases. Geriatrics, or geriatric medicine, is a branch of science that focuses on health care of elderly people. It aims to promote health by preventing and treating diseases and disabilities in older adults. The goal of this course is to help members understand the challenges faced by people as they age, and recognize that there are preventive measures that can place yourself (or a loved one) on a path to healthy aging.  
OSHER 602-001 • Thursdays, 1:30 PM - 3:00 PM  
September 19 - October 31  
LOCATION: Continuing Education Building  
TUITION: $99

**Hot Rocks: An In-depth Look at the World of Gems and Precious Stones**  
*Instructor: Brent McMaster*  
Never look at gems or precious stones the same way again. This course will leave members with a working knowledge of the gem kingdom and an understanding of the identification and value components of gems and precious stones. Look closely into the microscope and gain some hands-on experience tinkering with some of the gemologist’s tools. Members will also be exposed to some of the curious folklore and history of mining and selling organizations.  
OSHER 943-001 • Tuesdays, 11:30 AM - 1:00 PM  
September 17 - October 29  
LOCATION: Continuing Education Building  
TUITION: $99
**Intro to Hinduism and Its Most Sacred Text**  
*Instructor: Santosh Gandhi*

The popular view of Hinduism is that of a complex, confusing mix of rituals, festivals, and customs combined with thousands of gods and goddesses. Yet, it is also the source for deep philosophical insight and practices, such as yoga and meditation. This picture masks the underlying unity and appeal of the ancient ideas of the Vedic seers seeking answers to fundamental questions: Who am I? What is this creation? What or who is God? These questions are addressed in the study of Vedanta—the Bhagavad Gita along with the Upanishads. This course will introduce Hinduism through these most sacred texts and the relevance of their messages in day-to-day life. It will cover the basic tenets of Hinduism—dharma (ethical living) karma theory (destiny/free will), karma yoga (path to spiritual/emotional maturity) and reincarnation.

OSHER 880-001 • Tuesdays, 1:30 PM - 3:00 PM  
September 17 - October 29  
LOCATION: Continuing Education Building  
TUITION: $99

**Intermediate Photography**  
*Instructor: Rodger Newbold*

This class will introduce students to a variety of photographic genres. We will look at street photography, night photography, travel and landscape photography. On a trip or in your home town, how can you see something new? When shooting a landscape, what has been done before and where are sites you might like to capture? How can you shoot a portrait that captures the essence of the subject? We’ll discuss equipment and techniques and how to achieve high-quality work with low-tech, inexpensive tools.

Discussion on post-production computer work (Photoshop tips) will also be covered.

OSHER 67-001 • Tuesdays, 5:15 PM - 6:45 PM  
September 17 - October 29  
LOCATION: Commander’s House  
TUITION: $99

**Hotwiring Your Brain for Joy and Consciousness**  
*Instructor: Harry Keshet*

A new and emerging brain science of contentment, calm, and well-being has developed. Our brain is not static solely determined by genetics. It changes through what we experience. Psychologists have developed self-directed brain change training. We can learn to rewire brain circuits, create new pathways, and develop new connections by using our mind and emotions positively. As we change how we use our mind, brain circuitry is altered and new pathways open to expand our awareness. We will examine the science of positive brain change and learn meditation and other mind and brain changing methods.

OSHER 676-001 • Thursdays, 11:30 AM - 1:00 PM  
September 19 - October 31  
LOCATION: Commander’s House  
TUITION: $99

**Human Cognitive Limitations: Why Humans Overestimate Performance and Make Bad Decisions**  
*Instructor: Alan H. Morris, MD*

Dr. Morris has been deeply engaged in medical decision-making and has explored general human cognitive limitations that contribute to erroneous decisions. The class will address the nature of human cognitive limitations and the common human overestimation of our capabilities and performance. Why do we so commonly make bad decisions and poor predictions? These discussions will be linked to our human species’ success through Darwinian evolution.

OSHER 657-001 • Mondays, 9:30 AM - 11:00 AM  
September 16 - October 28  
LOCATION: Commander’s House  
TUITION: $99

**Intro to the History of Spanish Colonization in U.S. Borderlands**  
*Instructor: Walter Jones*

In the early 1500s, Spanish Americans in New Spain began to explore regions of what became portions of the
United States. These regions are now historically known as the Spanish Borderlands and include portions of Florida, Georgia, the Carolinas, Virginia, Louisiana, Texas, New Mexico, Arizona, Nevada, Colorado, and Utah. Following major expeditions into these Borderlands, Spanish priests, soldiers, and settlers began to colonize much of the area that had been explored. Settlement included missions, forts (presidios), towns (pueblos), and ranches. Spanish control over the Borderlands ended in the early 19th century as the result of a revolution that created the nation of Mexico. The history of the Spanish Borderlands’ process of exploration and settlement is a fascinating, complex, and important part of the history of what is now the United States.

OSHER 888-001 • Wednesdays, 9:30 AM - 11:00 AM September 18 - October 30 LOCATION: Commander’s House TUITION: $99

Introduction to the Enneagram: Personality Types
Instructor: Joan Degiorgio

Students will learn a powerful and dynamic personal development tool that describes nine distinct and fundamentally different patterns of thinking, feeling, and action. The Enneagram explains why we behave the way we do, points to specific directions for individual growth, and is an important tool for improving relationships with family, friends, and co-workers. The course will cover: a brief history and framework of the system, a description of the nine types, key drivers of behavior, and interactions between types.
OSHER 946-001 • Mondays, 3:15 PM - 4:45 PM September 16 - October 28 LOCATION: 10th East Senior Center TUITION: $99

Journalism: How Facts Can Get in the Way of a Good Story
Instructor: Rob Branch

The good, bad, and pretty damn ugly of today’s journalism and journalists. Journalism has an education problem; it’s more important now than during the past two decades. How do journalists get beyond their personal feelings and give us, “just the facts, ma’am.” Where do readers/viewers/listeners go to find out actual news. Are we really searching for truth or support for what we believe to be truth. We will explore how corporations dictate what we see/hear/read today.
OSHER 692-001 • Thursdays, 1:30 PM - 3:00 PM September 19 - October 31 LOCATION: Continuing Education Building TUITION: $99

Justice Ruth Bader Ginsburg: A Legal and Cultural Icon
Instructor: Lauren Andersen

This course will take a look at Justice Ruth Bader Ginsburg’s life and career. We will examine her early life, her education, her teaching, her work with the ACLU’s Women’s Rights Project, as well as her work at the D.C. Court of Appeals and the Supreme Court. Clips from the documentary RBG and the film On the Basis of Sex will be shown and discussed.

OSHER 692-001 • Thursdays, 1:30 PM - 3:00 PM September 19 - October 31 LOCATION: Continuing Education Building TUITION: $99
**Korean Painting Workshop**  
*Instructor: Joon Bae*  
Join renowned artist Joon Bae as we explore ink painting. This course will help members learn more about this beautiful East Asian art and also develop their understanding of Korean culture. Celebrate the diversity of life and practice mental calmness as you learn a variety of brush strokes. Members will produce paintings in the Korean styles of Tiger Story, Flower, and Butterfly.

**Literature and Aging**  
*Instructor: Sally Smith*  
Some of the world’s greatest literature is devoted to expressing the joys and sorrows we experience as we grow old. In this discussion based class, we will explore the issues of aging through the works of acclaimed modern American writers. The selections represent the experience of aging from many diverse perspectives, which will cause us to re-evaluate stereotypes that our society commonly accepts. And, hey - we all know that “growing old is not for sissies!”

**Live Clutter Free & Get Organized at Last**  
*Instructor: Marla Dee*  
How would it feel to have your home free of clutter? In today’s world we are bombarded with information & stuff, and there is clutter everywhere – on our phones, computers, desktops, countertops, bedrooms, basements, closets, and cupboards. We crave being free of clutter and fantasize about being organized but it feels like an impossible chore to complete. As a professional organizer for 20 years, instructor Marla Dee feels your pain and is here to help. In this course you will be taught simple systems to finally organize the stuff, the paper, the photos, and more, plus the skills it takes to carry it out (which only 10% of the human population is born with). With contagious enthusiasm and stories from real clients, Marla shares her belief that living organized is a skill anyone can learn. Why bother learning this skill? Because getting organized frees you to be present for what matters most. Her Clear & Simple Systems teach where to start, what to do, and how to keep it up. If you are ready for a change, come get everything you need to make it happen.

**Living with Hearing Loss**  
*Instructor: Kathy Evans*  
Whether you experience hearing loss yourself or regularly interact with someone who struggles with their hearing, you know that communication is not always easy (even though it sometimes goes well). This class, based on materials developed by Dr. Sam Trychin, explores what contributes to the differing experiences we have in communication and understanding, how to identify them, and what to do about them. Technology will be touched on but the emphasis of the class is changing the behaviors that make dealing with a hearing loss more difficult. Learn what you can do, what others can do, and how to ask for what you need. This class will have assisted listening and real-time captioning to make it fully accessible to people with hearing loss.

**Korean Painting Workshop**  
**Live Clutter Free & Get Organized at Last**  
**Living with Hearing Loss**
Masterpieces at the Metropolitan Museum of Art
Instructor: Margaret Landesman and Jill E. Meyer
The Metropolitan Museum of Art in New York houses one of the world’s finest collections. With 19 curatorial departments and two million square feet of exhibition space, the museum is a living encyclopedia of humankind’s greatest achievements spanning from Ancient Egypt to the present day. Enjoy an armchair tour of the highlights with two trained docents who know this museum well. For regular visitors to the Met, this course will provide an opportunity to connect with old favorites and deepen understanding. For those planning a trip to New York, this course will help select what you really want to see and maximize your visit. We will create an enlivening and uplifting group experience of viewing great art.

OSHER 678-001 • Tuesdays, 9:30 AM - 11:00 AM
September 17 - October 29
LOCATION: Commander’s House
TUITION: $99

Make Productive Use of Your Laptop
Instructor: Eunice Griffin
Learn the basics of the Windows operating system that powers your laptop. Learn how to use Word to write your memoirs. Create a simple budget by learning how to use Excel. Set up and productively use an email account to maintain contact with your friends and relatives. Use Google to look up facts and topics you would like to learn more about. Use Windows Explorer to easily store and retrieve all the memories you create with Word and Excel! This course is for beginners who want to more productively use their new laptops. This course is not appropriate for intermediate and advanced users.

OSHER 686-001 • Mondays and Wednesdays, 1:30 PM - 4:00 PM • September 9, 11, 16, 18
LOCATION: Continuing Education Building
TUITION: $109

Medicinal Herbs
Instructor: Merry Harrison
Gain the understanding and confidence you need to begin using herbs safely and appropriately in diet and health care. Learn how to mix useful preparations, read labels effectively, and harvest and preserve herbs. You will see a working herbal pharmacy and herbal

Mac Essentials
Instructor: Debbie White
This lab-based class has combined the best of Debbie’s Mac Basics and the Beyond the Basics classes to provide a class that will help you do more with your Mac computer. The class consists of four intensive 2.5 hour sessions with a focus on key features of your Mac — including Finder and file management, operating system and App preferences, Safari, and coordination of your Apple devices. At-home activities will be suggested to enhance classroom concepts. Prerequisite: prior use and understanding of Mac computers is essential, since this is not an introduction to Mac computers.

OSHER 670-001 • Wednesdays, 3:15 PM - 4:45 PM • September 18 - October 30
LOCATION: Continuing Education Building, Room 232
TUITION: $99

Lon Chaney, Sr.: The World’s First Character Actor
Instructor: Chris Stockslager
For those who even know Lon Chaney, people simply assume he was “just” a horror actor. In his 18-year career (and short life) with over 150 films to his credit, Chaney played pirates, clowns, cripples, criminals, priests, ventriloquists dressing up in drag in order to burgle (it’s true!), many other colorful characters, and certain beloved Hunchbacks and Phantoms. Chaney was the master creator of his characters and makeups but why is he only remembered as a horror star? The Man of a Thousand Faces has secrets to tell. Learn more in class.

OSHER 11-001 • Mondays, 7:00 PM - 9:00 PM
September 16 - October 28
LOCATION: Continuing Education Building
TUITION: $99

For those who even know Lon Chaney, people simply assume he was “just” a horror actor. In his 18-year career (and short life) with over 150 films to his credit, Chaney played pirates, clowns, cripples, criminals, priests, ventriloquists dressing up in drag in order to burgle (it’s true!), many other colorful characters, and certain beloved Hunchbacks and Phantoms. Chaney was the master creator of his characters and makeups but why is he only remembered as a horror star? The Man of a Thousand Faces has secrets to tell. Learn more in class.

OSHER 11-001 • Mondays, 7:00 PM - 9:00 PM
September 16 - October 28
LOCATION: Continuing Education Building
TUITION: $99
MORE Wild and Wilder Literature
Instructor: Rob Carney
Continuing from Wild & Wilder Literature, this class is about some of the many kinds of WILDNESS: wildness outside and the need to protect it, wildness inside (what else are our emotions?), the wildness of creativity, the wildness of risk and Talking Back to Power/Conventions/The Status Quo, and other kinds too. As in Wild & Wilder Literature, we’ll discuss works by others, but we’ll also end with a Showcase of Your Own Wild Creations based on the 9 activities I suggest (they’re not all the same as the ones in Wild & Wilder). The reading isn’t all the same as before. This isn’t just a re-run.
OSHER 687-001 • Wednesdays, 1:30 - 3:00 PM
September 18 - October 30
LOCATION: Commander’s House
TUITION: $99

Mindfulness Retreat
Instructor: Julie Howell
A four-hour mindfulness based retreat for restoring balance and practicing tools for relieving stress. The retreat includes breath awareness practices, mindful walking and movement and more, build on skills learned in the Everyday Mindfulness class.
OSHER 164-001 • Date TBD
LOCATION: Red Butte Garden
TUITION: $200

Mind Over Matter
Instructor: Christina R. Wilson
Some researchers claim that up to 87% of the illnesses that plague us are a direct result of toxic thinking. “Mind Over Matter” is a course that helps participants understand the negative effects of toxic thinking on our lives and relationships. The course is interactive and experiential and teaches participants the difference between positive and negative thoughts through meta-cognition. Other topics include the connection between thoughts and emotions, warning signs of unhealthy thought patterns, and how to change toxic thinking patterns to gain better holistic health.
OSHER 207-001 • Mondays
9:30 AM - 11:00 AM • September 16 - October 28
LOCATION: Commander’s House
TUITION: $99
enjoyment of both listening to and participating in music will increase. This is going to be fun!

OSHER 655-001 • Thursdays, 11:30 AM - 1:00 PM
September 26 - November 07
LOCATION: Monson Center
TUITION: $99

**Optimal Aging: Examples from Mountaineering**
*Instructor: Carol Masheter*

Explore reasons to engage in fitness activities/challenges as we age, such as high altitude mountaineering. Dr. Masheter will discuss her experience of training to climb the Seven Summits (the highest peak on each continent), what each climb was like, and what she learned during the preparation and actual climbs. Crucial lessons she has learned from mountaineering include that staying active and taking on challenges can open doors to exciting new opportunities, crises can be an opportunity for growth, and it is never too late (or too early!) to do something significant. Gauging member interest over the course, we may do a class hike together during the last class.

OSHER 700-001 • Tuesdays and Thursdays
3:15 PM - 4:45 PM • September 17 - October 3
LOCATION: Summit Vista
TUITION: $99

**Our Genes, Our Future, The Revolution**
*Instructor: Raymond Gesteland*

This course will provide a background in basic genetics from DNA to RNA to proteins. The goal is to give Osher members the tools to understand genes, genetic predispositions, and gene editing. Dramatic advances in gene editing technology will ultimately allow editing of any gene in any organism (including humans), unleashing the power to alter the course of evolution. This course will give students the background necessary to enter into the deep social and ethical issues that must be discussed and understood by the global society.

OSHER 519-001 • Mondays, 9:30 AM - 11:00 AM
September 16 - October 28
LOCATION: Commander’s House
TUITION: $99

**Philosophy of Yoga: Part 1**
*Instructor: Robert Faught*

Yoga means union with the divinity within us, which is an incredible physical, emotional, mental, and spiritual journey. The philosophy of yoga gives us the mental preparation for the journey. Of the six classical schools of Indian philosophy, this course will address the synthesis of the Sankhya and Yoga schools as found in the Yoga Sutras and the Bhagavad Gita. The following topics will be addressed: origins of Yoga, the ancient seers (rishis) of the Vedas and Upanishads, creation theory or involution, the Yoga theory of evolution, the doctrine of Maya, the law of karma, and Patanjali’s eightfold path of Yoga as described in the Yoga Sutras.

OSHER 603-001 • Thursdays, 9:30 AM - 11:00 AM
September 19 - October 31
LOCATION: Continuing Education Building
TUITION: $99

**Pilates: Life in Balance**
*Instructor: Lindsey Mattison*

What creates a balanced body? We know when bones act, muscles react. Our approach to this understanding begins with our basic bony structure as we build from the ground up. We add skills for stability and mobility in each session to emerge feeling strong in our core, stable in our feet, supported by our posture and breath. We will hone these fundamental skills to feel supple through our structure and bright in our mind.

OSHER 635-001 • Thursdays, 9:30 AM - 11:00 AM
September 19 - October 31
LOCATION: YOLO Pilates, 1615 Foothill Drive, SLC
TUITION: $99

**Plein-air Oil Painting**
*Instructor: Ken Baxter*

Be ready to paint, on site, at the first class. Please bring paints, easel, surface to destroy or paint on, chair, coat, umbrella, humility, sunscreen, hat - whatever you need.
Rhythm Ukulele
Instructor: Bill Stoye
This class will focus on learning new styles and rhythms for playing ukulele, including strums, plucking and picking patterns, and breaking down rhythms and counting. Learn how dynamics and combining rhythms will breathe new life into songs. You should have some basic ukulele ability and be able to follow along with some simpler songs. Bring your own ukulele and we’ll play in standard (GCEA) tuning. Instructor will supply materials.

OSHER 698-001 • Wednesdays, 1:30 PM - 3:00 PM
September 18 - October 30
LOCATION: 10th East Senior Center
TUITION: $99

Privacy in a Social World:
An Overview of Online Security
Instructor: Andrew Stone
An overview of online security issues and how to maintain your privacy while using Facebook and the Internet.

OSHER 651-001 • Tuesdays, 1:30 PM - 3:00 PM
September 17 - October 8
LOCATION: Continuing Education Building
TUITION: $99

Rural Voices and Immigrant Tales
Instructor: Eileen Hallet Stone
Stories large and small bring to life seldom-heard stories of Utah history that challenge and broaden our view of those who, drawn West by choice or by change, contributed to the development, industry, and entrepreneurial growth of this vast and marvelously complicated state. Using archival material, interviews, and conversations, we will study ethnic and cultural diversity amid Utah’s mainstream population and themes from frontier law, suffrage, unions, and equity to mining, transportation, and the state’s love affair.

OSHER 689-001 • Mondays, 3:15 - 4:45 PM
September 16 and 23
LOCATION: Commander’s House
TUITION: $39

Policing in America
Instructor: Paul Cunningham
This course will explore the role of police in America, including a historical overview and explanations of jurisdiction. We will examine how police officers are selected, trained, and managed. After considering crime data, we will look at topics such as police use of force, race, vehicle pursuits, body cams, and citizen review boards. One class will focus on the correction system. Each class will include 30 minutes dedicated to discussion of police-related news of the past week.

OSHER 687-001 • Wednesdays, 1:30 PM - 3:00 PM
September 18 - October 30
LOCATION: Commander’s House
TUITION: $99
with outlaws, fences, chocolate, and other down-to-earth, downright different stories.

OSHER 665-001 • Thursdays, 9:30 AM - 11:00 AM
September 19 - October 31
LOCATION: Commander’s House
TUITION: $99

Six by Lincoln
Instructor: L. Rex Sears
Together we will explore, educate, and savor the text, setting, ideas, and consequences of six of President Abraham Lincoln’s greatest and most important addresses—one each week. Primary texts (in chronological order, not lecture order): “Peoria (1854), “House Divided” (1858), “Cooper Union” (1860), July 4 address to Congress (1861), “Gettysburg” (1863), and “Second Inaugural” (1865).

OSHER 200-001 • Wednesdays, 9:30 AM - 11:00 AM
September 18 - October 30
LOCATION: Continuing Education Building
TUITION: $99

Sketchbooking
Instructor: Ken Baxter
The course goal is to instill a creative habit of doing art—with a small “a”—as Danny Gregory describes in his book, Art Before Breakfast. Students do not need previous drawing experience and all levels are welcome. We will sketch without a lot of stuff, starting with a sketchbook and a pencil and/or pen. As you move along in this course, you will want to expand your supplies to include watercolor pencils, a brush, and maybe even crayons but we will continue to keep the exercises basic. We will meet in parks and urban locations. Each class will start with a short lecture and then everyone will draw with individual help from the instructor. We will be drawing outside (weather permitting). Bring a sketchbook, pencil, pen, and portable chair. An example of the type of sketchbook that is a good size with the proper weight of paper is the Moleskine Art Plus Sketchbook (5 x 8.25).

OSHER 805-001 • Thursdays, 11:30 AM - 1:00 PM
October 10 - October 31
LOCATION: Monson Center
TUITION: $79

Singing in Harmony
Instructor: Stacey Cole
This four-part workshop is all about singing for the pure joy of it. We will be learning three songs from across the globe, with lush and diverse harmonies and simple text. Easy enough to learn by ear but satisfying and special enough to sing over and over. All voices welcome (from shy shower singers to confident singers). Songs will be taught by ear (no need to read music). Instructor Cole will provide audio files via email of all of the parts for in-home practice. Participants can choose which part they would most like to learn and sing. There is nothing so delightful as blending our voices, creating wondrous and beautiful harmony. Come explore, see, and hear what our voices can do!

OSHER 645-001 • Thursdays, 9:30 AM - 3:00 PM
September 19 - October 31
LOCATION: SLC UT
TUITION: $99

So What’s New?! A Survey of New Movements in Western Art (1840-1900)
Instructor: Colleen Wood
This is ART?! Modern, Modernism, and Post-Modern: we will examine the “new” movements in European art from the 1840’s to 1900 from Realism (Courbet, Millet, Daumier, Eakins, Homer) to Impressionism (Monet, Caillebotte, Pissarro, Renoir, Manet, Degas, Cassatt, Morisot), Post-Impressionism (Seurat, Van Gogh, Gauguin, Cezanne), and the Arts and Crafts movement. Finally, we will examine the the works of the Pre-Raphaelite Brotherhood (everything old is new again), Fin de Siècle, Symbolism, Expressionism, Art Nouveau, Vienna Secession (Klimt), and the sculpture of Rodin.

OSHER 805-001 • Thursdays, 11:30 AM - 1:00 PM
October 10 - October 31
LOCATION: Monson Center
TUITION: $79
Sophocles and Greek Tragedy: the “Theban Plays”
Instructor: Chris Horner

Sophocles’ Oedipus the King, Antigone, and Oedipus at Colonus are among the best known — and most widely read and performed — of the roughly 30 Greek tragedies that have come down to us from 5th Century BCE Athens. Although they are often called the “Theban Cycle,” the three plays were written many years apart from each other across Sophocles’ lengthy dramatic career, indicating the fascination the story of the disastrous fall of the royal house of Thebes held for the playwright.

OSHER 591-001 • Tuesdays, 11:30 AM - 1:00 PM
September 17 - October 29
LOCATION: Commander’s House
TUITION: $99

Stories from the SLC Cemetery
Instructor: Linda Hilton

Learn about early Salt Lake City history, art, and the cemetery’s monuments, as well as about the contributions of gentiles, Jews, and pioneers who made their mark on Utah. Discover the stories of famous women, artists, educators, plural wives and business owners buried in the Salt Lake City Cemetery in the Avenues. Within its boundaries are three Jewish cemeteries, numerous veterans’ areas, special monuments, and mysteries. Why were some people exhumed and moved out? Why

OSHER 192-001 • Tuesdays, 11:30 AM - 1:00 PM
September 17 - October 29
LOCATION: 10th East Senior Center
TUITION: $99

Tai Chi for Fall Prevention: Level 1
Instructor: David Keyes

While I can’t promise that you’ll live to 100 if you practice tai chi, I can provide you with a variety of tools that will improve your balance and leg strength through a combination of slow, smooth, and continuous moves (this is helpful for those with arthritis too). Balance is a motor skill that we begin to lose in our 20s. It is never too late to improve this skill and Tai Chi is a safe and effective way to do so.

OSHER 192-001 • Tuesdays, 1:30 PM - 3:00 PM
September 17 - October 29
LOCATION: 10th East Senior Center
TUITION: $99

Tai Chi for Fall Prevention: Level 2
Instructor: David Keyes

Building off of what you’ve learned, Tai Chi for Fall Prevention: Level 2 will teach balance exercises and Qigong Shibasi 18 forms. Intermediate forms of sun-style Tai Chi will be taught as well. Some experience required.

OSHER 192-002 • Tuesdays, 3:15 PM - 4:45 PM
September 17 - October 29
LOCATION: 10th East Senior Center
TUITION: $99

The Aging Brain: What’s Normal, What’s Not
Instructor: Anne Asman

This class will focus on our brains as we age. We will look at how we can enjoy a healthier, happier and more prepared quality of life as we age. Topics will include:

• The basic biology of the aging brain and how that biology affects the risk for cognitive impairment (dementia)
• The ways to identify and manage brain illness as we age
• Alzheimer’s and other dementias
• The difference between mild cognitive impairment and dementia
• The role of the family and caregivers in dementia care
• How to address and plan for the end of life, what’s important, what’s not.

This class will help to make people feel more comfortable about aging and give them tools and skills to make good decisions about their (or a loved one’s)
COURSES

CREATIVE SPARK

Osher learning fuels creativity, which in turn, makes life infinitely more interesting and fulfilling. The interactive classes, which often include robust discussion with fellow students, allow you to discover and understand unique connections between different ideas and to see opportunities where others might see roadblocks.
quality of life. It is an interactive program with lots of discussion. Families are encouraged to participate together.

OSHER 658-001 • Wednesdays, 3:15 PM - 4:45 PM September 18 - October 30 LOCATION: Commander’s House TUITION: $99

The Art of Wholehearted Living: Part 1
Instructor: Martha Hales
Blend personal growth with artistic creativity in a journey to wholehearted living. Through art-journaling exercises we’ll explore characteristics of wholeheartedness such as: authenticity, celebration of life, gratitude and joy, self-compassion, and knowing how to let go of needing to be in control. Readings for this class come from The Gifts of Imperfection by social researcher Brené Brown, whose presentation “The Power of Vulnerability” is one of the most popular TED talks of all time. This is heartwork through artwork. You don’t have to be super creative for this artistic journey. Whatever your level of expertise, you will enjoy this hands-on class.

OSHER 683-001 • Wednesdays, 9:30 AM - 11:30 AM September 18 - October 30 LOCATION: Continuing Education Building TUITION: $129

The Bard in Venice: Two Plays by Shakespeare
Instructor: Chris Horner
In two plays set principally in Venice, Italy — the Tragedy, Othello: The Moor of Venice, and the Comedy (however uncomfortably disturbing), The Merchant of Venice — Shakespeare created two of his most unforgettable characters. The North African military commander Othello and the Jewish merchant Shylock are each “outsiders” struggling to exist and function within a larger Venetian Christian community of “insiders” that will ultimately destroy them.

OSHER 201-001 • Thursdays, 11:30 AM - 1:00 PM September 19 - October 31 LOCATION: Monson Center TUITION: $99

The Big Bands and the Swing Era, A Musical History
Instructors: Wayne Egan and Richard Koehn
Big Band music was the most popular music in the United States during the Swing Era, a term interchangeable with the “Big Band Era.” This course will analyze the emergence of big band jazz from early 1920s jazz. We will demonstrate “swing” and introduce many of the giant band leaders of the period, e.g. Paul Whiteman, Tommy Dorsey, Count Basie, Duke Ellington, and more (hundreds of bands performed during the peak of the era). Many famous singers, e.g., Nat King Cole, Frank Sinatra, toured with these bands, and the course will cover these and instrumental soloists as time permits. A few bands dominated the big band scene for several years and affected the music scene profoundly with scores of “classic” dance and later concert songs. The course will focus mainly on those bands, as well as some of the extraordinary sidemen involved in them, plus many of the classic songs that are still performed today.

OSHER 590-001 • Thursdays, 11:30 AM - 1:00 PM September 19 - October 31 LOCATION: Commander’s House TUITION: $99

The Brain, Emotional Style, Meditation and Well Being
Instructor: Harry Keshet
In the last 10 years, researchers discovered how our emotional makeup is intimately connected to our brain in ways only recently understood. Our genes do not totally govern our emotional life - the brain affects how we think, feel, and live. Meditation and other mental training offer opportunities for changing our emotional style and brain function. This class will explore the relationship between the brain, emotional life, the mind, and how to change them for greater peace and well being.

OSHER 683-001 • Wednesdays, 9:30 AM - 11:30 AM September 18 - October 30 LOCATION: Continuing Education Building TUITION: $129

The Art of Wholehearted Living: Part 1
Instructor: Martha Hales
Blend personal growth with artistic creativity in a journey to wholehearted living. Through art-journaling exercises we’ll explore characteristics of wholeheartedness such as: authenticity, celebration of life, gratitude and joy, self-compassion, and knowing how to let go of needing to be in control. Readings for this class come from The Gifts of Imperfection by social researcher Brené Brown, whose presentation “The Power of Vulnerability” is one of the most popular TED talks of all time. This is heartwork through artwork. You don’t have to be super creative for this artistic journey. Whatever your level of expertise, you will enjoy this hands-on class.

OSHER 683-001 • Wednesdays, 9:30 AM - 11:30 AM September 18 - October 30 LOCATION: Continuing Education Building TUITION: $129

The Bard in Venice: Two Plays by Shakespeare
Instructor: Chris Horner
In two plays set principally in Venice, Italy — the Tragedy, Othello: The Moor of Venice, and the Comedy (however uncomfortably disturbing), The Merchant of Venice — Shakespeare created two of his most unforgettable characters. The North African military commander Othello and the Jewish merchant Shylock are each “outsiders” struggling to exist and function within a larger Venetian Christian community of “insiders” that will ultimately destroy them.

OSHER 201-001 • Thursdays, 11:30 AM - 1:00 PM September 19 - October 31 LOCATION: Monson Center TUITION: $99

The Big Bands and the Swing Era, A Musical History
Instructors: Wayne Egan and Richard Koehn
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John Adams adamantly refused to do so. This course will bring to life the events, people, and values of the American Revolutionary era (1763-1789), a tumultuous time of protest, war, and innovative governance that not only created a new nation but also, through its founding principles, forever changed the course of human history.

OSHER 230-001 • Tuesdays, 9:30 AM - 11:00 AM September 17 - October 29
LOCATION: Commander’s House
TUITION: $99

The Golden Age of the Horror Film (1931-1948)
Instructor: Chris Stockslager
In the sequel to “Silent Screams (1896-1931),” we will examine the Golden Age of horror films and witness the rise of stars like Boris Karloff, Bela Lugosi, Lon Chaney, Jr. and others in some of their most famous roles. We shall enjoy some fantastic movies and discuss them meticulously!

OSHER 600-001 • Wednesdays, 7:00 PM - 9:00 PM September 18 - October 30
LOCATION: Summit Vista
TUITION: $99

The Constitution and Race Relations in America
Instructor: Beth Whitsett
This course will explore the long term impact of the compromise on slavery integral to the 1787 Constitution, focusing on the 13th, 14th and 15th Amendments and the statutory and judicial analysis, interpretation and implementation of those amendments. In addition to reviewing Supreme Court decisions and federal statutes, we will look at some of the important lower federal court decisions and state legislation, the continuing related battle between advocates of states’ rights and strong federal government, and some of the still unresolved issues around the relations between African and European Americans. We will discuss issues confronting race relations today, including issues relating to reparations — whether it makes sense at this point and, if so, how it might be structured.

OSHER 667-001 • Thursdays, 1:30 PM - 3:00 PM September 19 - October 31
LOCATION: Commander’s House
TUITION: $99
The Hero’s Journey on Film
Instructor: Sharon Swenson
What do Luke Skywalker, Atticus Finch, Dirty Harry Callahan, Mad Max, and T’Challa (the Black Panther) have in common? They are all versions of Joseph Campbell’s monomythic journey that repeats characters and actions. As with their narratives, genres, and settings however significant differences in their natures and trials exist. The historical development of Batman from comic books through multiple cinematic versions (Adam West to Christian Bale) shows how the hero, his challenges, and his solutions alter through time mirroring the social changes in the society that produces them. We will view and discuss the archetypal pattern and how it alters to reflect a culture’s concerns and desire for powerful rescuers. Film screenings may include High Noon, Rocky, To Kill AMockingbird, Star Wars (1977), Red River, Mad Max: Beyond Thunderdome, Black Panther, Batman, The Matrix, and/or a sequence of films, like Superman or Batman.
OSHER 803-001 • Tuesdays, 9:30 AM - 11:00 AM September 17 - October 29
LOCATION: Continuing Education Building TUITION: $99

The History and the Literature: A Gentleman in Moscow by Amor Towles
Instructor: Diane D. and Stanley E. Henderson
Historical novels tell interesting stories about a time and place and the people living there. The authors of these novels must do extensive research so that their writing accurately reflects the history of the period. Using A Gentleman in Moscow by Amor Towles as our launching point, this class will offer a one-hour look at the history of Russia in the years just before and after the revolution in order to provide the historical context for the novel. We’ll then spend an hour discussing the novel as a piece of contemporary literature. Readers and history buffs welcome! Participants should read A Gentleman In Moscow before the class.
OSHER 664-001 • Tuesday, 9:30 AM - 11:30 AM October 8
LOCATION: Commander’s House TUITION: $19

The Writings of Karl Marx
Instructor: Emery (E.K.) Hunt
The term “Marxism” has, over the decades, come to have many meanings (several of them very ambiguous). Marx is different from Marxism and this course will focus on what Marx actually wrote (and a little bit on his life).
OSHER 668-001 • Thursdays, 9:30 AM - 11:00 AM September 19 - October 31
LOCATION: Commander’s House TUITION: $99

Travel: Your Adventure Awaits!
Instructor: Bonnie Snyder
Come learn, share and journal all about your travel dreams. We will discuss road trips down Highway 101 and Route 66, and explore New England, the American South, Midwest and Northwest, and some international destinations. Learn cruise tips, travel tips and ignite the travel fire inside you.
OSHER 802-001 • Tuesdays, 3:15 PM - 4:45 PM September 17 - October 29
LOCATION: Continuing Education Building TUITION: $99

Ukrainian Egg Decoration: Beginner
Instructor: Diana Michalicek
Explore your creative side, learn and improve your egg dyeing skills, and gain cultural awareness in this three-day introductory workshop led by new Osher instructor, Diana Michalicek. Osher members will learn about and work with kistka, design patterns, then create beautiful, colorful eggs in the tradition and style of Ukrainian culture.
OSHER 803-001 • Tuesdays, 9:30 AM - 11:00 AM September 17 - October 29
LOCATION: Continuing Education Building TUITION: $99
COURSES

OSHER 637-001 • Tuesday, Wednesday, Thursday
9:00 AM - 12:00 PM • October 8 - October 10
LOCATION: Continuing Education Building
TUITION: $99
SPECIAL FEE: $25

History of the Most Important Six Countries in The Middle East
Instructor: Abdulnaser Kaadan

We will survey major historical events, cultural patterns, nationalism, ‘modernization,’ revolutions, and wars in the most important six countries in the Middle East. Emphasis will be given to the 19th and 20th centuries but we will also examine the roots of Islamic civilization dating back to the time of its founder, Muhammad (early 7th c). Major developments include the growth and evolution of Middle Eastern societies, the expansion of European powers in the region, challenges the West presented to traditional culture, government, and society, and the struggle for independence and political pluralism by Middle East peoples and their rulers.
OSHER 653-001 • Thursdays, 11:30 AM - 1:00 PM
September 19 - October 31
LOCATION: Continuing Education Building
TUITION: $99

Utah Opera Preview: Verdi’s “La Traviata”
Instructor: Paula Fowler and Carol Anderson

Get a behind-the-scenes look at Utah Opera’s latest production of Verdi’s “La Taviata.” Enjoy a deep dive into the music with Utah Opera staff, and sit in on rehearsal at Utah Opera’s studios. The beautiful but ill courtesan Violetta Valéry falls in love with upper-class gentleman Alfredo and leaves her life as a kept woman for an idyllic life in the country with him. When pressured to leave Alfredo by his father, she flees to her former life leaving only a note. But Alfredo’s love will not be denied, and he’s not going to stand aside as he sees her on the arm of another man.
OSHER 6-001 • Tuesday, 1:30 PM - 2:30 PM • October 1
LOCATION: Utah Opera Productions, 336 N. 400 W., SLC
TUITION: $25

Utah Symphony: Finishing Touches
Instructor: Sally Humphreys

Join Sally Humphreys, flute player and regular substitute on the Utah Symphony roster, for an informative and entertaining 30 minutes of learning about the music featured in this concert (followed by Q&A). Sally will cover music from the concert: Mozart, Overture from Idomeneo; Mozart, Sinfonia Concertante for Violin and Viola; Respighi, The Birds, Messiaen, “The Orioles” from Des canyons sur étoiles; Respighi, Pines of Rome. Thierry Fischer, conductor; Vivane Hagner, violin; Brant Bayless, viola. Osher members can purchase tickets to the rehearsal beginning at 10:00 AM at the Abravanel Box Office, or to the evening performance.
OSHER 16-001 • Friday, 9:00 AM - 9:40 AM
September 27
LOCATION: SLC UT
TUITION: $5

Watercolor 1: Beginning To Intermediate
Instructor: Barbara Taylor

Haven’t held a paint brush since elementary school, but have a desire to express yourself? Know nothing about painting or drawing? This course is for you. You will produce art work that you can be proud of. You will gain an understanding of the color wheel, blending and shading colors and the importance of contrast and composition. You will also experience the joy of creativity. Special themes for this session will be: flowers; trees; dogs; and birds. Students should bring to the first class a pad of watercolor paper (9 x 12 cold press 140 lb.), a cup for water, a roll of toilet paper, three water color brushes (small size #1-4 round, medium #8 or 10 round, and large #14 flat), one water color palette box (minimum 7 colors), spray bottle, pencil, and a tray for mixing with a minimum of 4 wells.
OSHER 712-001 • Tuesdays, 9:30 - 11:00 AM
LOCATION: Continuing Education Building
TUITION: $99
**What You Know and May Not Know About Personal Finance**  
*Instructor: Sergio Bodero and Chad Horne*

You have to know where you are before you know where you are going, so refresh your mind around financial topics we may not always want to talk about. From budgeting your finances to understanding key concepts for generating retirement income and everything in between. Topics include: Budgeting and saving strategies; Let’s Talk Credit; Identity theft; Estate planning; Planning in the current tax environment; and Key concepts for generating retirement income. Come and share your experience with your peers and continue learning about how to achieve financial success.

OSHER 800-001 • Wednesdays, 3:15 PM - 4:45 PM  
September 18 - October 30  
LOCATION: Commander’s House  
TUITION: $99

**With Liberty and Justice For All: Reflections Good Society**  
*Instructor: Bruce Landesman*

A good and just society respects the liberty of all and treats every member as an equal. The concepts of liberty, justice, and equality, however, are all contested concepts. We have different ideas of what they mean and how they should apply in real life. What one sees, for example, as an important government program meant for the common benefit, another sees as an illegitimate restriction of people’s liberty. We will carefully examine the meanings of such concepts as liberty, equality, and justice. There is a long philosophical tradition of discussion of these ideas which will inform our discussions.

OSHER 754-001 • Mondays, 9:30 AM - 11:30 AM  
September 16 - October 28  
LOCATION: Commander’s House  
TUITION: $99

**World War II in Eastern Europe**  
*Instructor: Steve Hall*

Many of us think of World War II as having taken place primarily in the places where the forces of the United States and Great Britain fought. We know very little about World War II campaigns in Eastern Europe despite the fact that the vast preponderance of fighting happened there. This course discusses the specific events of the Eastern European campaign and the decisions that led to victory. We will carefully examine the pros and cons of the major decisions, the factors in play, and why the final outcome was what it turned out to be. We will examine Operation Barbarossa, the Battle of Stalingrad, and the amazing recovery and resilience shown by the Soviets. We will also discuss additional topics, including the role played by Soviet women.

OSHER 583-001 • Wednesdays, 9:30 AM - 11:30 AM  
September 18 - October 30  
LOCATION: Commander’s House  
TUITION: $99

**Write Your Creative Aging Story: The Art of the Personal Essay**  
*Instructor: Debbie Leaman*

Do you have a story to tell? Write your personal essay on aging, be it quirky or serious, funny or poignant. By telling our stories we connect with others, recognize our common humanity, and realize we’re not alone on this journey. This course is designed to help you craft a compelling story, and to that end, we will discuss the elements of a successful essay including what to write about, where to start, voice, the importance of details, and the revision process. Writing exercises will generate ideas; readings, discussions, and gentle group feedback will help improve your story. The goal is to have a completed essay. Publishing options will also be discussed.

OSHER 180-001 • Wednesdays, 1:30 PM - 3:30 PM  
September 25 - November 06  
LOCATION: Continuing Education Building  
TUITION: $129

**With Liberty and Justice For All: Reflections Good Society**  
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OSHER 180-001 • Wednesdays, 1:30 PM - 3:30 PM  
September 25 - November 06  
LOCATION: Continuing Education Building  
TUITION: $129
COURSES

Writing on Life: How Our Environment Shapes Us  
Instructor: Nicole M. Anderson  
This course invites students to write about contemporary environmental narratives and discover how the environment we live in shapes our lives. Students will learn to think critically and with distinction about places students hold dear to their hearts. This course will explore the difference between nature and environmental writing as well as take a journey into the places we hold dear. We will explore the writing life and how the environment both good and bad, indoors and out likely shaped us into the people we are today and most importantly how to tell that story. The class will focus on writing that speaks to our essential relationship to the world and our human experience in it as we share our journeys by utilizing creative language and vivid images.  
OSHER 685-001 • Tuesdays, 1:30 PM - 3:00 PM  
September 17 - October 29  
LOCATION: Continuing Education Building  
TUITION: $99

Writing Your Life, a Part of It Anyway  
Instructor: Phyllis Barber  
After teaching writing for over 25 years, Barber still wants to help people tell their story, if not their stories. Instead of facing the writing of a whole life, each participant will choose one event/incident and write it with individual personality and style. Voices are honored here. And remember, you are the only you.  
OSHER 881-001 • Tuesdays, 11:30 AM - 1:00 PM  
September 24 - November 5  
LOCATION: Continuing Education Building  
TUITION: $99

You Call THAT Art?  
Instructor: Bernadette Brown  
Art forms have traditionally been shaped by the political, religious, and social ideals of the cultures that created them. This course will examine how, in the last quarter of the 19th century, artists began to seek freedom of expression and to experiment with different theories and concepts that changed the definition of what art is.  
OSHER 659-001 • Tuesdays, 9:30 AM - 11:00 AM  
September 17 - October 29  
LOCATION: Continuing Education Building  
TUITION: $99

Yoga For All Bodies  
Instructor: Roz Newmark  
Roz Newmark brings over 25 years of experience in teaching yoga oriented toward individuals with injuries, those recovering from injuries, or with other special needs. The perfect recipe for stability, easeful movement, and a calmer nervous system varies depending on the individual. Working from the ground up, we will begin to personalize a practice for each Osher member’s specific needs. Drawing from the Iyengar Yoga tradition, attention will be focused on alignment and the therapeutic uses of various asanas, or poses. We will use props to help customize the asanas and to create a more balanced condition in your body. This course is accessible to all body types. Props and mats will be available for use at the studio. Please wear clothing appropriate for moving.  
OSHER 881-002 • Tuesdays, 9:30 AM - 11:00 AM  
September 17 - October 29  
LOCATION: Mindful Yoga Collective  
TUITION: $99
Dr. Seuss would have been 115 and Other Interesting Seuss-facts
Presented by: Jill Smith
Learn about Dr. Seuss’s creative taxidermy. Discover the five different types of writing he did and the short film he produced. Was all of his writing created for children? Find out what part Salt Lake played in his writing for children. Uncover his creative way of having his new art critique.
OSHER 394-001 • September 16 • Monday, 5:30 – 6:30 PM LOCATION: Commander’s House • FEE: $9

The Forgotten Wives of Joseph Smith
Presented by: Leslie Olpin Peterson
Leslie Olpin Peterson started painting in 2011 (58 yrs. old) by accident. She took a community painting class with her son-in-law as a form of therapy for him after he suffered a stroke, but after their first class together she was hooked. She has since won two awards from the 2015 Radio West Film Competition showcasing her 34 portraits of The Forgotten a Wives of Joseph Smith and her work has also been featured in the New York Times. Leslie will tell her story, show her film and share some interesting facts about the wives of Joseph Smith.
OSHER 807-001 • September 23 • Monday, 5:30 - 6:30 PM LOCATION: Commander’s House • FEE: $9

The Norman Invasion of England and the Bayeux Tapestry
Presented by: Alice Webber
The Bayeux Tapestry depicts the conquest of England in 1066 by William, Duke of Normandy. History remembers him as William the Conqueror. Learn the history behind the invasion from KUED’s Alice Webber and discover how England and Normandy came to that event.
OSHER 401-001 • September 30 • Monday, 5:30 – 6:30 PM LOCATION: Commander’s House • FEE: $9

Sexual Health and Aging
Presented by Dr. Don Strassberg, University of Utah Professor Emeritus, Department of Psychology
Contrary to what our kids and grandkids might think, many (even most) people over age 60 (or even 70+) can and do have active and satisfying sex lives. Yes, aging often means less frequent sexual activity and may require some accommodation in just what or how we go about being sexual, but physical intimacy remains an important part of seniors’ relationships. This talk will provide an overview of these issues.
OSHER 541-001 • October 14 • Monday, 5:30 – 6:30 PM LOCATION: Commander’s House • FEE: $9

An Overview of the Topaz Internment Experience
Presented by Rick Okabe, Topaz Museum Board member
Executive Order 9066 interned 120,000 people of Japanese descent between 1942 and 1945. 11,000 of those individuals lived at the Topaz camp in Delta, Utah. In this lecture, Rick will share his thoughts on how the museum has led him to understand that the U.S.’s history of internment may be used to protect the rights of all people.
OSHER 681-001 • October 21 • Monday, 5:30 – 6:30 PM LOCATION: Commander’s House • FEE: $9
In the Friend Zone

There’s a beauty in sharing learning experiences with a group of like-minded thinkers. When Osher members pool their expertise, knowledge, and skills to supplement the curriculum of our expert instructors, everyone gains deeper insight and lifelong friendships are formed.
SPECIAL EVENTS

The following special events include a surcharge and will be listed online as courses. Search for the special event online via its course number or title under “Classes.” For more information or for help registering, please call 801-581-7155.

Intro To Kiln-formed Glass Stringer Plate
8/20/2019, 12:00 PM
422 West 900 South, Suite 105, Salt Lake City 84101

This event will introduce you to many of the fundamental concepts of kiln formed glass. Students will make a 7”x7” plate using 1mm glass rods. These rods can be created in a free form way or can be placed side by side. Students work will be available for pickup a few weeks after the event. All levels are welcome.

OSHER 691-001
SPECIAL FEE: $55

La Caille Wine Tasting & Tour
8/27/2019, 4:30 PM
9565 Wasatch Boulevard, Sandy 84092

Located on 20 elegant acres at the mouth of the Little Cottonwood Canyon, La Caille offers unmatched experience and atmosphere. On August 27th, La Caille will open its beautiful grounds to Osher members. Meet vintner Mike Marron and his team and have them take you on a tour of the beautiful estate. Osher members will taste five varieties of La Caille wine and enjoy appetizers especially prepared for them by Chef Billy Sotelo. After the wine tasting and tour, members are welcome to stay for dinner; call La Caille directly at 801-942-1751 for dinner reservations and pricing. A lot of walking outdoors, please dress accordingly.

OSHER 694-001
SPECIAL FEE: $49.50

Park City Main Street & Museum Tours
9/4/2019, 1:15 PM
528 Main Street, Park City 84060

Put on your walking shoes and explore Historic Main Street Park City! In this docent-led guided tour, you will learn about the architecture, the people, and notable events in Park City’s unique history, from the mining boomtown to world class ski resort. Find out if there are really street art paintings by one of the world’s most famous guerrilla artists, Banksy! Then go inside and take a self-guided tour of the Park City Museum.

OSHER 801-001
SPECIAL FEE: $15

Create Your Own Holiday Wreath
12/9/2019, 2:30 PM
145 East 900 South #4, Salt Lake City 84111

Join us on December 9th as Natalie Cruz of The Petal Coop hosts a seasonal wreath making class. During this event, you will learn to create a beautiful mixed cedar and pine wreath that will hang beautifully on your front door. All seasonal wreath making materials are included. Floral pruners will be provided by instructor during the event.

OSHER 270-001
SPECIAL FEE: $85
Caputo’s Market & Deli: Cheese Caves
9/27/2019, 7:00 PM
314 West 300 South, Salt Lake City 84101
Get an in-depth look into the world of fine cheese. You will taste your way through Southern European and New World creations made according to age-old techniques by true artisans. Learn about the Cheese Cave and what it means for your cheese. Get tips on how to best shop for and store your cheeses once you get them home. Our alcohol offerings have been expertly paired to round out the cheese-lover experience. Please note: All cancellations require 48 hours notice. Food and wine are purchased and prepared in advance and cannot be re-purposed.

OSHER 677-001
SPECIAL FEE: $50 (includes $25 for wine pairing)

OSHER 677-002
SPECIAL FEE: $25 (cheese only)

Caputo’s Market & Deli: Chocolate
10/11/2019, 7:00 PM
314 West 300 South, Salt Lake City 84101
Our most popular tasting event. Learn what makes one chocolate “fine” and the other just “standard.” Find out how to identify flavors, get familiarized with great chocolate makers, and learn other priceless bits of chocolate know-how. Salt Lake Magazine recently featured our Chocolate event on their SLC Bucket List. Don’t miss out!

OSHER 270-001
SPECIAL FEE: $25 (no alcohol pairing)

Live Demonstration: Flavors of Fall Chef’s Table Lunch
11/18/2019, 11:00 AM
2233 South 300 East, Salt Lake City 84115
Salt Lake Institute of Culinary Education (SLICE) is one of the limited cooking schools in the Salt Lake area for the home cook. In their three kitchens they offer a wide variety of hands-on culinary experiences for people of all skill levels. They believe that eating well and breaking bread with others are two of life’s greatest pleasures and are at the heart of every day cooking. At this event you will enjoy a three-course Flavors of Fall gourmet lunch while you watch the chef’s preparation. You may participate by asking questions and join at the counter, all while you learn some techniques from the chefs. There will also be a TV that allows everyone to see how the meal comes together.

OSHER 292-001
SPECIAL FEE: $30

Utah Museum of Natural History Tour of Exhibit Yellowstone: Invisible Boundaries
7/17/2019, 6:00 PM | 8/20/2019, 1:00 PM
301 Wakara Way, Salt Lake City 84108
This special exhibition focuses on the migrations of elk and other charismatic, wide-ranging wildlife in the Greater Yellowstone Ecosystem. It explores the challenges these animals face as they leave Yellowstone National Park and cross into surrounding multiple-use and private lands in search of winter resources. Their journeys link the ecosystem’s outermost foothills and ranch lands to its deepest, mountain wilderness.

Tour of the Chase Home in Liberty Park
8/23/2019, 10:00 AM
Liberty Park, 1150 S. Constitution Drive, Salt Lake City 84105
The Chase Home Museum of Utah Folk Arts is the only museum in the country dedicated to displaying a state-owned collection of contemporary folk art. It features objects made by Utah artists from the state’s American Indian, rural, occupational and ethnic communities. The museum offers a snapshot of Utah’s contemporary culture.
and heritage. The Chase Home, built more than 150 years ago in a traditional hall and parlor style from adobe bricks, is a fine example of 19th century folk art.

**International Peace Gardens**  
8/27/2019, 1:00 PM  
1060 South 900 West, Salt Lake City 84104

We will be taking a 50 minute guided tour of the gardens. The gardens were donated by rotary clubs from around the world and by people in the SLC area from various ethnic backgrounds. There are gardens representing almost every country in Europe, several in Asia, a couple in the Americas, and also a single garden for all of Africa.

**Kingsbury Hall Tour**  
8/28/2019, 2:00 PM  
1395 E. Presidents Circle, Salt Lake City 84112

A guided tour of Kingsbury Hall and the history of the building. Discussion on the Utah Presents program for the upcoming year, plus Kingsbury Hall outreach involvement in the community.

**Antelope Island State Park Tour**  
9/4/2019, 10:00 AM  
4528 West 1700 South, Syracuse 84075

Come immerse yourself in 133 years of history at the Fielding Garr Ranch on Antelope Island State Park. We will meet with the naturalist for a talk about wildlife on the island. Learn about the rich ecosystem on an island in the middle of the Great Salt Lake. We will also visit the Fielding Garr Ranch and have time to explore the area around it. Plan on several hours for this tour. However, you can make it as short or long as you please. $1.00 per person.

**Modern West Fine Art Gallery Tour**  
9/6/2019, 2:00 PM  
412 South 700 West, Salt Lake City 84104

Modern West supports established and emerging contemporary artists who in compelling and varied ways re-frame our understanding of the west. We will be spending 30 minutes walking through the gallery followed by a short Q&A session. Osher members are welcome to stay and spend as much time in the space as they would like.

**Walking Tour Of The Salt Lake Cemetery**  
9/7/2019, 10:00 AM  
200 N St. E, Salt Lake City 84103

The Salt Lake City Cemetery is the largest public cemetery in the country and is the final resting place to over 100,000 people. Within its boundaries there are three Jewish cemeteries, numerous veterans’ areas, special monuments, various forms of art, mysteries and urban legends. The cemetery is a historical treasure of famous and infamous that made their mark on Utah. SPECIAL FEE: $10 payable at the event. $10.00

**UTA Jordan River Rail Service Center**  
9/9/2019, 2:00 PM | 9/14/2019, 10:00 AM  
2264 South 900 West, Salt Lake City 84119

As the recipients of the 2014 American Public Transportation System Achievement Award, the Utah Transit Authority is justifiably proud of its rail service centers. The Jordan River rail service, opened in 2011, includes 280,000 sq ft. of office and shop space on 24 acres. The facility makes use of a 35 year old retail warehouse that long-time residents recognize as the old ZCMI warehouse.

**Heber Valley Air Museum**  
9/13/2019, 10:00 AM  
2065 West Airport Road, Heber 84032

Experience the joy of a Warbird from WWII and a museum of memorabilia. Each year, more Americans see the beauty, touch the metal, smell the smoke, and listen to the roar of the piston engine aircraft operated by Commemorative Air Force Wing (CAF) than visit all the other aviation museums in the United States. Our museum hanger shelters 3 WWII training aircraft, in which we offer scenic rides around the Heber and Park City areas. Rides must be arranged ahead of time by calling (801)719-8876 or by visiting the web site CAFutahwing.org
SPECIAL EVENTS

UTA Warm Springs Rail Facility
9/16/2019, 1:00 PM
900 North 500 West, Salt Lake City 84116

An escorted tour of the UTA commuter rail facilities. This will include the shop, dispatch center, rail yard, operational simulators, and a brief history of the building. We will be looking at locomotives, passenger cars and various equipment used in the day to day operations of one of the nation’s top commuter rail systems.

National Ability Center Tour & Lucky Ones Visit
9/16/2019, 12:30 PM
Park City Library (1255 Park Avenue) & National Ability Center (1000 Ability Way), Park City 84060

The National Ability Center (NAC) is a non-profit organization that provides high-quality, inclusive programs to individuals of all ages and abilities, including those with orthopedic, spinal cord, neuromuscular, visual and hearing impairments, and cognitive and developmental disabilities. This organization is recognized internationally as a leader in adaptive recreation and facilitates programs from their three locations in Park City, Salt Lake City, and Moab.

The NAC will open its Park City Ranch doors to Osher members where you can explore their rock climbing wall, archery range, high ropes challenge course, equestrian center, and cycling shed. Learn more about how the NAC continues to build an adaptive nation!

September 18 is National Art House Theatre Day. Celebrate our thriving film community by learning how to access Sundance locals options AND see a movie at the Salt Lake Film Society @Broadway Centre Cinemas. Bring your own sandwich or purchase movie snacks (healthy and non-healthy options available) and listen to Marcie Collett, Associate Director for Development, SLFS, she discusses how to: register and purchase Sundance passes and tickets; access Sundance locals’ passes and ticket package options; use the app to waitlist and track tickets; access locals-only free screenings; volunteer and get more involved with Sundance; and, connect with other local film people and events.

Cathedral of the Madeleine Tour
9/16/2019, 11:00 AM
331 E. South Temple, Salt Lake City 84111

Tour guide, Colleen Goudreau, will provide an intricate look at this beautiful and historic landmark.

Mat’s Rods and Restorations
9/18/2019, 11:00 AM
3624 S. Main Street, South Salt Lake City 84115

Join us as we tour this full service Hot Rod building, classic car modification, and restoration shop. The new 35,000 sq.ft. facility makes them the largest custom shop in Utah and one of the fastest growing.

Sundance Locals Overview + Free ticket to SLFS Film
9/18/2019, 5:30 PM
Broadway Centre Cinemas, 111 E. Broadway (300 South), Salt Lake City 84111

Prior to the NAC tour, we will meet at the Park City Library patio/lawn for a lunch (bring your own picnic lunch) and will visit the Lucky Ones (a coffee shop inside the library that provides employment opportunities for individuals with disabilities). Let’s see for ourselves how these two amazing establishments make this world a better place.

No fee but we encourage members to purchase snacks or drinks from the Lucky Ones coffee shop.

Union Pacific Railroad Depot
9/20/2019, 1:00 PM
South Temple on 4th West, Salt Lake City 84101

Come and see the gorgeous late 19th and 20th century revival, French Renaissance Architectural style. The sandstone building includes a terrazzo floor and stained glass windows. A ceiling mural by San Francisco artist Harry Hopps depicts the driving of the Golden Spike north of Salt Lake City at Promontory Summit. Another mural by artist John McQuarrie shows the 1847 arrival of norman pioneers.
Utah Museum of Fine Arts Tour of Special Exhibition: Power Couples
09/27/2019, 2:00 PM or 10/25/2019, 2:00 PM
410 Campus Center Drive, Salt Lake City 84112

Enjoy a tour with curator Leslie Anderson of Power Couples: The Pendant Format in Art. This special exhibition considers how two interdependent works, called “pendants,” convey meaning. The study of this popular format reveals a variety of artistic strategies at play—desires to communicate social hierarchy, gender roles, racial issues, complementary ideas, the passage of time, the continuity of space, and the appearance of truth in art. Drawn from the UMFA’s rich collection and strengthened with select loans, the expansive exhibition will display works conceived as pairs in European, American, and regional art from the fifteenth century until the present day. Artists on view include Barthel Bruyn the Younger, Dirck Hals, Peeter Neefs the Elder, Gabriel and Augustin de Saint-Aubin, Gilbert Stuart, Edmonia Lewis, Robert Rauschenberg, Lorna Simpson, Nina Katchadourian, Kerry James Marshall, and Roni Horn. Leslie Anderson, curator of European, American, and regional art, organized this exhibition for the UMFA. Despite its prevalence across time periods and cultures, the pendant, unlike its hinged predecessor the diptych, has never before been the subject of a comprehensive exhibition.

Treasures of the Rio Grande Railroad
10/7/2019, 12:00 PM
300 S. Riogrande Boulevard, Salt Lake City 84101

The Rio Grande Depot sits at the West end of 3rd South and is one of Salt Lake City’s most visible historic landmarks. Opened in 1910, the depot served passengers traveling on the Denver Rio Grande and Western Railroad for more than 70 years. It was for thousands the city’s gateway. The Rio is now home to the Utah division of State History, more than 30 thousand historic artifacts, as public research center, and an art gallery. Join us for an afternoon tour of the depot. You will learn about this building’s storied past, and sample the cultural treasures it holds in the present.

Hidden Peaks Coffee
10/25/2019, 11:00 AM
4879 S. Redwood Road, Taylorsville 84123

Hidden Peaks Coffee has been a family owned business since 1989, roasting and blending coffee beans to come up with the freshest and best tasting coffee available anywhere. They serve their coffee within 24 hours of being roasted in their fluid bed air roaster which insures a consistent roast every time. Their brokers travel the world to hand pick the beans used in over 100 blends and flavors that they offer. You will see and smell the roasting process and sample some of their top sellers.

We Olive Lunch and Olive Oil Tasting
10/28/2019, 1:00 PM
Trolley Square, 602 East 500 South, Salt Lake City 84102
Lunch at We Olive followed by an introduction to olive oils. Learn how to taste olive oil like an expert and discover the many uses it provides. We Olive also has a great lineup of balsamic vinegars and other specialty food items. It’s a unique, one of a kind experience. Cost for lunch.

Feeding Winter Birds
10/28/2019, 11:00 AM
1967 E. Murray-Holladay Road, Holladay 84117
The experts at Wild Birds Unlimited will discuss the importance of winter feeding. They will discuss the birds that are here in the winter as well as those that never leave along with the best feeding practices for each.

Fisher Brewing Company
11/4/2019, 11:00 AM
324 West 800 South, Salt Lake City 84101
In 1884 German immigrant Albert Fisher opened A. Fisher Brewing in Salt Lake City. It became one of the largest breweries in the west, however in 1967 after an acquisition, it was closed. About six years ago Albert Fisher’s great, great grandson, along with three partners, decided to restart the brewery as a small batch craft brewery, with a taproom and a rotating cast of food trucks. Up to 15 different fresh craft beers are available
on tap and 32 ounce cans are available to go. Patrons of
the brewery’s taproom are greeted by a vintage neon sign
and an old Fisher back bar sign that says the beer is still
“sparkle brewed to the altitude.” Following a tour of the
brewery, a $10 fee buys participants a Fisher Beer pint
glass and a tasting flight of five beers.

**Holiday Baking with Rhodes Bread**
11/6/2019, 7:00 PM
5121 S. Murray Boulevard, Murray 84123

Holiday Baking with Rhodes Bread: Is there anything that
smells better than fresh baked bread? Rhodes Bread is a
local institution and their products have graced many a
dinner table. Come to a demonstration on new ways to
use their products, taste a few, perhaps win a prize, and
leave with a package of their products. You can also buy
their cookbooks half-price at this event. There is a $5 cash
fee payable at the door.

**Huntsman Cancer Institute Tour**
11/7/2019 and 11/18/2018, 5:00 PM
2000 Circle of Hope Drive, Salt Lake City 84103

Huntsman Cancer Institute (HCI) at the University of
Utah is the only National Cancer Institute-designated
Comprehensive Cancer Center in the Mountain West.

This means HCI meets the highest national standards
for cancer research, outreach, prevention, and treatment.
Learn from a presentation about the history, mission,
and services of Huntsman Cancer Institute while
enjoying a tour of their state-of-the-art facilities where
research, clinical care, and education improve the lives of
thousands of cancer patients and their loved ones each
year.

**Makin’ Bacon**
11/13/2019, 10:00 AM
3535 South 500 West, Salt Lake City 84115

We’ll be touring Daily’s Bacon, a leading manufacturer of
precooked bacon. You will learn how bacon is processed,
packaged, and shipped. Daily’s is just a processing facility
- there are no live animals present.
A Special Interest Group (SIG) is an informal group focused on a particular interest. These groups are independent of regular Osher classes and are organized and run by the group’s members. Their purpose is to offer a chance to socialize and share common interests. Osher members may form such groups if they have a particular interest they think other members may want to share.

Nonfiction Special Interest Group

Osher is starting a nonfiction group that connects members who love to read about real world happenings, lives, and challenges and meet together to discuss and share their thoughts, impressions, and questions. Choosing nonfiction reads provides a change of pace and will inspire thought-provoking conversations. Plan to meet once a month on the first Monday of the month, from September 2019 through April 2020. We will not meet in December.


If interested in joining, please contact Dot Blakely at dot.blakely.db@gmail.com.

Osher Social Special Interest Group

Would you like to meet Osher members in a social, informal, relaxed format? Join the Osher Social Special Interest Group (SIG). It will meet every Wednesday at 5:00 PM in the lounge at the University Park Marriott. Avoid the going home traffic with some great conversations among fellow Osher members.

The first social will be held on Wednesday, September 18, 2019 beginning at 5:00 PM. All are welcome!

If you are interested in participating, please contact Luci Malin at luciamalin1951@gmail.com so we can get a head count.
The Third District Juvenile Court System: Working Within to Reform Juveniles and Reduce Recidivism
Wednesday, September 18, 2019 • 12:00 – 1:00 PM
by Judge Kimberly K. Hornak, Third District Juvenile Court serving Salt Lake, Summit, and Tooele Counties

A discussion of the Judicial System and the jurisdictions of the separate court levels and our system of governance. We will cover the types and nature of court cases seen each day and the orders handed down. Judge Hornak will give a summary of some of the current laws and how they have changed since her appointment to the bench in 1994. We will discuss current issues and programs and how they affect the courts and the community. Finally, we will explore ways the juvenile court system is working to stop juveniles at the juvenile court level before they become criminals in the adult court system.

Pac-12 Influence on the University of Utah and Surrounding Community
Wednesday, September 25, 2019 • 12:00 – 1:00 PM
by Dr. Chris Hill, Athletics Director Emeritus, University of Utah

The first part of Dr. Hill's lecture will describe the history of our invitation and acceptance into the Pac-12 Conference and processes to implement. The second part of this lecture discusses the influence of the Pac-12 on various parts of the University of Utah, and Dr. Hill will conclude with the community and economic development impacts resulting from the U's Pac-12 membership. This could also be a time to answer any questions about college athletics at the U specifically, and throughout the country.

The Last Laugh: Nuclear Humor
Wednesday, October 2, 2019 • 12:00 – 1:00 PM
by Lou Borgenicht, MD

This talk was developed in the 80s at the height of Cold War nuclear arms race, and was inspired by the words of Woody Allen: "More than any time in history mankind faces a crossroads. One road leads to despair and utter hopelessness the other total extinction. Pray we have the wisdom to choose correctly." Borgenicht will present a slideshow of cartoons from the nuclear arms race era, bringing a lighter side to one of the most serious of humanity's considerations.

LUNCH & LEARN

Bring a lunch, bring a friend, and learn! Join us on Wednesdays as we hear lectures and connect with campus and community experts from around Utah and throughout the nation. Lunch and learn lectures are held Wednesdays throughout the term, beginning promptly at Noon and lasting about 40-50 minutes with a short Q&A. Lunch and learns are free and open to the public. Limited seating, no RSVP required.

No Lunch & Learn Wednesday October 9
University of Utah Fall Break
Melanoma in Utah: How We Diagnose, Treat, and Try to Prevent

Wednesday, October 16, 2019 • 12:00 – 1:00 PM
by Dr. Douglas Grossman

The talk will include discussion of how melanoma develops in the skin, risk factors for melanoma, why it is prevalent in Utah, how it is detected and treated, and how patients at increased risk are monitored.

The Emergence of New Technologies Including Artificial Intelligence (AI)

Wednesday, October 23, 2019 • 12:00 – 1:00 PM
by Larry Campbell, PhD

Join Dr. Campbell for an exciting presentation on the following topics: AI and Machine Learning, Facial Recognition, Neuromorphic Computing, Big Data, Internet of Things (IoT) and Smart Cities, Driverless Cars, Robots, Eyes in the Sky, Restoring lost memory, Mind uploading, The Rise of Robots and its implications, Building robots and robot reproduction, Nanotechnology, and Foglets. Oh my!

“One In A Million” Film on DNA Research Plus Information About the Penelope Project

Wednesday, October 30, 2019 • 12:00 – 1:00 PM
by Dr. Lorenzo D. Botto, Professor, Department of Pediatrics, School of Medicine, University of Utah

The University of Utah Health’s Penelope Program for rare and undiagnosed disease is dedicated to solving some of the country’s most complex medical cases. Finding answers opens opportunities for better care, improved health, and an ability to connect and learn from others facing similar circumstances. The Penelope Program leverages U of U Health’s strengths in medical genetics, many subspecialties, and state-of-the-art DNA analysis. Our experts collaborate to arrive at an in-depth understanding of each patient’s condition with the goal of finding an underlying cause and improving care. The Penelope program will soon expand to adults, as it has recently become one of a dozen clinical sites in the National Institutes of Health-supported Undiagnosed Diseases Network (UDN). The UDN is a national consortium of medical and research centers working together to improve diagnosis and care of patients with undiagnosed diseases.

Dr. Botto will discuss this exciting new program, started at the University of Utah, and show the short film which premiered at Sundance, “One In A Million” which follows the story of Tyler, a 10-year old boy who lost his ability to walk, see, and hear, but the cause remained a mystery. His family eventually turned to University of Utah Health, where scientists searched Tyler’s DNA for clues to his condition. What they discovered led to a life-changing treatment.

Date Lunch & Learn Lecture

9/18 The Third District Juvenile Court System: Working Within to Reform Juveniles and Reduce Recidivism

9/25 Pac-12 Influence on the University of Utah and Surrounding Community

10/2 The Last Laugh: Nuclear Humor

10/9 Fall Break - no Lunch & Learn

10/16 Melanoma in Utah: How We Diagnose, Treat, and Try to Prevent

10/23 The Emergence of New Technologies Including Artificial Intelligence (AI)

10/30 “One In A Million” Film on DNA Research Plus Information About the Penelope Project

Follow us on Facebook! Whenever possible, Lunch and Learns are also streamed live to the Osher Lifelong Learning Institute at the U’s Facebook page here: facebook.com/OsherUofU
Abdulnaser Kaadan, PhD

History of the Most Important Six Countries in the Middle East, The Most Common Health Problems in Elderly: Part 1

Dr. Abdulnaser Kaadan arrived in the U.S. in December of 2016 as a refugee from the Syrian crisis. He was an orthopedic surgeon and a professor of the History of Medicine at Aleppo University. He now teaches as a Visiting International Professor at Weber State University’s History Department. His courses include the History of Medicine, the History of Science, the History of the Middle East, the History of the Syrian crisis, and the Islamic Renaissance. Professor Kaadan founded the International Society for the History of Islamic Medicine, and still serves as its President and Editor of its journal. His work and writing led him to be nominated for the Nobel Prize in 2012.

Alan Eastman, PhD

Music Theory

Alan began playing the piano at the age of 10. He studied organ under Robert Cundick, director of the Mormon Tabernacle Choir (now called the Choir at Temple Square). He led a jazz trio for 30 years in Oklahoma, and was the “pianist-on-call” for the local symphony orchestra, where he accompanied such visiting artists as Henry Mancini, Steve Allen, and Patti Page. Currently, he belongs to an amateur hymn-writing group and plays in a couple of swing bands and other music groups.

Alan H. Morris, MD

Human Cognitive Limitations: Why Humans Overestimate Performance and so Commonly Make Bad Decisions

Alan H. Morris is professor of medicine and adjunct professor of medical informatics at the University of Utah. He received his BA in Chemistry from Princeton University and his MD from Yale University. He trained in Pulmonary Medicine at the University of Texas Southwestern Medical Center in Dallas and at the Albert Einstein Medical Center in New York. He established the Pulmonary care service and the pulmonary research laboratory at the US Army Institute of Surgical Research at Fort Sam Houston. He directed a 30-year effort to implement detailed computer protocols that enable replicable clinician decision-making across medical disciplines and across medical cultures. He is chairman of the University of Utah Department of Internal Medicine “Replicability Crisis in Medicine and Learning Healthcare System” Committee. This committee currently consists of 35 members including associate-chairs of Internal Medicine, the Chair of Biomedical Informatics, the Chair of Biomedical Engineering, faculty from computer Science, and several more from the University of Utah, Intermountain Healthcare, Inc., and Stanford University. He is an expert in critical care and pulmonary medicine.

Andrew Pacejka

Forensic Science

Andrew Pacejka is the Forensic Scientist Manager for the Identification Section of the Utah Bureau of Forensic Services. He has been with the Bureau since 2002 and has been qualified in and completed casework in Forensic Serology, DNA Analysis, Crime Scene Response and Latent Prints. Andy has a BA in Biology from Illinois Wesleyan University, an MS in Biological Sciences from Illinois State, and did some post-graduate work at the University of Utah’s Biology Department.

Andrew Stone

Privacy in a Social World: An Overview of Online Security

Andrew is the Web Content and Social Media Specialist for UOnline and Continuing Education and Community Engagement. Andrew has a history in customer service, sales and hospitality and restaurant management and also provides web development and social media services to his clients. He has been educating others in the use of social media for over five years and has been working in the culinary field for more years than he can remember. In his spare time he maintains several blogs, does web design and curates content for his site “365 Things to do in Salt Lake City” and its related Facebook page.
Beth Whitsett, JD
_Miracle at Philadelphia, The Constitution and Race Relations in America_

Beth Whitsett is a Utah (and California) attorney, practicing law since 1978. She is a graduate of the University of Southern California Law School, Yale University (MA in Teaching), and Stanford University. She has broad transactional legal experience with focus in recent years on compliance and governance, including code and policy development and employee training for U.S. and multinational clients. She is a former Adjunct Professor of Law, University of Utah College of Law.

Bill Laursen
_Figure Drawing_

Bill Laursen, a well-known Salt Lake area artist and educator, has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art Award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival. Bill is a member of the Salt Lake County Art Selection Committee.

Bill Stoye
_Rhythm Ukulele_

Bill Stoye has taken music theory and ear training at the University of Utah, played drum set and percussion for 40 years, ukulele for 7 years, and he has taught ukulele
now for nearly 2, including private lessons. He recently finished teaching a 4-week course of Rhythm Ukulele through Salt Lake Community Education, as well as the fourth four-week course in Ear Training and Beginning Music Theory.

Bim Oliver
Examining Architecture: Why Buildings Look the Way They Do, It’s Never Too Late to Learn Guitar

Bim Oliver researches, writes, and lectures about architecture. His publications include the book South Temple Street Landmarks: Salt Lake City’s First Historic District as well as articles on Utah architecture in various local and national periodicals. Currently, he is working on a history of the Salt Lake airport.

Bim has taught guitar to a diversity of students for a number of years. His credits as an instructor include classes in swing guitar for Salt Lake Community Education and personal instruction in introductory guitar for interns with the Music Therapy program at Primary Children’s Medical Center. Bim’s teaching style is structured but relaxed with an emphasis on playing songs as a way to learn basic techniques and the theory behind the music.

Bonnie Snyder
Travel: Your Adventure Awaits!

Bonnie Snyder spent her career working as a travel agent for one of the biggest airlines in the world. She held special positions within the Travel Vacation Package department and served on the board called “Project Destinations”, educating and exciting employees about their travel benefits. She has traveled extensively around the world and almost every state in the U.S. She’s passionate about travel and is excited to share her experiences with others.

Brent McMaster
Hot Rocks: An In-depth Look at the World of Gems and Precious Stones

Brent McMaster has been the vice president of retail operations for the O.C. Tanner Company for 30 years, with responsibility for the overall management and the procurement and marketing of diamonds, gemstones, fine jewelry, exclusive watches, and fine gifts. He is a graduate of the Gemological Institute of America and certified as a gemologist by the American Gem Society. He also serves on the Board of Directors for the Couture Jewelers of America.

Bruce Landesman, PhD
With Liberty And Justice For All: Reflections On The Good Society

Bruce Landesman is a University of Utah Emeritus Professor who taught in the Philosophy Department. His specialties are Moral and Political Philosophy. He is particularly interested in questions about what makes society a fair and just society.

Carol Masheter, PhD
Optimal Aging: Examples from Mountaineering

Carol Masheter, PhD has been a research chemist at Wesleyan University, Middletown, CT and University of Connecticut Health Center, Farmington, CT; an assistant professor in human development and relationships at Rutgers University, New Brunswick, NJ and University of Utah, Salt Lake City, UT; and an epidemiologist at Utah Department of Health, Salt Lake City, UT. Now in her early 70s, she is a mountaineer, motivational speaker, and author of two books about life lessons learned from climbing big mountains around the world: No Magic Helicopter: An Aging Amazon’s climb of Everest (2011) at age 61 and Brightest of Silver Linings: Climbing Carstensz Pyramid in Papua at age 65 (2014). Dr. Masheter is currently the oldest woman in the world to summit all nine of the Seven Summits, the highest peak in each
continent. When she is not mountaineering, Dr. Masheter practices yoga, bicycles, hikes, snowshoes, climbs, works as a volunteer field paleontologist for the Natural History Museum and grows vegetables and flowers. Dr. Masheter is working on a third book about climbing the Seven Summits in her 60s. She has supported three foster daughters, two in Southern India and one in Tanzania.

Chris Dyson
Cultural Geography

Chris Dyson received a BA in English and a Master’s of Education from the University of Utah. Before retiring in 2016, she worked for Granite School District for 16 years as a classroom geography teacher and as a Teacher Specialist at the District Office for 11 years. While working at the District Office, she coordinated a character education/service Learning program for 90 schools and also served as a national trainer for the Community of Caring program. She began teaching Cultural Geography for Osher in 2017.

Chris Horner, PhD
Sophocles and Greek Tragedy: The “Theban Plays”, The Bard in Venice: Two Plays by Shakespeare

Chris Horner has an MA from City College, New York and a PhD from the University of Utah, both in literature. He has taught literature and composition at the University of Utah, Weber State, Westminster College, and Salt Lake Community College.

Chris Stockslager
Lou Chaney, Sr.: The World’s First Character Actor, The Golden Age of the Horror Film (1931-1948)

Chris Stockslager graduated from Westminster College in 2015 with his BA in Classical Voice. He then earned his MM from The Manhattan School of Music also in Classical Voice in 2017. Besides actively pursuing performing careers in opera and jazz, Chris’ interests include film history, music history, and vintage automobiles.

Christina R. Wilson, PhD
Mind Over Matter

Chris Wilson has been studying and teaching conflict resolution, communication, and emotional intelligence skills since 2006. Her training methods incorporate strength-based, solution-focused, and evidence-based practices. She served seventeen years at Juvenile Court as a probation officer and mediator. She taught communication and conflict resolution skills to inmates from 2013 to 2016. She holds a PhD in conflict analysis and resolution from Nova Southeastern University. Her dissertation is a phenomenological study of the effects of holistic conflict resolution training on inmate self-efficacy. She currently teaches communication and sociology courses. She provides training, coaching, and consulting services along the Wasatch Front. She resides in Utah with her husband of 37 years. They have three grown children and five grandchildren.

Christopher W. Merritt, PhD
Archaeology of the Greater Salt Lake Valley

Dr. Christopher W. Merritt, is an archaeologist and the Deputy State Historic Preservation Officer at the Utah Division of State History. Beyond his duties at the State of Utah, Chris has spent the last decade researching the Chinese experience in Utah and Montana, including a book through the University of Nebraska Press about his archaeological and historical studies in Montana.

Colleen Wood
So What’s New?! A Survey of New Movements in Western Art (1840-1900)

Colleen Wood taught in the Granite School District for over 40 years, including 29 years of Advanced Placement Art History. She also taught French, World History, Anthropology, and Financial Literacy. Between 1983 and 2008 she led students on tours in Europe and has recently led student tours in San Francisco. She is convinced of the importance of art within societies and how art reflects social values, culture, religious beliefs and political and economic conditions of the times.
Debbie White
Digitizing Your Memories, Final Cut Pro Basics, and Mac Essentials

Debbie White has over 40 years of teaching experience (30 years in public education). She earned her M.Ed. at Westminster College and her Technology Endorsement via the eMints program. Following her retirement, Debbie spent four years as an Apple Product Professional repairing computers and teaching classes. As an owner of her own business, Art-Tech Vision, she enjoys helping adults get the most out of their Apple electronic devices, which is why she loves teaching technology for the OSHER program!

Denise Gibson
Dance Fitness

Denise Gibson was a professional ballroom, swing, and jazz dancer for over eight years and has been teaching ballroom dance, step aerobics, dance aerobics, kickboxing, and spinning for over 30 years. She is the founder and owner of a continuing education provider for fitness professionals.

David Keyes
Tai Chi for Fall Prevention: Level 1 and Level 2

David Keyes completed his yoga teacher training soon after retiring from Salt Lake City School District. He teaches yoga, Qigong, and other healthy living classes in the community. His interest in Walking Mediation began in earnest after attending a labyrinth workshop at Grace Cathedral in San Francisco.

Debbie Leaman
Write Your Creative Aging Story: The Art of the Personal Essay

Debbie Leaman’s writing, including personal essays, has appeared in numerous local, national and international magazines and on a variety of websites. As a writing coach, Debbie listens deeply, helping others translate their thoughts, experiences, and feelings into words on the page. She teaches various writing workshops including “Re-Imagining Your Life: Creative Aging” and “Writing Through Grief.” Visit: debbieleaman.com and debbieleaman.com/creative-aging-blog.

Dan Potts
Foraging Wild Foods For Healthy Eating

Dan graduated from Utah State University with a BS in Fisheries Management and Auburn University with a Masters in Aquatic Ecology. He served two years in Ecuador as a Peace Corps Volunteer. For thirty-three years he was a wrestling coach at West High School, and was later inducted into the school’s Hall of Fame. He has foraged wild foods for almost 60 years, and has taught a foraging class twice a year through West High School’s Community Education program for years. Attendance at that class has consistently gone up over those years due to increased interest by the public in eating healthy food. He and his wife have been married for over 35 years and eat foraged foods almost nightly. He is an avid home gardener, hunter, fisherman, back packer, forager, and the author of nature-related magazine articles.

Dave Smith
Hiking The Wasatch

David Smith has been hiking and skiing in the Wasatch Mountains for nearly 50 years. He is a Life Member of the Wasatch Mountain Club, and has organized many activities for the club. He spent his professional life working in the mountain sports industry and enjoys having more time to hike and ski since he retired. He has a BSBA from Regis College in Denver, CO; and an MBA from Westminster College in Salt Lake City.

Denise Gibson

Dance Fitness

Denise Gibson was a professional ballroom, swing, and jazz dancer for over eight years and has been teaching ballroom dance, step aerobics, dance aerobics, kickboxing, and spinning for over 30 years. She is the founder and owner of a continuing education provider for fitness professionals.

Debbie Leaman

Write Your Creative Aging Story: The Art of the Personal Essay

Debbie Leaman’s writing, including personal essays, has appeared in numerous local, national and international magazines and on a variety of websites. As a writing coach, Debbie listens deeply, helping others translate their thoughts, experiences, and feelings into words on the page. She teaches various writing workshops including “Re-Imagining Your Life: Creative Aging” and “Writing Through Grief.” Visit: debbieleaman.com and debbieleaman.com/creative-aging-blog.
Dr. Michael Hicks, Anna Wilson, Monty Powell, and Dr. John Costa

Why You Love Country Music, Even if You Don’t


Monty Powell and Anna Wilson are an award-winning, husband/wife, songwriting team from Nashville who showcase the craft, integrity and diversity of the songwriting tradition in everything they do, from production, songwriting, and performance. Collectively, Wilson and Powell have written a dozen #1 songs, album cuts featured on over 70 million records worldwide, are award-winning SESAC/ASCAP songwriters for collaborations with Keith Urban, Lady Antebellum and others and penned the international theme song for Habitat for Humanity.

John Costa is Professor/Lecturer at The University of Utah where he teaches the History of Rock ‘n’ Roll. He is a graduate of the University of Michigan. As a composer, he was a Fellow at The Composers Conference at Wellesley College, The Festival at Sandpoint, The Tanglewood Music Center, and The Charles Ives Center.
Felecia Maxfield-Barrett
Foreign Policy Association: Great Decisions

Felecia Maxfield-Barrett has been on the Utah Council for Citizen Diplomacy since 1967, a 501-c-3 organization dedicated to promoting global respect and understanding between the people of Utah and other nations. Through our meaningful programs, UCCD is dedicated to helping our community learn more about key foreign policy issues and hot topics, and we encourage Citizen Diplomacy – the concept that a person has the right, even the responsibility to help shape U.S. foreign relations one handshake at a time.

Eunice Griffin
Make Productive Use of Your Laptop

Eunice attained her business management undergraduate degree in 1984 at the University of Utah. While working at IHC, she attended the University of Utah’s evening MBA program and attained her MBA in 1997. She has sold, configured, installed and administered UNIX and Windows computer systems at IBM, IHC and other major companies for the last 34 years. Her IT positions required regular use of Windows laptops and Windows applications such as Word, Excel and Powerpoint. She has worked as an IBM marketing representative, systems engineer, senior systems administrator and SAP Basis administrator. To help her son excel in high school and college, she informally taught him how to use a laptop, and use Word, Excel and Powerpoint.

Gordon Jones
Charlemagne and the Matter of France

Gordon Jones has degrees in History (Columbia), Education (Stanford), and Political Science (George Washington). He has taught history, political science, literature, and law at a variety of colleges and high schools for the last 15 years. He has spent a lifetime reading and loving the history, the literature and the legends surrounding the first Holy Roman Emperor, the subject of this course. He is fluent in French and has a reading knowledge of German, Spanish, and Italian.

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for American Music at the Spoleto Festival. In 2016, he presented a paper at the 5th Biennial Conference of the International Association of Inter-American Studies (IAS) at Coimbra University in Portugal entitled: “Folk Music as Protest and the Progressive Voice of Woody Guthrie.” He also directs the Utah Arts Festival’s National Composer Commissioning Program.

Eileen Hallet Stone
Rural Voices And Immigrant Tales

Eileen Hallet Stone, former Salt Lake Tribune’s “Living History” columnist, published author, and oral historian, has given numerous talks and workshops on interviewing including those for Osher, Lifelong Learning, Utah Humanities, and University of Utah classes on diversity. Her commentaries are featured in documentary films for KUED and the National Center for Jewish Film. The most recent of her five books is Auerbach’s, The Store That Performs What It Promises (2018).

Emery (E.K.) Hunt, PhD
The Writings of Karl Marx

E. K. Hunt has a BS and a PhD in philosophy and economics from the University of Utah. In addition to teaching at the University of Utah, he has taught at the University of Calgary, the University of California, Riverside and the University of California, Santa Barbara, Bangkok University, and the American University in Cairo. He has published over 50 articles in academic journals and seven books. He received the Distinguished Teaching Award and the Distinguished Research Award from the University of Utah College of Social Science.

Eileen Griffin
Make Productive Use of Your Laptop

Eunice attained her business management undergraduate degree in 1984 at the University of Utah. While working at IHC, she attended the University of Utah’s evening MBA program and attained her MBA in 1997. She has sold, configured, installed and administered UNIX and Windows computer systems at IBM, IHC and other major companies for the last 34 years. Her IT positions required regular use of Windows laptops and Windows applications such as Word, Excel and Powerpoint. She has worked as an IBM marketing representative, systems engineer, senior systems administrator and SAP Basis administrator. To help her son excel in high school and college, she informally taught him how to use a laptop, and use Word, Excel and Powerpoint.

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Joon Bae
Korean Painting Workshop

Gemma Joon Bae has been painting with traditional Korean ink techniques that she learned from her Grandfather and Father, a renowned calligrapher in her hometown, and from old teachers in Korea since an early age. Upon moving to Salt Lake City in 1984, she took a break from art to raise her family. She began painting and writing again in the late '90s and received a BFA from University of Utah. Her old training influences her work as well as her spirituality today. Her paintings strive to express a truth behind what is seen. She paints with thanks towards living things. In the narratives of her paintings, Bae wants to reveal an eastern philosophy through symbols and metaphors. Like a line in an old poem, she hopes that her work is sensed and stays in the heart, and that she might slip...meaning into the hearts of those that see her paintings.

Julie Howell
Everyday Mindfulness, Mindfulness Retreat

Julie Howell is a Certified Mindfulness Facilitator (CMF) who trained at the Semel Institute at UCLA, Mindful Awareness Research Center. She continues to enjoy a decades long meditation practice. She works at the Huntsman Cancer Institute, and facilitates mindfulness-based classes for patients and staff. Having personally experienced the benefits of a mindfulness practice,
she delights in teaching the practical application of mindfulness to everyday life, and the experiential practice of meditation.

**Kathy Evans**  
*Living with Hearing Loss*  
Kathy Evans lives with a hearing loss every day. Through the Division of Services to the Deaf and Hard of Hearing, and through her volunteer involvement in support groups, she gives presentations and teaches classes to help others find the tools to be successful in daily communications. She wears a hearing aid and a cochlear implant, uses other technology as needed, and successfully advocates to participate in the activities that make life full and rich. She has served on the Advisory Council for the Division.

Kathy is also one of the founders of a local advocacy coalition of organizations for deaf, late-deafened and hard of hearing people having success getting public service announcements captioned, promoting accommodations at tourist sites in Utah, assuring that movies have captions, and educating government about our needs. She is also involved in the Hearing Loss Association of America’s Salt Lake Chapter and the Association of Late-Deafened Adults.

A graduate of the University of Utah, Kathy and her husband, Fred, have 4 adult children and 7 grandchildren whom they enjoy tremendously. She enjoys being in nature, traveling, reading, attending theaters and the symphony, and doing family history because it always has a good puzzle to solve.

**Ken Baxter**  
*Plein-air Oil Painting, Sketchbooking*  
Kenneth Bischoff Baxter earned a BFA from the University of Utah where Alvin Gittins, a portraitist, and Frank Ericson, a landscapist, were his mentors. He later earned an MFA from Utah State University. Baxter began his professional career as a traditional-realistic known for his paintings of the historical reconstructions of downtown Salt Lake City. His works reveal his talent for composition and brushwork. After being influenced by LeConte Stewart, he began to paint his immediate outdoor environment.


**L. Rex Sears, JD**  
*Six By Lincoln*  
After studying philosophy at the U. (BS, MS) and Harvard (AM, PhD), and law at University of Chicago (JD), he finally found an intellectual, moral, and political hero, reading the walls of the Lincoln Memorial on the National Mall, in March 2005. He’s been obsessed ever since.

**Larry Gerlach, PhD**  
*The Creation of the American Republic*  
Larry Gerlach is Professor of History Emeritus, University of Utah, and former Fellow at the Institute of Early American History in Williamsburg, Virginia. In addition to teaching university classes and teacher workshops on the American Revolution, he has published several books and numerous scholarly articles on creation of the American Republic.

**Lauren Andersen, JD**  
*Justice Ruth Bader Ginsburg: A Legal and Cultural Icon*  
Lauren Andersen is the Director of the Osher Lifelong Learning Institute at the University of Utah and a recovering attorney. For two and a half years Lauren practiced appellate law in the state of California and presented arguments to the California Supreme Court and the U.S. Supreme Court. In these two and a half years Lauren closely studied the Roberts Court, and...
has lectured on the Supreme Court as well as the death penalty. Her opinions were quoted by *New York Times* reporters as well as the ABA Journal.

**Lewis A. Phelps**  
*Art Song: The Union of Poetry and Music*
Lew Phelps earned BM, MMed, and AMusD degrees at the University of Arizona, studying voice, music history, and composition. He served as choral director at Point Loma High School, San Diego, and as professor of music at Mount Union College, Alliance, Ohio. He received the Great Teacher Award in 1999. A career highlight was spending a year lecturing at the BYU Jerusalem Center and Hebrew University.

**Linda Bayes**  
*Bon Voyage! French for Travelers: Parts 1 and 2*
Linda Bayes is passionate about all things French. Holding a Bachelor of Arts major in French from the University of Utah, she completed advanced courses at UCLA, California State University, and BYU. She has studied a variety of subjects in France on multiple occasions and traveled through the country eleven times. A retired language teacher and former Osher instructor on French culture, she is active in multiple associations advocating French language and culture. Linda served as the Attachée for the French Olympic Committee in 2002.

**Linda Hilton**  
*Stories From the SLC Cemetery*
Linda is retired from a career in community outreach and advocacy for low-income and homeless Utahns. For years she has been interested in Utah history (especially the stories of famous Utah women), and has researched gravesites and monuments in the Salt Lake Cemetery, located in Salt Lake City’s Avenues district. Her research resulted in the publication of an annotated map of the cemetery. She continues to share stories of the famous and infamous buried there.

**Lindsey Mattison, PhD**  
*Pilates: Life in Balance*
Lindsey is a local Pilates studio owner and founder of YOLO Pilates (established in 2013). She has been a student of the practice since 1999 after a dance injury led her to Pilates for help. She was instantly enchanted by the practice and rehabilitative results. Lindsey continued to study for personal gain and in 2006 certified to teach with the most progressive program to address tissue, skeletal, and muscular integration. She found an immediate joy in teaching and is continually inspired by seeing others enjoy profound successes from a sustained practice.

**Marci Villa**  
*Beginning Ukulele*
Marci Villa is a self-taught ukulele player with a passion for the cheery little instrument whose Hawaiian name translates as “jumping flea,” and enthusiastically shares her love of the instrument and for music. Twenty years’ experience as a corporate trainer have honed her understanding of how people learn and given her an exceptional ability to teach new skills.

**Margaret Landesman and Jill E. Meyer**  
*Masterpieces at the Metropolitan Museum of Art*
Margaret Landesman, Emeritus Faculty of the University of Utah, served as the Head of Collections Development at Marriott Library for many years. She has a BA. in Philosophy from Oberlin College, a Master of Library Science from USC and spent two years as a graduate student in Art History at Stanford University.  
Jill E. Meyer has a BA from the University of Utah and an MA from the University of Delaware in art history. She enjoyed presenting public gallery talks at the Metropolitan Museum of Art, Cooper-Hewitt National Design Museum, and IBM Gallery in New York City as well as the Winterthur Museum in Wilmington, Delaware. She currently serves as an Osher and Go Learn staff member. Both Margaret and Jill volunteer as docents at the Utah Museum of Fine Arts.
Marla Dee
*Live Clutter Free & Get Organized at Last*

Marla Dee has been a professional organizer for 18 years and a teacher of the Clear & SIMPLE Way to get organized for 16 years. She is a master messenger and an international speaker. She has appeared on numerous TV, radio and podcast programs throughout the years. Marla is the author of *Get Organized, The Clear & Simple Way, and The ART of Letting Go*. She is a Certified Professional Organizer and former President of Utah Professional Organizers. If you are ready for a change, Marla will set you free of the clutter and chaos at last.

Martha Hales
*Discovery You with Scissor and Glue: The Wisdom Of Intuitive Collage, The Art of Wholehearted Living: Part 1*

Martha Hales studied social work and organizational behavior at BYU. She loves using creative expression to explore the inner landscape. After a career developing corporate training programs, she studied to become a spiritual director and finds joy in helping others cultivate an authentic and resilient spiritual life. She is a certified facilitator of Brené Brown’s The Daring Way and Rising Strong courses. She also teaches SoulCollage®, an intuitive collage technique designed to connect with our inner wisdom.

Merry Harrison
*Medicinal Herbs*

Merry Lycett Harrison, RH (AHG), is the owner of Millcreek Herbs, LLC, in Salt Lake City, Utah. A trained clinical herbalist and professional member of the American Herbalists Guild, she received her training from Michael Moore of the Southwest School of Botanical Medicine in 1998. She’s studied ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University. Merry is an author and researcher whose work can be read in the *HerbalGram; the Journal of the American Botanical Council* and Utah’s own *Catalyst Magazine*. She teaches classes on medicinal and culinary herbs, herb gardening, harvesting, preparations, and she is also the creator of Thrive Tonic.

Nicole M. Anderson
*Writing on Life: How Our Environment Shapes Us*

Nicole Anderson is a Utah native, communication professional, researcher, and freelance writer. She holds a Master’s degree in strategic communications from Westminster College and a Bachelor’s degree in environmental studies from the University of Utah. Anderson currently teaches at Salt Lake Community College in the Communications Department, is a former volunteer member of the Nature Conservancy’s Speaker’s Bureau, and is a certified Utah Master Naturalist in Watersheds. When she isn’t teaching or writing, you’ll find her outdoors camping, exploring off-the-beaten-path locations, or sailing. Her writing has appeared in Airboating Magazine, Betterboat.com, Breathing Stories, Gateway Magazine, Keep the Lake Great, New West News, and other publications. Anderson resides in the Salt Lake Valley with her husband and dog and is an advocate for landscapes, since they cannot speak for themselves.

Pat Lambrose
*Google Maps: Become a Custom Map Maker, Google Tools, Drives, and Sites*

Pat Lambrose has a BA in Recreation and Youth Leadership, a BA in Education, and an MEd in Technology and Computers, all from the University of Utah. She taught in middle and high schools and was an instructional technology facilitator in Salt Lake City School District. As a retiree, she is now pursuing her passion for outdoor adventures like backcountry skiing hut trips in Canada, cycling in Europe, and river running. Pat coordinates statewide geospatial technology opportunities.

Paul Cunningham
*Policing in America*

Paul Cunningham was employed as a law enforcement officer with the Salt Lake County Sheriff’s Office for 30 years. He worked patrol, juvenile investigations, drug and alcohol enforcement, school resource officer, and planning and research functions, before becoming the...
Nevada Writers Hall of Fame, has won many awards for her memoirs, essays, and fiction, and loves to hear the stories people have to tell.

Raymond Gesteland, PhD
Our Genes, Our Future, The Revolution
Dr. Raymond F. Gesteland has a BS in chemistry and a SS MS in biochemistry from the University of Wisconsin, and a PhD in biochemistry from Harvard University. He is emeritus faculty in the Department of Human Genetics at the University of Utah. During his time at the U, Dr. Gesteland served as chairman and professor of Human Genetics, director of NIH Utah Center for Human Genome Research, and Vice President for Research. He is the recipient of the Helen Lowe Bamberger Colby Presidential Endowed Chair in Human Genetics.

Rick Paine, PhD
Ancient Cities of Mesoamerica
Rick Paine has been introducing University of Utah students to the wonders of Mesoamerican archaeology since 1995. Rick is an experienced Maya scholar and has conducted fieldwork at several Maya sites, as well as excavations in Turkey, and the United States. Rick is currently a member of the Mirador Basin archaeological project. El Mirador is a colossal pre-Classic Maya site, located deep in the Peten rainforest of northern Guatemala. El Mirador is a key to understanding the rise of Maya civilization.

Paula Fowler and Carol Anderson, PhD
Utah Opera Preview: Verdi’s “La Traviata”
Paula Fowler is the Director of Education and Community Outreach for Utah Symphony, Utah Opera, a position she has held since the two companies merged in 2002. She was Education Director for Utah Opera for 5 years before the merger. She helps oversee Utah Opera’s Resident Artist program, manages outreach to schools and communities around the state, runs the company’s classroom operas program, and enjoys creating music events for special populations.

Dr. Carol Anderson has been principal coach for the Utah Symphony, Utah Opera since 2003, where her duties include presenting the popular Opera Preludes before every Utah Opera performance. She serves as the official accompanist for both the Utah District Metropolitan Opera National Council Auditions and the MONCA Southeast Regional Auditions in Atlanta, and spends her summers on the music staff of the Santa Fe Opera.

Phyllis Barber
Writing Your Life, A Part of It Anyway
Phyllis Barber has published eight books, including How I Got Cultured: A Nevada Memoir, which won the AWP Award for Creative Nonfiction. She has a ninth book, a historical novel, coming out in Spring 2020—The Camel and the Third Wife. Barber has been inducted into the Nevada Writers Hall of Fame, has won many awards for her memoirs, essays, and fiction, and loves to hear the stories people have to tell.

Paul Holbrook
Age Performance
Paul Holbrook has a Master’s degree in Gerontology from the Fischer Institute for Wellness at Ball State University and experience at the Human Nutrition Research Center on Aging at Tufts University. A Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association, he has worked as a personal trainer for over twenty years. In 2005, Paul founded the Age Well Center, a human performance training center for older adults.
Rob Branch
*Journalism: How Facts Can Get In the Way of a Good Story*

Rob Branch earned his BA in Communications from Antioch University in Santa Barbara, California. He has 40 years experience working as a journalist in print, radio, and television, as well as 30 years experience as a community college Associate Professor of Journalism, Radio, TV, and English.

Rob Carney
*MORE Wild And Wilder Literature, Poetry Workshop*

Rob Carney is the author of five books of poems, most recently *The Book of Sharks* (Black Lawrence Press, July 2018) and *88 Maps* (Lost Horse Press, 2015), which was named a finalist for the Washington State Book Award. In 2014 he received the Robinson Jeffers/Tor House Foundation Award for Poetry. His work has appeared in *Cave Wall, Columbia journal*, and many others, and he writes a regularly featured series called “Old Roads, New Stories” for *Terrain: A Journal of the Built + Natural Environments*. Carney is a Professor of English and Literature at Utah Valley University, where he has won awards for his teaching. Originally from the northwest, he received a BA in English from Pacific Lutheran University (Tacoma, WA), an MFA in Creative Writing from Eastern Washington University (Spokane/Cheney, WA), and a PhD from the University of Louisiana-Lafayette. Since August 1997, he has lived in Salt Lake City.

Robert Faught
*Philosophy of Yoga: Part 1*

Robert Faught received a BA in Psychology from the University of California Riverside, and an MA in Psychology from Pepperdine University. He worked for eight years as a mental health therapist for the Riverside, California Mental Health Department. He has been interested in Yoga since the age of 12, and at age 13 (1958) he met and was initiated by the Maharishi Yogi into Transcendental Meditation. In the 1970s he lived in an ashram in Pomona, California for five years, following the Sikh Dharma and learning Kundalini Yoga from Guru Yogi Bhajan PhD, a master Kundalini Yogi from India. During the 70s he taught Yoga to his peers at the Mental Health Department and at the local City College. Currently he is a member of Swami Yogananda’s Self-Realization Fellowship studying Kriya Yoga.

Rod Julander, PhD and Travis Wood
*Advocating at the Legislature: We Don’t Have to be Powerless*

Rod Julander graduated from the University of Utah with a Master’s in Philosophy. In 1984 he earned a PhD in Political Science. He served as the chairperson of the Department of Political Science and Philosophy at Weber State University. In the 1970s he was a member of the Utah Senate, and in the 1990s was the vice-chair of the Utah Democratic Party.

Travis Wood
*Yoga for All Bodies: Sections 1 and 2*

Travis Wood is one of the most successful lobbyists in Utah, specializing in mental health and addiction recovery.

Rodger Newbold
*Intermediate Photography*

Rodger Newbold was the Director of Photography for the Salt Lake Art Center School Division of Utah Museum of Contemporary Arts, a position he held since for 32 years. Mr. Newbold also serves as an adjunct instructor at the University of Utah and held the position of Manager of Photographic Services at the University of Utah. He continues to teach a regular schedule of classes and inventive visual traveling workshops throughout the western United States. He has also acted as a photographic and creative consultant to the Western Folklife Center, Elko Nevada, and the Polaroid Corporation, Cambridge MA. He received the Utah Mayor’s Visual Artist of the Year award in 1997.

Roz Newmark
*Yoga for All Bodies: Sections 1 and 2*

Rosalind Newmark has been an active performing and visual artist for two decades. She has taught and performed throughout the United States. She holds a BA in dance and photography, studied at Rosella Hightower’s Le Center De Danse in France and has a MFA from the University of Utah in choreography. Ms.
Newmark teaches dance, yoga, photography, plays fiddle, sings with various string bands, and operates as an independent artist in Salt Lake City, Utah.

Ruth Palmer
Beginning Line Dancing

Ruth Palmer is happily retired. While exploring options to stay involved and healthy, she discovered and fell in love with line dancing. More than 5 years later she is a participant and teacher in a number of line dance classes for active seniors in the Salt Lake Valley and Mesa, Arizona.

Sally Smith

Literature and Aging

Sally Smith owned and operated A Woman’s Place Bookstore for 10 years. She taught English literature for 22 years at Judge Memorial Catholic High School and West High School. She graduated from the University of Utah with a major in English and minors in History and French.

Santosh Gandhi
Intro to Hinduism and Its Most Sacred Text

Santosh Gandhi earned M.Sc. in Physics from Punjab University in India and a Master’s in Electrical Engineering from the University of Utah. She worked as a Senior Software Developer and project manager for 3M Health Information Systems in Utah for 25 years. After retirement she spends a lot of her time enjoying her six grandchildren and the study of Vedanta and Sanskrit and enjoys teaching the same.

Sandra Cerna
El Salvador and the Civil War: Historical Context for Present Issues

Sandra Cerna is Program Coordinator for Go Learn at the University of Utah, a faculty led travel abroad program for adults. Sandra’s fascination with Latin America emerged while living abroad as a diplomat’s daughter in Mexico, Panama and Ecuador. She graduated with a Bachelor’s degree in Latin American Studies from Brigham Young University and has one semester left to complete her Master’s in Tourism Management from Colorado State University. Sandra studied the civil war in El Salvador during her undergraduate career. Her most recent visit with her husband’s parents, siblings and extended family who reside in San Salvador revived her interest. Sandra and her husband, Eduardo were able to study in depth and gain first-hand knowledge about the war by visiting museums and sites and interviewing parties who could speak to both sides of the conflict from their own personal experiences.

R. Scott Williams, JD

Cold War In Film

R. Scott Williams, a retired civil litigator and trial lawyer, was a partner and member of the board of directors of a prominent Salt Lake law firm. For several years he represented Utah civil trial lawyers in a national organization. He currently is affiliated with Utah Alternative Dispute Resolution as a mediator, volunteers as legal counsel for a nonprofit organization, and enjoys taking classes in film studies at the University of Utah. He has taught several classes at the Osher Institute including “Law in Film: Parts 1 and 2,” “Journalism Law and Ethics in the Movies,” and “The Cold War in Film.”
Sergio Bodero
What You Know and May Not Know About Personal Finance
Sergio Bodero is a Program Manager for Wells Fargo Bank specializing in financial education, bringing awareness and guidance through workshops and seminars throughout Utah. He feels that what matters most in peoples live is to be well educated around several topics and finance is no exception.

Sharon Swenson, PhD
The Hero’s Journey on Film
Sharon Swenson received her doctorate from the University of Utah and spent 30 years teaching in BYU’s Department of Theatre and Media Arts. She is especially interested in spectatorship and believes strongly in co-learning - in discussion and writing, her students have broadened her views of film, popular culture, formation of identity, and contemporary media.

Stacey Cole
Singing in Harmony
Stacey Cole is a voice coach, speech therapist, and singer, with a background in theatre and film. Until about seven years ago, she herself was a shy singer. Training with the Natural Voice Network (in the UK) and as a Fitzmaurice Voicework® teacher, opened the door to singing and (to her surprise) the discovery that she could sing. Now she sings in two choirs, performs in a band, and leads a local drop-in choir called CHOIR! CHOIR! SLC! She is dedicated to helping others experience vocal freedom and the fun of singing.

Steve Hall
World War II in Eastern Europe
Stephen C. Hall, (Colonel, USAF retired) is a former Senior Fellow at L-3 Communications Systems-West (CS-W), Salt Lake City, Utah. He is a 1967 graduate of the Georgia Institute of Technology and received his Master’s Degree in Management from Troy State University in 1976. Colonel Hall lectures on World War II history at Georgia Tech, Morehouse College, BYU, and the University of Utah.
He is an adjunct distinguished professor of the practice in the School of Literature, Media, and Communication (LMC) at Georgia Tech.

Tim Chambless, PhD
Current Issues: Sections 1, 2, and 3
Tim Chambless, PhD has taught seven different courses for the University of Utah’s Department of Political Science since 1987. He has also taught courses for the U of U’s Departments of Communication and History as well as the English Language Institute. He has worked for a Mayor and Governor in addition to a Senator and Congressman. He served over 20 years on the Salt Lake City’s Planning Commission and Board of Adjustment, and participated in over 30 political campaigns. Tim emphasizes current events and contemporary world problems in the student of American government as both an experiment in democracy and as a tool for solving societal problems. He has taught for Osher since January 2007.

W. Lindsay Adams, PhD
The Bronze Age Aegean World
Lindsay has taught at the University of Utah for 42 years, after earning his Bachelor of Arts degree in History and his Ph.D degree in Ancient and Medieval History at the University of Virginia. From 1974 to 2016 he rose from a Visiting Assistant Professor to a full Professor of History, teaching Greek, Roman, and Byzantine History. Along the way he was Undergraduate History Advisor, Director of Graduate Studies, and Acting Chair of the Department. He also received five university teaching awards (including the ASUU Students Choice award, the John R. Park Teaching Fellowship, the Presidential Teaching Award, the University Professorship during the Winter Olympics, and the Hatch Prize for Teaching Excellence. He also chaired over 30 Master of Arts degrees and three dissertations.

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Sergio Bodero

Sharon Swenson, PhD

Stacey Cole

Tim Chambless, PhD

W. Lindsay Adams, PhD
Teaching has always been at the center of what he does, and he is grateful to OSHER for letting him continue...the guilty secret here is that it is great fun teaching about the Ancient World and its legacies.

Walter Jones
Intro to the History of Spanish Colonization in the U.S. Borderlands

Walter Jones, retired Head of Western Americana at the J. Willard Marriott Library, teaches history at Salt Lake Community College. He has Master’s degrees in Library Science from BYU and in History from the University of Utah. Walter was a Korean linguist in the US Army (four years active duty and 23 years Reserves), and in the National Guard. He has presented papers and written about the Vietnam War.

Wayne Egan, PhD and Richard Koehn, PhD
The Big Bands And The Swing Era, A Musical History

Wayne Egan has a PhD in German from the University of Texas at Austin. He taught at the University of Texas, Westminster College, and the University of Phoenix. His avocation is traditional jazz piano. He is an adept improvisor, well versed in basic jazz harmony and the songbook that will be the subject of the course. He has lectured on the great American songbook for private groups for several years and has recorded and produced three CDs on the Nuance label.

Richard Koehn, PhD, was a drummer in a swing band (and a clarinetist in an orchestra) in his younger days. During the folk music era, he sang and played the guitar at many drinking parties. A biology professor for about 25 years, he arrived in Utah in 1992 to serve as Vice President for Research at the U of U. In 1980 he left the U to be CEO of a biotech company and subsequently created several high tech companies. He retired in 2017 to spend time traveling and listening to big band music.
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<td>- Archaeology Of The Greater Salt Lake Valley (CH) - Spanish Colonization In US Borderlands (CH) - “With Liberty And Justice For All” (CH) - Current Issues: Section 3 (CE) - Six By Lincoln (CE) - The Art Of Wholehearted Living: Part 1 (CE) - Mac Essentials (September 9-18) (CE) - Ukrainian Egg (October 08-10) (CE)</td>
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<td>- Cold War In Film (CH) - Sophocles And Greek Tragedy (CH) - Hot Rocks: Gems And Special Stones (CE) - Cultural Geography (CE) - Watercolor 1: Beginning To Intermediate (CE) - Writing Your Life (CE) - Yoga For All Bodies: Section 2 (SL)</td>
<td>- Lunch &amp; Learn</td>
<td>- Final Cut Pro Basics (September 9-18) (CE)</td>
<td>- The Bard In Venice: Shakespeare (CH) - Hotwiring Your Brain (CH) - Literature And Aging (CH) - History Of The Most Important Six Countries In The Middle East (CE) - Medicinal Herbs (CE) - Singing In Harmony (MC) - Music Theory (MC)</td>
<td>- Digitizing Your Memories (September 20 &amp; 27) (CE)</td>
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<td>- Current Issues: Section 1 (SV)</td>
<td>- Intro To The Enneagram (CH) - History Of Flight (CH) - Current Issues: Section 2 (CH) - Intro To Hinduism (CE) - Privacy In A Social World (CE) - Tai Chi: Level 1 (10) - Figure Drawing (10) - Miracle At Philadelphia (SV) - Utah Opera Preview (SL) - Writing On Life: How Our Environment Shapes Us (CE)</td>
<td>- MORE Wild And Wilder Literature (CH) - Foreign Policy Association: Great Decisions (CH) - Policing In America (CH) - Write Your Creative Aging Story (CE) - El Salvador And The Civil War: Historical Context For Present Issues(CE) - Rhythm Ukulele (10) - Age Performance (SL) - Art Song; The Union Of Poetry And Music (BDAC)</td>
<td>- Charlemagne And The Matter Of France (CH) - Advocating At The Legislature (CH) - The Constitution And Race Relations In America (CH) - The Most Common Health Problems In Elderly: Part 1 (CE) - Live Clutter Free &amp; Get Organized (CE) - Journalism: How Facts Get In The Way (CE) - Beginning Line Dancing (10) - Figure Drawing (10) - The Art of Sketchbooking (SL)</td>
<td>- Digitizing Your Memories (September 20 &amp; 27) (CE)</td>
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<td>- Digitizing Your Memories (September 20 &amp; 27) (CE)</td>
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Refer to individual class listing for details.
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<th>Time</th>
<th>Monday</th>
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<td>- Dance Fitness (10)</td>
<td>- Google Maps (CE)</td>
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<td>- Google Tools, Drives, And Sites (CE)</td>
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<td>3:15 PM</td>
<td>- Ruth Bader Ginsburg (CH)</td>
<td>- Everyday Mindfulness (CH)</td>
<td>- The Aging Brain: What’s Normal, What’s Not (CH)</td>
<td>- The Bronze Age Aegean World (CE)</td>
<td>- Optimal Aging (10)</td>
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<td></td>
<td>- Poetry Workshop (CH)</td>
<td>- Travel: Your Adventure Awaits! (CE)</td>
<td>- Ancient Cities Of Mesoamerica (CH)</td>
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<td></td>
<td>- Bon Voyage 2 (CE)</td>
<td>- Discovering You With Scissors And Glue (CE)</td>
<td>- What You Know And May Not Know About Personal Finance (CH)</td>
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<td></td>
<td>- It’s Never Too Late To Learn Guitar (10)</td>
<td>- Tai Chi: Level 2 (10)</td>
<td>- Examining Architecture (CE)</td>
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<td></td>
<td>- Optimal Aging (SV)</td>
<td>- Make Productive Use Of Your Laptop (CE)</td>
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<td>- Beginning Ukulele (10)</td>
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<td>- Country Music (SLC Main Library)</td>
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<td>3:30 PM</td>
<td>- Forensic Science (CH)</td>
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<td>- The Bronze Age Aegean World (CE)</td>
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<td>3:45 PM</td>
<td>- The Golden Age of Horror Film (SV)</td>
<td>- Intermediate Photography (CH)</td>
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<td>- Plein-air Oil Painting (SL)</td>
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<td>Evening</td>
<td>- Forensic Science (CH)</td>
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<td>- The Golden Age of Horror Film (SV)</td>
<td>- Foraging Wild Foods For Healthy Eating (CE)</td>
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<td>- Lon Chaney, Sr. (CE)</td>
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**LOCATION KEY**

(10) 10th East Senior Center
(CE) Continuing Education Building - 540 Arapeen Dr.
(CH) Commanders House - 1965 De Trobriand Street
(MC) Monson Center - 411 E South Temple
(SL) Salt Lake City - see class listing for location
(SV) Summit Vista - 3990 W Signal Peak Dr.
Commander’s House, Fort Douglas

Osher classes held at Ft. Douglas in Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Enter the gates of Fort Douglas from South Campus Drive or Mario Capecchi Dr. Left at first stop sign. Left on the one-way street immediately before the Officers’ Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

Administrative and Registration Offices

The Osher offices are located at 540 Arapeen Drive in the University of Utah’s Research Park. Offices are on the second floor in room 280 and 263.

540 Arapeen Drive is on the corner of Wakara Way and Arapeen Drive. It is just west from the University of Utah Credit Union.

Tenth East Senior Center

237 S. 1000 E., Salt Lake City

The center is on the east side of the street. Parking is in the lot behind the center and is free at all times.

Thomas S. Monson Center

411 South Temple, Salt Lake City.

Parking is available in lots north and east of the Monson Center.

Summit Vista

3390 W. Signal Peak Drive, Taylorsville.

Parking is to the west of the building. Signs in the lobby will point you toward your classroom.

Check the class listing in this catalog for your class location.
Lifelong Learning at the University of Utah designs its courses for inquisitive adults ages 18 and up. Sign up for a course and learn more, do more, become more.
lifelong.utah.edu

Go Learn
Take your knowledge further as you explore the world with hand-selected University of Utah faculty in a program that combines education with a vacation. It’s the most intelligent way to travel.
golearn.utah.edu
Class Registration and Special Event
RSVP Request Processing
Register online at osher.utah.edu or by calling 801-581-7155. Registration and RSVP requests are processed as they arrive in the office or online. If a class or event you request is full, your name will be placed on the wait list. Registration status (confirmed or wait-listed) will be noted on your confirmation.

Special Fees
In many cases special fees may be waived if you do not wish to receive the materials. Please call the Osher office at 801-585-5442 for assistance.

Refunds
Because space is limited and we have arranged to provide our students access to various University facilities, you may drop a course and receive a full refund up to the start of class. Once class has begun, you may drop the course, but a $20 late drop fee and class special fee will be subtracted from your refund. If you have an extenuating reason for dropping past the start of class, please contact the Osher office at 801-587-9037, so that we may identify the best option to meet your individual circumstance.

Attending Classes for Which You Are Not Registered
You must be registered before you attend a class. This includes attending a different section of a class. Sitting-in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by only attending classes for which you are registered.

Guests
Bringing guests age 50 and over to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher and to meet some members. Guests are welcome to sample Special Events and courses on a space available basis with prior approval of the Osher office. Call four days before the event or one day before the course to check availability and register your guest. There is no guest charge, but remember, the guest policy is for sampling Osher. Please encourage your guests to join so they too can enjoy the full benefits.

Cancellation of Classes
In the event of university closure, Osher classes and activities will be canceled. Listen to your local radio station for university closure announcements or call the Osher office. Occasionally a class will be cancelled at the request of the instructor. Every effort will be made to schedule a make up class at a time that is convenient for the most students.

Accessibility
To request a reasonable accommodation for a disability, please contact the Center for Disability Services at 801-581-5020 or online at disability.utah.edu. Reasonable notice required.

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events, there is a four event per member limit. Additional events may be requested one week in advance of the event and will be honored on a space available basis. Call the office to check availability. If you can’t attend it is important that you call to cancel as far in advance as possible. This allows us to give someone else a chance to attend and is respectful of our hosts and fellow members. Your RSVP is nontransferable. Members on the wait list have priority for open spots and must be processed in order. Event size is limited at the request of our hosts to ensure a great experience for participants. Do not attend an event for which you do not have a confirmed reservation as this can place a burden on our host and is not fair to other members.

Tuition Reduction
U of U faculty and staff tuition reduction benefits are available for Osher classes. To receive the discount you must submit an application to Human Resources (801-581-7447) every semester. Failure to submit the application will result in a balance due on your account and may result in a hold on your account preventing future registration.

Communication
The Osher office uses email for registration confirmation, special event reminders, and for general communication with Osher members. Please be sure you have a current email address on file and that you check your email periodically. If you do not use email, consider getting an email buddy who can pass communication along to you in a timely manner.
THANK YOU

Our donors, sponsors, partners, and volunteers allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

MASTER SPONSOR
Continuing Education & Community Engagement (CECE)
CECE provides the operational infrastructure for our Osher Institute.

MASTER DONOR
Bernard Osher Foundation
The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. Among other priorities, the Foundation funds Osher Lifelong Learning Institutes for people 50 and better on 123 campuses of higher education across the country.

MEMBERS MAKE THE DIFFERENCE!
Members’ tax-deductible gifts are greatly appreciated and help sustain and expand the quality Osher programming. Thank you for supporting the benefits and joy of learning by enrolling in classes, purchasing gift certificates for family members and friends, and remembering Osher in your charitable giving. Visit osher.utah.edu/support or call the office to discuss giving options.

FACULTY PARTNERS
Thank you to the esteemed faculty from the University of Utah Colleges and Academic Departments who will share their expertise with Osher members this term.

CAMPUS AND COMMUNITY PARTNERS
Marriott Library
Natural History Museum of Utah
Red Butte Garden and Arboretum
Tenth East Senior Center
The University Guest House and Conference Center
UKids - Guardsman Way
Utah Museum of Fine Arts
University of Utah Alumni Association
University of Utah Emeriti Club

ADVISORY COMMITTEE
John Boles
Rob Branch
Marilyn Copeland
Luci Malin
V. Pasupathi - chair
Claudia Raab
Tama Springer
Fred Tripp

CURRICULUM COMMITTEE
John Boles - Vice Chair
Kathie Coopersmith - Past Chair
Sandy Clark
Marilyn Copeland
Judy Donnell
David Hibdon
Steve Hudson - Lunch & Learn
Mary Jo Westien
Connie Kirkpatrick
Helle LeRette
Luci Malin - Chair
Barbara Reid - Past Chair
Tama Springer

SPECIAL EVENTS COMMITTEE
Angie Matinkhah - Co-Chair
Jill E. Meyer
Nancy Morrison - Co-Chair
Connie Reed
Jill Smith
Rose Webber
Frank Wilson
Pam Wilson

15TH ANNIVERSARY COMMITTEE
Jill Meyer - Chair
Anne Asman
Gerri Blair
Laurie Brussow
Dennis Clark
Joyce Federer
Betty Forsyth
Karen Hyde
Angie Matinkhah
Robin Pendergrass
Connie Reed
Janet Sahakian
Pam Sanders

CLASS ASSISTANTS
Too numerous to list, but none-the-less important to the success of the Osher Institute. Thank you!

OSHER MEMBERS MAKE IT HAPPEN!
The Osher Institute depends on members who volunteer their time and talents to make our programs the best that they can be. Volunteers multiply the reach of our small staff and are integral to curriculum, special events, and lunch and learn planning, as well as instructor and member support. Thank you!
Share Osher
Invite a friend to class

What better way to show someone how great Osher is than inviting them to join you? Sharing the Osher experience is a win-win-win. The new member gains access to an amazing array of learning opportunities, the program becomes stronger with each new member, and you have the satisfaction of making a difference in someone’s life (and possibly even gaining a companion with whom to take classes and attend special activities). Invite your friends to feel the energy of the members and catch a glimpse of the interesting classes and life-enhancing experiences that await them when they join the dynamic Osher community.

Note: Some people may like to sample the Osher experience before joining. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. See page 61 for the guest policy.