Spring 19: March April May
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Visual Arts • Politics • History • STEM • Fitness • Literature • Music • Fun

LIVE WELL
LEARN FOREVER
Quietly, bit by bit, the Osher staff, volunteers, and instructors have been working to make Osher at the University of Utah an enduring part of your life. How have we been doing this? We have been listening to you and responding. At first, you saw this in little things, like the fresh look of the catalog, with people just like you – vibrant and curious. Then you might have noticed a small offering of courses in the summer, access to Red Butte Garden, expanded volunteer opportunities and the Osher Winter Film Series. Why are we doing this? So that the Osher Lifelong Learning Institute is evergreen— or always relevant and always useful.

You might consider this Osher Spring term the culmination of all those little changes. We are celebrating Osher’s 15 year Anniversary at the University of Utah on May 14, 2019. All Osher members and instructors are invited to celebrate how Osher has gone from 49 members and 12 courses to almost 1,700 members and over 275 courses a year. (Your invitations are on their way.) This is also our chance to celebrate what Osher has become—a socially and intellectually enriching organization for people over 50 years old.

Thank you for being a part of this curious, fun and giving learning community. You are evergreen and because of you, Osher is evergreen too.

Lauren Andersen
Director
Taking courses at Osher offers a great return for the time and money you invest. Tuition is affordable and scholarships are available. Most courses are held at the Commander's House in Fort Douglas and other nearby locations - all easily accessible with free parking! The majority of courses meet for 90 minutes, once per week, for 6 weeks, allowing plenty of time for other interests. Osher instructors teach with both style and substance. They are able to entertain as well as educate. And when you take courses you are eligible to obtain a U of U student ID card that brings many more opportunities and benefits to you.

Special Activities
The brown bag Lunch and Learn lecture series and the Special Events are included in the basic membership (just $40 per year). The weekly Lunch and Learn lectures at the Commander's House in Fort Douglas can be a nice intermezzo between classes. The Special Events provide a way to learn about the surrounding community and to stay connected when classes are not in session.

People
Osher members are dynamic individuals who each bring a lifetime of experience to every conversation. You will meet new, interesting people and may even renew a long lost connection from your past.

Campus
The Osher Institute is your portal to the University of Utah. U of U faculty teach abbreviated courses for Osher, our Special Events grant you behind the scenes access to some of the campus's newest buildings and remodels, and weekly e-mails keep you informed about events taking place at University of Utah.

Benefits
Osher members are eligible for select benefits (with U of U student ID card*) including free admission to the Utah Museum of Fine Arts. Red Butte Garden grants Osher members free admission when they show their Osher name tag at the admission gates. Discounts are also available at Pioneer Theatre Company.

* U of U Student ID card is available to Osher members taking classes. There is a fee for the card. Obtain the card at the U Card office in the Olpin Union (801-581-2273). The card is active in semesters in which you are registered for at least one class.
Celebrating 150 Years Since the Driving of the Golden Spike

June 6th • $119 per person

Join us for this unique exploration of our nation’s first Transcontinental Railroad!
Step back to May 1869 as we celebrate the completion of the nation’s first Transcontinental Railroad at Golden Spike National Historic Site (GSNHS).

Our daytrip to the Promontory Point, where the golden spike was driven, will include:

• Continental breakfast and getting to know you
• Chartered transportation to and from Golden Spike National Historic Site
• Guided tour of the visitor center, gift shop, exhibit browsing, and ranger programs

• Lunch on site from Tony Caputo’s Gourmet Market & Deli
• Book discussion with GSNHS Chief Interpreter Justin Glasgow
• Live driving of the spike re-enactment and demonstrations of original locomotives
• Short hike along the historic Big Fill Trail

More class information on page 17
What makes people lifelong learners? Practice. A lifelong learner wakes up most days ready to learn something new.

Osher Lifelong Learning Institute at the University of Utah is filled with lifelong learners who embrace new ideas and are eager to examine different ways of thinking. This shared pursuit of knowledge gives Osher classes and special events an energy that drives our members to keep exploring and never stop asking questions.

This semester is loaded with popular returning classes and thought-provoking new ones, including King Arthur and the Matter of Britain, Driving of the Golden Spike, Standing Up for Utah’s Needs: A Call to Action, Three by Aeschylus — The Oresteia Trilogy, Wild and Wilder Literature, Exploring the Jordan River Parkway: Birds, Other Wildlife, and Plants, How to Change the World, Coming Technology and Natural Events, Landscape Photography, Portraiture in the 19th Century: France, Britain, and America and many more!

Take the next step in your pursuit of knowledge and register or renew your membership today!
COURSES BY CATEGORY

History
Augustan Settlement
History of Funeral Service
Illicit Loot: Nazi Germany and the Systematic Plunder of Art
Islamic Civilization
King Arthur and The Matter of Britain
Leonardo da Vinci and His Legacy
Railroads A-merging: Celebrating 150 Years Since the Driving of the Golden Spike
Snake Kings and Warrior Queens: Politics Among The Ancient Maya
Spiritual Gandhi: How He Changed Himself and the World
The Fascinating Fifties: A Decade of Possibilities and Problems
Travels Along The Silk Road
Vietnam and Indochina Wars
World War II in the Pacific

Law, Government, and Politics
American Political Values: Why We Talk Past Each Other With Little Understanding
Culture of Utah Politics
Current Issues In American Public Affairs & Politics
Estate and Disability Planning Institute: A Primer for Peace of Mind
Foreign Policy Association: Great Decisions
Kill the Messenger: Journalists in the Cross-hairs
Standing Up for Utah’s Needs: A Call to Action

Literature
The Lives of Girls and Women Part 2
Three by Aeschylus — The Oresteia Trilogy
Two by Shakespeare - All’s Well That Ends Well and Cymbeline
Wild and Wilder Literature

Medicine, Health, and Fitness
Balanced Bodies
Dance Fitness
Hiking the Wasatch
History of Medicine
Optimal Aging: Examples from Mountaineering
SoulCollage® for Beginners: Using Intuitive Collage to Engage Your Inner Sage
Tai Chi for Fall Prevention Level 1
Tai Chi for Fall Prevention Level 2
The Brain, Emotional Style, Meditation and Well Being
Yoga For All Bodies
Yoga For Less Flexible Bodies

Nature, Outdoors, and Lifestyle
Becoming a Birdwatcher
Creating Balance in Your Life
Daybreak Mindfulness
Exploring the Jordan River Parkway: Birds, Other Wildlife and Plants
Live Free of Clutter & Get Organized at Last!
Spring Herb Gardening
Water: The New Oil?

Other Humanities
An Introduction to Hinduism and Its Most Sacred Text: The Bhagavad Gita
Bon Voyage! French for Travelers 1
Bon Voyage! French for Travelers 2
Cultural Geography
How to Change the World
Pass-thru Business: Life-infused Organizations
Re-Imagining Your Life: A Creative Aging Writing Workshop
The Gifts of Imperfection Part 2: Continuing Art Journaling
The Philosophy of Yoga Part 1
Writing Your Story

Performing Arts
Beginning Ukulele
Singing for Shy Singers
More Singing for Shy Singers
The Songs and Career of Bing Crosby
Utah Symphony - Finishing Touches Preview

STEM
Coming Technologies and Natural Events
Creating with Photos and iMovie
Examining the Criminal Mind
Forensic Science
Google Maps: Becoming a Custom Map Maker
Internet Security
Meteorology Online

Visual Arts
Calligraphy: Alphabets and Decorated Letters
Correspondence Art
Drawing: Colored Pencils
Intermediate Photography 6: Exploring Photographic Appearances, Looks & Movements
Korean Ink Painting: Brush to Rice Paper 2
Landscape Photography
Lon Chaney, Sr.: The World’s First Character Actor
Plein-air Oil Painting
Portraiture in the 19th Century: France, Britain, and America
Rococo, Neoclassicism and Romanticism – Age of Reason, Age of Passion!
Story into Film: It Happened One Night, The Birds, and 2001: A Space Odyssey
The Art of Sketchbooking
American Political Values: Why We Talk Past Each Other With Little Understanding
Taught by Rod Julander
What really are “American values?” This class will look at political values from two directions. We will examine different sets of values such as loyalty, caring, sanctity from a perspective of the right and left. We will also examine the intellectual foundations of positions across the political spectrum from Fascism to Communism, emphasizing the democratic positions from liberalism and conservatism. We talk past each other because we feel differently and think differently about many issues.

OSHER 612-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 232
TUITION: $99

An Introduction to Hinduism and Its Most Sacred Text: The Bhagavad Gita
Taught by Santosh Gandhi
The Bhagavad Gita or “Song of the Lord” is the 700-verses-long scripture Mahatma Gandhi referred to as his “spiritual dictionary.” This six-week course will introduce Hinduism through this most sacred text and the relevance of its message in day-to-day life. It will cover the basic tenets of Hinduism: Dharma (Ethical Living), Karma Theory (Destiny/Free will), Karma Yoga (Path to Spiritual/Emotional Maturity) and Reincarnation. The course will also briefly cover Vedanta: the philosophy of Hinduism regarding the Creator, Creation, and the Individual and the relationship between all three. A few important verses from Bhagavad Gita will be discussed.

OSHER 880-002 • Tuesdays, 1:30-3:00 PM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

Augustan Settlement
Taught by W. Lindsay Adams
Caesar’s death in 44 BCE had restarted the Roman civil wars. Octavian’s defeat of Marc Antony brought to an end the century of civil strife. But Octavian (now hailed as Augustus) had to face a shattered economy, and a Rome that had swelled to over a million people, most in need of jobs, food, protection and housing. He had an army of over 80 legions, who had been promised farms and bonuses. Rome also needed renewal of faith in Rome and its institutions, a return to normalcy and identity. It came in the form of the Augustan Settlement. Learn what Augustus did to restore peace to the Roman world.

OSHER 656-002 • Wednesdays, 1:30-3:00 PM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

Balanced Bodies
Taught by David Keyes
Mindful breathing, balance, flexibility, physical strength, and walking are keys for healthy living. We will begin each class with a mini-workshop on one of the five keys followed by practice using a variety of activities including slower, easier yoga and Qigong poses. Leave with new or improved skills to use everyday. This is a perfect way to get active again after the slower-paced winter. No prior yoga experience is needed. Wear comfortable clothes for movement.

OSHER 117-002 • Fridays, 1:30-3:00 PM
March 29 - May 3
LOCATION: 10th East Senior Center
TUITION: $99

Becoming a Birdwatcher
Taught by Jeanne LeBer
The key to becoming a bird watcher is understanding the general impression, size and shape (GISS) of the bird. The GISS, plus the color pattern, habitat, and song/call are characteristics that lead bird watchers to accurately identify the bird. This class is a mix of in-class lessons and field trips. Beginning bird watchers develop skills that allow them to classify and identify birds based on plumage, song, behavior, habitat, and season. In-class lessons focus on identifying birds, selecting good gear,

more class information on page 7
getting involved in local birding groups, participating in citizen science, and online and print resources. This course will also feature three field trips to various habitats.

OSHER 868-002 • Wednesdays, 9:30-11:00 AM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

Beginning Ukulele
Taught by Marci Villa
Learning to play the ukulele is fun and easy. This versatile instrument can be played in any style from rock and roll to gospel, old classics to new songs. This course is for soprano, alto, and tenor C-tuned ukuleles. We will learn the various parts of the ukulele and their functions, how to play 12 ukulele chords, and how to strum simple songs. Music is provided.

OSHER 595-002 • Wednesdays, 3:15-4:45 PM
April 3 - May 8
LOCATION: 10th East Senior Center
TUITION: $99

Bon Voyage! French for Travelers 1
Taught by Linda Bayes
Gain confidence and “savoir faire” when traveling to France by learning to communicate in French. Imagine speaking with a Parisian accent – members will learn basic vocabulary, essential conversational skills, information questions, navigational phrases, emergency expressions, and other clues from an experienced traveler and instructor. Important topics include dining, customs, money, shopping, sight-seeing, and a Paris bucket list. Practicing conversations with fellow members will gently implant expressions into memory. Extra tips to assist members with social manners and customs will be shared. Some technology using iPhone Apps, translators, and currency exchange or books may be suggested.

OSHER 23-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 160
TUITION: $99

Bon Voyage! French for Travelers 2
Taught by Linda Bayes
Learn advanced conversational skills, navigational phrases, and emergency expressions, among others. Important topics include transportation, customs, money, directions, accommodations, dining, shopping, medical issues, sight-seeing, and tourism. Practicing conversations with classmates will gently implant these expressions into memory. The instructor will provide extra tips to assist members with social manners and customs. Some technology using iPhone Apps, translators, and currency exchange or books may be suggested.

OSHER 615-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 148
TUITION: $99

Calligraphy: Alphabets and Decorated Letters
Taught by Chris Dyson
Calligraphy is a writing style that has flourished over thousands of years. Before the invention of the printing press, books and manuscripts were beautifully hand-lettered and illuminated with decorated letters. This class will teach the history of writing by looking at various alphabets and materials. Using dip pens, students will learn to write the Italic alphabet, decorated letters, and also how to reproduce the illuminated pages of medieval manuscripts.

OSHER 56-002 • Thursdays, 3:15-4:45 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 160
TUITION: $99

Coming Technologies and Natural Events
Taught by Larry Campbell
Join us as we explore emerging questions around the topics of Artificial Intelligence (AI) and climate change. Thanks to recent breakthroughs, many AI milestones, which experts thought were decades away five years ago, have been reached. Many experts believe superintelligence could...
be possible in our lifetime. Osher members will explore questions like: What is Artificial Intelligence, Machine learning, and Deep Learning? How long before AI reaches human level/capacity? Does AI play a role in weather events? And, could artificial intelligence (with machine learning) be a game changer for global climate change?

OSHER 521-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

**Correspondence Art**
Taught by Janet Faught
Correspondence Art (art by mail) is a fabulous way to use your own creativity to surprise and delight a friend, relative, co-worker, or even a new pen friend. Discover when this form of creative expression began and how it is being used today. Use everyday items to enhance your communications with others. Side benefits may include a happier mailbox.

OSHER 586-002 • Wednesdays, 9:30-11:00 AM
March 27 - May 1
LOCATION: 540 Arapeen Drive, Room 152
TUITION: $99

**Creating Balance in Your Life**
Taught by Debbie White
We are constantly being pulled off balance in our lives by any number of challenging situations. Research tells us we need to stay connected to others, be physically active, and continue to exercise our minds in order to maintain some sense of balance. This course will take these concepts farther, exploring a variety of avenues focused on regaining and maintaining balance in our lives through a mixture of activities, discussions, and a multitude of resources with the focus on creating a personalized balanced life.

OSHER 571-002 • Tuesdays, 9:30-11:00 AM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

**Creating with iPhoto and iMovie**
Taught by Debbie White
Expand your ability to enjoy your photos and movies by learning the basics of iPhoto and iMovie on your Mac computer. We will start with importing and managing your digital photos. Then we will learn basic photo editing techniques that you can use to turn good shots into magnificent ones. After we are all organized, we will move on to iMovie, learning how to combine photos and video clips to make your own movie to share with family and friends. This is a hands-on class. Students will learn on an iMac with your own external hard-drive or you can bring your own Mac laptop to class.

OSHER 17-002 • Monday and Wednesday, 9:30 AM-12:00 PM
March 18 and 20, 25 and 27
LOCATION: 540 Arapeen Drive, Room 156
TUITION: $109

**Cultural Geography**
Taught by Chris Dyson
The world has become a global society in which various cultures and belief systems must coexist with each other. Understanding these cultures makes us more accepting and enriches our own life experience. This course will help us comprehend how humans shape their lives and their environments because of their geography. Geography teaches the “why of the where” through both physical and cultural aspects. Although both are important, this course will focus on the cultural elements that define societies such as identity, ethnicity, gender roles, religions, and language.

OSHER 24-002 • Tuesdays, 11:30 AM-1:00 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive, Room 232
TUITION: $99

**Culture of Utah Politics**
Taught by Brian King
We have a tendency to view those with whom we disagree about deeply felt political issues as not just wrong but as
morally inferior. Understanding more about why that is true, coming to a greater understanding of how these political issues can divide us, and developing methods to bridge the gap between people on opposite sides of those strongly held political beliefs are more important today than ever. We will try to make progress in these areas in this course. We will discuss the history of, and cross currents in, Utah politics. We will talk about how the legislative process works in Utah, how Utah's political climate is affected by cultural and religious values and influences, and how those are influenced by national issues and trends. Guest presenters may include current or former elected officials.

OSHER 731-002 • Thursdays, 9:30-11:00 AM  
March 28 - May 2  
LOCATION: Commander's House  
TUITION: $99  

Current Issues In American Public Affairs & Politics  
Taught by Tim Chambless  
Examine the behind-the-scenes details that influence stories in The New York Times about current political and governmental events. The New York Times provides many issues for lively discussion. In addition, The Washington Post, CNN, and National Public Radio will be sources for breaking stories. News articles and videos seed the discussion but they often grow into entirely different topics based on student interest and participation. Students are encouraged to ask hard questions and to participate actively and respectfully in class discussion.

OSHER 630-005 • Tuesdays 10:00-11:30 AM  
March 19 - April 30; No class April 9  
LOCATION: Summit Vista, 3390 West Signal Peak Drive, Taylorsville, 84129  
TUITION: $99  
SPECIAL FEE: $9

OSHER 630-003 • Tuesdays, 1:30-3:00 PM  
March 19 - April 30  
LOCATION: Commander’s House  
TUITION: $99  
SPECIAL FEE: $9

OSHER 630-004 • Wednesdays, 9:30-11:00 AM  
March 20 - May 1; No class April 10  
LOCATION: 540 Arapeen Drive, Room 232  
TUITION: $99  
SPECIAL FEE: $9

Dance Fitness  
Taught by Denise Gibson  
Studies prove that dancing can improve mental and physical fitness levels. This fun workout will have you moving to the “oldies,” incorporating dance moves you love as well as current music and styles. Improve balance, endurance, tone, and rhythm as you dance your way to increased physical fitness and mental acuity. All skill and fitness levels are welcome. Workouts will include warm-up and cool-down stretches. Wear clothes allowing you to move to the music and athletic/workout shoes. The final 15 minutes of each class will be dedicated to optional muscle toning exercises. Bring a yoga mat if you plan to stay for this part.

OSHER 855-002 • Wednesdays, 1:45-3:00 PM  
March 27 - May 1  
LOCATION: 10th East Senior Center  
TUITION: $89

Drawing Workshop  
Taught by Bill Laursen  
In a workshop setting, gain additional skill and confidence working in colored pencil, portrait rendering, or conte crayon. Set your own goals and work at your own pace. Supervised instruction, guidance, and feedback will be available to students as needed. Come prepared with something to work on at the first session of the workshop or have ideas for review by the instructor. A prerequisite for taking this class is to have completed at least one Osher Colored Pencil or Portrait Drawing course or to have the approval of the instructor. Students are responsible for purchasing their own supplies. Materials needed will be discussed in the first class and a shopping list will be provided.
**Estate and Disability Planning Institute: A Primer for Peace of Mind**
*Taught by Kathryn Carlisle-Kesling and Laura Milliken Gray*
Kate Carlisle-Kesling and Laura Milliken Gray will expand on their popular Lunch and Learn presentations “Planning with Wills and Trusts” and “Protecting Yourself or Your Loved Ones in Case of a Disability.”
Topics for this course will prepare you to speak to an attorney and include: Wills vs. Trusts; planning for difficult beneficiaries; disinheritance; avoiding contests and protection against creditors; planning for a potential disability; diminished capacity and making end-of-life decisions; powers of attorney; real property transfers to avoid probate, reverse mortgages, and insurance; planning with pre-tax retirement accounts and top issues for those approaching retirement; charitable trusts and charitable giving; estate and income tax minimization strategies; and, asset protection.

OSHER 626-002 • Tuesdays and Thursdays, 1:30-3:00 PM
March 26 - May 2
LOCATION: 10th East Senior Center
TUITION: $159
SPECIAL FEE: $5

**Everyday Mindfulness**
*Taught by Julie Howell*
Meditation has been shown to have many beneficial mental and physical effects. Osher members will experience two complementary ways to practice mindfulness: learning the formal practice of meditation and the informal experience of letting mindfulness spill over into everyday life. When a practitioner pays attention to the present moment, mindfulness unfolds a whole new level of awareness. This course will introduce the concept of mindfulness covering history, benefits, and science behind this age-old practice.

OSHER 626-002 • Tuesdays and Thursdays, 1:30-3:00 PM
March 26 - May 2
LOCATION: 10th East Senior Center
TUITION: $159
SPECIAL FEE: $5

**Examining the Criminal Mind**
*Taught by Jennifer Johnson and Georgette Leventis*
Law and Order, CSI, Criminal Minds, NCIS, truTV—popular American culture feeds our seemingly insatiable appetite for stories of crime and pathological behavior. This course will explore the psychology of criminal thinking and behavior, the role of mental health, the interaction of mental illness and crime (including the legal concepts of insanity and incompetence), the role of drugs and addiction, the growing problem of cyber crime, and the federal and state criminal court processes. Learn about the justice system, whether behavior is caused by nature or nurture, and about the psychopathology of the criminal mind.

OSHER 626-002 • Tuesdays and Thursdays, 1:30-3:00 PM
March 26 - May 2
LOCATION: 10th East Senior Center
TUITION: $159
SPECIAL FEE: $5

**Exploring the Jordan River Parkway: Birds, Other Wildlife and Plants**
*Taught by Tim Brown*
Three instructors will take turns leading this course. Tim Brown, a native of Salt Lake, is President/CEO of Tracy Aviary and received a wildlife biology degree from the University of Vermont. Cooper Farr is Tracy Aviary’s Director of Conservation and received a Masters in Wildlife Biology from Colorado State University. Bryant Olsen is a Conservation Scientist at Tracy Aviary and the 2018 Utah Birder of the Year. Each class will visit a different section of the Jordan River Parkway. Classes will involve walking the parkway as we look for and learn about the birds of the Jordan River and other wildlife. Members will learn about the history of the river, its ecology, and future plans as they explore several sections of the 52-mile Jordan River Parkway. They will also learn about the Jordan River ecosystem and many of the birds and other wildlife that use the river.

OSHER 62-002 • Mondays, TBA
March 25 - April 29
LOCATION: Summit Vista, 3390 West Signal Peak Drive, Taylorsville, 84129.
TUITION: $79

OSHER 589-002 • Wednesdays, 3:15-4:45 PM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

OSHER 778-002 • Wednesdays, 3:15-4:45 PM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99
Foreign Policy Association: Great Decisions
Taught by Jennifer Hamilton
Great Decisions is America's largest discussion program on world affairs. The course provides background information and policy options for the eight most critical issues facing America each year, and serves as the focal text for discussion groups across the country. This course involves reading the Great Decisions Briefing Book, watching a 30-minute documentary each session, and then opening a discussion group to discuss the most critical global issues facing America today. Spring term topics include: Refugees and Global Migration; The Middle East; Nuclear Negotiations; The Rise of Populism in Europe; Decoding US-China trade; Cyber Conflicts; The US and Mexico; and The State of the State Department.

Google Maps: Becoming a Custom Map Maker
Taught by Pat Lambrose
Discover tips and tricks for using Google Maps. Create and save custom maps in your own My Places Google Maps account. Learn to map your favorite restaurants, fishing holes, bike routes, golf courses, trail heads, etc. This course will explore a variety of features available in Google Maps through demos, hands-on exercises, and discussion. Course is held in a computer lab at 540 Arapeen Drive.
History of Funeral Service
Taught by Shannon Warzenski
A brief introduction to the modern day funeral service, this course covers historical developments, present day funeral practices, and the values of funeral service. Personal qualifications, ethics, and application to current practices will also be discussed. Members will also receive instruction on current religious rites, ceremonies, and memorial practices of religious faiths the funeral director will serve including Protestant, Lutheran, Roman Catholic, Military and Veteran organizations, Buddhist, Jewish, and Fraternal Funeral Rites. Modern day funeral service operation, law, and regulations will be discussed. This course includes guest speakers.

OSHER 420-002 • Tuesdays, 6:00-7:30 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive
TUITION: $99

History of Medicine
Taught by Abdulnaser Kaadan
The average lifespan of humans has dramatically increased in the last decade due to advances in medicine. According to the United Nations, the world population of individuals aged 60 years or above will triple by 2050. In the UK alone, approximately 22% of the population will be 65 years or older by 2031, exceeding the number of those aged less than 25 years. However, the fast-growing aging population also increases the likelihood of disease. Geriatrics, or geriatric medicine, is a branch of science that focuses on health care of elderly people. It aims to promote health by preventing and treating diseases and disabilities in older adults. The goal of this course is to help members understand the challenges people face as they age and to recognize that there are preventive measures that can place one’s self or a loved one on a path to healthy aging.

OSHER 41-002 • Thursdays, 11:30 AM-1:00 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

How to Change the World
Taught by Warner Woodworth
The objective of this course is to strengthen one’s capacity to change the world by learning and then applying Social Entrepreneurship (SE) skills to empower the poor. We will first gain an understanding of the current global context of suffering, conflicts, and other human struggles. A brief analysis of several paradigms including the socio-economics of social change will be taught. Other emerging conceptual constructs that lead to societal change will be used such as the following: “Third sector,” “positive deviance,” the “archeology of social change,” “stewardship,” new “social inventions,” “bottom-of-the-pyramid” tools, the “tipping point” for making an impact, “social capital,” Gross National Happiness, appreciative inquiry, social enterprise creation, capacity-building, sustainability, and building civil society. Innovative methods and tools will be studied for expanding economic self-reliance in Latin America, Africa, Asia, and more.

OSHER 147-002 • Tuesdays, 11:30 AM-1:00 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive, Room 238
TUITION: $99

Illicit Loot: Nazi Germany and the Systematic Plunder of Art
Taught by Luke Kelly
From 1933 to 1945, Nazi Germany embarked on one of its darkest agendas in the organized plundering of art and cultural treasures. Among the 20,000 works stolen from individuals (particularly Jewish collectors) and countries were Renaissance paintings, antiquities, religious works, and books. This course covers this period and introduces members to some of the major conspirators including Adolf Hitler, Herman Goering, and a coterie of dealers and collectors. Final lectures will examine the ongoing attempts to reunite art with its rightful owners as well as the resources available for that quest.

OSHER 621-002 • Tuesdays, 3:15-4:45 PM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

more class information on page 13
Intermediate Photography 6: Exploring Photographic Appearances, Looks & Movements
Taught by Rodger Newbold
Review the first photographic movements and masters of the genre, Pictorialism vs. Modernism (1885-1920 and 1900-1965). Members will learn how to tell a visual story – what is the story, how one plans to tell it, and how to illustrate a specific point. We will discuss street photography and the “snap shot aesthetic” as well as how to photograph and not appear obvious to the public. We will explore the motivations that drive us to pick up our cameras to go and capture something. Members are expected to pursue their curiosities and to photograph throughout the duration of the course. Have your story at the ready with some small print examples.

OSHER 67-002 • Tuesdays, 5:30-7:00 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive
TUITION: $99

Internet Security
Taught by Debbie White
This three-session course will cover internet issues such as security, privacy, viruses, malware, scams/frauds/identity theft, computer hackers, phishing, and more. We will also discuss a number of suggested offensive and defensive safety tips and best practices for both Mac and Microsoft platforms, including most mail clients.

OSHER 51-004 • Tuesdays, 11:30 AM-1:00 PM
March 26 - April 9
LOCATION: Commander’s House
TUITION: $49

OSHER 51-003 • Tuesdays, 11:30 AM-1:00 PM
April 16 - April 30
LOCATION: Commander’s House
TUITION: $49

OSHER 51-005 • Wednesdays, 10:30 AM-12:00 PM
April 3, 10, 17
LOCATION: Summit Vista, 3390 West Signal Peak Drive, Taylorsville, 84129.
TUITION: $49

Islamic Civilization
Taught by Abdulnaser Kaadan
This class will revolve around a discussion about the evolution and practice of the Islamic civilization from its origins until its fall, including the Islamic Golden Age. The goal of the course is to encourage members to think about Islamic civilization from an historical perspective and to appreciate how a knowledge of Islamic civilization can inform the study of history.

OSHER 113-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

 ultimo the Messenger: Journalism in the Cross-hairs
Taught by Rob Branch
How journalists are fighting back against the mantle, “enemy of the people.” Explore how news becomes “fake” news. How does the declining number of news outlets affect what news you get and as news consumers how do we fight against corporate mandates on what news stories are covered? Or should we? Plus, we ask some journalists what is their take on the current news situation.

OSHER 98-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 128
TUITION: $99

King Arthur and The Matter of Britain
Taught by Gordon Jones
The Matter of Britain is the role of King Arthur in Western literature, history, and culture. This course will cover the historical Arthur (if there was an Arthur) and his evolution into the iconic literary figure who continues to loom large in Western culture.
Korean Ink Painting: Brush to Rice Paper 2
Taught by Joon Bae
This course is a study of Korean ink painting. Members will learn a variety of skills by using careful and precise brush strokes, controlling the ink paint, and preparing papers for painting. Lessons are grounded in ink painting techniques, but include practicing mental calmness, understanding new cultural values, and celebrating the diversity of Eastern lifestyles.

Landscape Photography
Taught by Jonathan Duncan
We will be introducing members to the skills and techniques used to create professional quality images of the natural world. Topics include exposure control and light metering, the principles of composition, the qualities of natural light, advanced digital techniques, and the philosophy and tradition of the artist in nature. Classes will incorporate slide-illustrated lectures, group discussion, a field trip, and member feedback and critiques. No experience necessary.

Leonardo da Vinci and His Legacy
Taught by Jennifer Brown
May 2, 2019 will be the 500th anniversary of Leonardo’s death. Many museums have planned exhibitions and celebrations for the occasion. In this course we will examine Leonardo da Vinci’s major contributions and their significant impact from his own day up to the present. We will explore his thought process using new information from x-radiographs and other technologies, we will examine some of his inventions ourselves for insight, and delve into the man, his work, and his amazing legacy.

Live Free of Clutter & Get Organized at Last!
Taught by Marla Dee
How would it feel to have your home free of clutter? In today’s world we are bombarded with information and stuff and there is clutter everywhere: on our phones and computers, desks and countertops, bedrooms and basements, closets and cupboards. We crave being free of clutter and fantasize about being organized but sometimes, most times, it just feels like an unachievable goal. Marla Dee is here to change that. As a professional organizer for 19 years, Marla has seen the pain clutter brings with it, but with her contagious enthusiasm and stories from real clients, Marla believes that organized living is a skill anyone can learn. Why bother learning this skill? Because getting organized frees you to be present for what matters most. Her Clear & Simple Systems teach members where to start, what to do, and how to keep it up.

Lon Chaney, Sr.: The World’s First Character Actor
Taught by Chris Stockslager
Few people today know Lon Chaney, and those who do often assume he was “just” a horror actor. In his 18-year career (and short life) with over 150 films to his credit, Chaney played pirates, clowns, cripples, criminals, priests, ventriloquists dressing up in drag in order to burgle (I’m not making that up....), and so many other
THE GOOD LIFE

Learning fuels self-confidence, creativity, and innovation. The learning process engages our minds and produces a rush of the feel-good hormone dopamine, which in turn, propels us to want to learn even more. It’s no stretch to say that continual learning is the cornerstone of leading a happy and productive life.

Find your happiness this term by choosing the Osher classes that pique your interest.
colorful characters, in addition to certain beloved Hunchbacks and Phantoms. Chaney was the master creator of his characters and makeups. So why is he only remembered as a horror star? The Man of a Thousand Faces has secrets to tell. Find out within.

OSHER 11-002 • Wednesdays, 7:00-9:00 PM
March 27 - May 1
LOCATION: 540 Arapeen Drive, Room 238
TUITION: $99

Meteorology
Taught by Chris Biltoft
A hands-on course for members interested in exploring online meteorology resources. Members will explore websites including: https://earth.nullschool.net/ and http://weather.unisys.com/, among others. Students will learn how to navigate these sites as well as to interpret the information available to them.

OSHER 95-002 • Tuesday and Thursday, 9:30-11:00 AM
April 30 and May 2
LOCATION: 540 Arapeen Drive, Room 249
TUITION: $39

Optimal Aging: Examples from Mountaineering
Taught by Carol Masheter
Explore reasons to engage in fitness activities/challenges as we age, such as high altitude mountaineering. In this course, Dr. Masheter will describe the Seven Summits, how she trained, what each climb was like, and what she learned during her preparation for and during the actual climbs. She will share crucial life-lessons learned from mountaineering, including: staying active and taking on challenges to open doors to exciting new opportunities; understanding that crisis can be an opportunity for growth; and, that it is never too late (or too early) to do something significant. Gauging member interest over the course, members may do a hike together during the last class.

OSHER 700-002 • Mondays, 3:15-4:45 PM
March 25 - April 29
LOCATION: Summit Vista, 3390 West Signal Peak Drive, Taylorsville, 84129.
TUITION: $99

Pass-thru Business: Life-infused Organizations
Taught by Steve Patrick
What if we embraced a new view of business: one that measures progress by referring to the whole of life energies rather than the narrowly disengaged focus of dollars in the pocket? A first step can be to restore in awareness the fact that nature (the totality of life itself) is the ultimate source for any productivity, profit, or achievement. Nothing is achieved by people without air to breathe, earth for support, and sun to provide energy for food and other life processes.

OSHER 220-002 • Wednesdays, 1:30-3:00 PM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

Plein-air Oil Painting
Taught by Ken Baxter
Be ready to paint, on site, at the first class. Please bring paints, easel, a surface to destroy (or paint on), plus a chair, coat, umbrella, some humility, water, sunscreen, and a hat - whatever you need to create and stay protected from the elements. From time to time, instructor Ken Baxter will demonstrate painting techniques to the group. Take this opportunity to learn from a pioneer of the plein-air school in Utah.

OSHER 390-002 • Thursdays, 4:00-5:30 PM
March 28 - May 2
LOCATION: SLC
TUITION: $99
SPECIAL FEE: $6

Portraiture in the 19th Century: France, Britain, and America
Taught by Margaret Landesman and Jill Meyer
This course will look in depth at a variety of important portraits, comparing and contrasting works from six different artistic movements, from Neoclassicism and Romanticism up to Impressionism, Post-Impressionism,
and the Pre-Raphaelites. Close examination and group discussion will discover: Who made the portraits and why? Who was the sitter? What role did portraiture play in people’s lives? How did artists convey insight into their sitter’s character and personality? How does the role of the artist change with the Industrial Revolution and the development of photography? What intriguing stories can art conservators tell us about the materials and techniques artist used? We will focus on portraits in New York, London, and Paris museum collections.

OSHER 195-002 • Thursdays, 11:30 AM-1:00 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

Railroads A-merging: Celebrating 150 Years Since the Driving of the Golden Spike
Trip Leaders: Dylan Stokes and Lauren Andersen

Join us for this unique exploration of our nation’s first transcontinental railroad!
Step back to May 1869 as we celebrate the completion of the nation’s first transcontinental railroad at Golden Spike National Historic Site (GSNHS).
Our daytrip to Promontory Point, where the golden spike was driven, will include:
- Continental breakfast and getting to know you
- Chartered transportation to and from Golden Spike National Historic Site
- Guided tour of the visitor center, gift shop, exhibition and ranger programs
- Lunch on site from Tony Caputo’s Gourmet Market & Deli
- Book discussion with GSNHS Chief Interpreter Justin Glasgow
- Live “driving of the spike” re-enactment and demonstrations of original locomotives
- Short hike along the historic Big Fill Trail

Upon registration, members will be sent two books: Golden Spike Handbook (61 pages) and Iron Trail to the Golden Spike (297 pages) to provide further context and depth of understanding for our visit. Chief Interpreter Justin Glasgow will hold a lunchtime discussion about each book on site. Members are encouraged to read both books in advance of the trip to Promontory.

OSHER 157-001 • Thursday, 8:15 AM - 6:00 PM
June 6
TUITION: $119
NOTE: Bus will depart from the Park and Ride at 6200 Wasatch Blvd.

Re-Imagining Your Life: A Creative Aging Writing Workshop
Taught by Debbie Leaman
Where do I belong? Who am I, now that I am not who I used to be? What is my purpose? These are common questions we all ask ourselves as we grow older. Expressive writing opens us up to new possibilities, helps unblock us, and reveals new pathways toward reinvention and discovery. It changes our perspective in ways that we might not have otherwise seen. Through guided writing prompts, readings, shared stories, and other creative means members will uncover their own personal answers – helping them find purpose and meaning in life’s next act.

OSHER 594-002 • Wednesdays, 1:30-3:30 PM
March 27 - May 8
LOCATION: 540 Arapahoe Drive, Room 138
TUITION: $139

Rococo, Neoclassicism and Romanticism – Age of Reason, Age of Passion!
Taught by Colleen Wood
Explore art in France after the age of Louis XIV – the Age of Enlightenment, Science and the beginning of Industrialization. View Rococo art and discuss the reaction to Rococo, learn about Neoclassicism and the French Revolution as well as Neoclassicism in England and in the United States. Learn about Angelica Kaufmann, Jacques Louis David, revolution, Jefferson, and American Neoclassical art and the impact of politics and literature in France and Spain. We will discuss Gros and Ingres in France, Francisco Goya in Spain and French Romanticism 1800-1850: Gericault, Delacroix and the rivalry with Ingres. Members will also explore Romantic landscapes and social messages: Constable, Turner, Thomas Cole,
Bierstadt, and Church. Our final class will discuss photography, Marx, social change, and Realism – moving along the road to Modernism.

OSHER 146-002 • Thursdays, 9:30-11:00 AM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

**Singing for Shy Singers**
*Taught by Stacey Cole*
Singing is our birthright: everyone can sing given encouragement and opportunity. Do you like to sing in the shower, or in the car along with the radio, but feel self-conscious (or even terrified) when singing with other people? Singing freely is a wonderfully liberating experience. It is good for the mind, body, and spirit. In this playful, light-hearted workshop, we will learn to listen and to tune our ears and sing together in harmony in a fun, supportive environment using movement to connect body, breath, and voice. No experience is required and everything will be taught by ear, no need to read music.

OSHER 153-002 • Thursdays, 11:30 AM - 1:00 PM
March 28 - April 11
LOCATION: Monson Center
TUITION: $49

**More Singing for Shy Singers**
*Taught by Stacey Cole*
Calling all shy and not so shy singers who want to develop vocal skills and singing confidence! This course builds on the Singing for Shy Singers course (but does not require it as a pre-requisite). We will be focusing on learning parts and harmonies, singing popular songs as well as playful international folks songs (with delightful vocal ornamentation). Our focus will be on group singing. We will also have some opportunities (optional) for those who want to explore “taking a solo.” Learn in a supportive, non-judgmental environment. Come have some fun singing!

OSHER 163-002 • Thursdays, 11:30 AM - 1:00 PM
April 18 - May 2
LOCATION: Monson Center
TUITION: $49

**Snake Kings and Warrior Queens: Politics Among The Ancient Maya**
*Taught by Rick Paine*
Recent advancements in the decipherment of Maya texts have opened up a new world of ancient Maya politics. We will explore the world of ancient Maya politics, including: the role of Maya priest kings, relationships between warfare and religion, political alliances, Maya warrior queens, and the 500-year rivalry between Tikal and the mysterious Kaan (snake) kings.

OSHER 671-002 • Wednesdays, 3:15-4:45 PM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

**SoulCollage® for Beginners: Using Intuitive Collage to Engage Your Inner Sage**
*Taught by Martha Hales*
SoulCollage® is a simple but profound way to access one’s inner wisdom, creating a unique set of cards that hold deep personal meaning. Working intuitively, Osher members will combine images that catch their eye, then use a journaling process to dialog with their creation. This dialog can lead to unexpected insights and delightful surprises. No artistic experience is necessary, just a willingness to explore and play. Instructor Martha Hales will guide members through the process in a gentle, easy way. Members will be amazed by what they can create.

OSHER 610-002 • Tuesdays, 1:30-3:00 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive, Room 138
TUITION: $99
SPECIAL FEE: $17

**Spiritual Gandhi: How He Changed Himself and the World**
*Taught by Harry Keshet*
Mahatma (the great-souled one) Gandhi’s primary goal

*more class information on page 19*
was realization or “moksha.” He was a shy and fearful child and young man. Over time, he transformed himself into an international statesman, a man of strength, love, and integrity who was able to change Indian culture and uplift a people from years of humiliation, poverty, and self-doubt. Through spiritual study and practice, he created a new form of social change called nonviolence. It is based on the ancient Hindu principle of non-hurting and faith in the transformative power of love. Our course will be interactive, lively, open to humor, and uplifting. Members who take this course often experience emotional, psychological, and spiritual change and well-being inspired by Gandhi’s example.

OSHER 93-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: 540 Arapeen Drive, Room 238
TUITION: $99

Spring Herb Gardening
Taught by Merry Harrison
The goal of this course is to inform and inspire students to imagine and create garden(s) that include the culinary and medicinal herbs they want for use and pleasure. History, cultivation, potting, design, harvest, preservation of medicinal and culinary herbs, and more will be discussed. Hands-on demonstrations will teach students to grow and use herbs with confidence. We will take a field trip to a plant nursery, and the class will tour Merry’s herbal pharmacy. A worksheet will be provided along with samples from Merry’s garden.

OSHER 508-002 • Wednesdays, 1:30-3:00 PM
March 27 - May 1
LOCATION: 540 Arapeen Drive, Room 138
TUITION: $99

Standing Up for Utah’s Needs: A Call to Action
Taught by Dixie Huefner
In this course, members will review one of Utah Citizens Counsel’s areas of public policy during each class with current research and recommendations for public policy improvements at state and municipal levels. Topics include: environmental health, public education, health and health care, personal security (gun violence, hate crimes, suicides), economic inequality and social support systems, and participatory governance (transparency, accountability, and ethics in government).

OSHER 592-002 • Thursdays, 3:15-4:45 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

Story into Film: It Happened One Night, The Birds, and 2001: A Space Odyssey
Taught by Olga Savenkova
The 20th century was a time in which one of the most popular forms of art and means of entertainment was created – film. The cinematic narrative has often consumed the literary one: many people would rather watch a movie than read a book. If a movie is based on a work of literature, the latter often becomes famous only due to its adaptation. Therefore little is known about some of the short fiction many classic movies are based on. In this course, we will read the little-known short stories that inspired production of three Hollywood classics of different genres: romantic comedy, thriller, and science fiction. We will discuss and compare literary and cinematic narratives to learn the secret of a good literary basis and successful film adaptation that has taken the best of the original and developed it into a popular and cult masterpiece.

OSHER 672-002 • Wednesdays, 1:30-3:00 PM
March 27 - May 1
LOCATION: 540 Arapeen Drive, Room 148
TUITION: $99

Tai Chi for Fall Prevention Level 1.
Taught by David Keyes
While we cannot promise that you will live to 100 if you practice Tai Chi, we can and will provide you with a variety of tools to improve your balance and leg strength through a combination of slow, smooth, and continuous moves – also helpful for those with arthritis. Balance is a motor skill that we begin to lose in our 20s. It is never too late to improve this skill and Tai Chi is a safe and effective way to do so.
OSHER 192-003 • Tuesdays, 1:30-3:00 PM
March 26 - April 30
LOCATION: 10th East Senior Center
TUITION: $99

Tai Chi for Fall Prevention Level 2
Taught by David Keyes
Tai Chi Level 1 is highly recommended as a pre-requisite for this course. This is a continuation of exercises learned in the Level 1 course, and Osher members need to have learned from Instructor Keyes in order to be successful in the Level 2 course.

OSHER 192-004 • Tuesdays, 3:15-4:45 PM
March 26 - April 30
LOCATION: 10th East Senior Center
TUITION: $99

The Art of Sketchbooking
Taught by Ken Baxter
The course goal is to instill a creative habit of doing art (small “a”) as Danny Gregory describes in his book, Art Before Breakfast. Students do not need previous drawing experience and all levels are welcome. We will sketch without a lot of stuff, starting simply with sketchbook and pencil or pen. Moving along, members may choose to expand their supplies to include colored pencils, watercolor brushes, and even crayons. Plan to meet in local parks and other locations around Salt Lake. Classes begin with a short lecture, then everyone will sketch with individual help and tips from instructor Ken Baxter. Bring a sketchbook, pencil and/or pen, and a portable chair. Recommended sketchbook: Moleskine Art Plus Sketchbook (5” x 8.25”).

OSHER 21-002 • Thursdays, 1:30-3:00 PM
March 28 - May 2
LOCATION: SLC
TUITION: $99
SPECIAL FEE: $6

The Brain, Emotional Style, Meditation and Well Being
Taught by Harry Keshet
In the last 10 years, researchers have discovered how our emotional makeup is intimately connected to our brain in ways only recently understood. Our genes do not totally govern our emotional life – the brain affects how we think, feel, and live. Meditation and other mental training offers opportunities for changing our emotional style and brain function. This class will explore the relationships between the brain, emotional life, the mind, and how to change them for greater peace and well-being.

OSHER 624-002 • Thursdays, 11:30 AM-1:00 PM
March 28 - May 2
LOCATION: 540 Arapen Drive, Room 238
TUITION: $99

The Fascinating Fifties: A Decade of Possibilities and Problems
Taught by Walter Jones
A selective history of the 1950s in the United States, this course will cover topics such as Cold War tensions, music, literature, motion pictures, politics, crime, sports, racial integration and challenges, and the economy. Lectures will be punctuated with illustrative quotes and YouTube videos and will include some weekly handouts. Assuming that most if not all of Osher members taking this course have experienced the 1950s, instructor Walter Jones will encourage discussion of those experiences.

OSHER 550-002 • Wednesdays, 9:30-11:00 AM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

The Gifts of Imperfection Part 2: Continuing Art Journaling
Taught by Martha Hales
Students who took “Gifts of Imperfection: The Art of Journaling Course” are invited to learn more ways to discover, celebrate, honor, and love their authentic selves – in class and daily life. Apply creative exercises that integrate Dr. Brené Brown’s “Guideposts for Wholehearted Living” as you delve into the journey of living a life of intention. Assignments are designed to

more class information on page 21
encourage daily practice of the true gifts of imperfection: courage, compassion, and connection. Special fee includes art supplies. The original course (offered in Winter 2019) is a prerequisite for taking this course.

OSH 609-002 • Tuesdays, 11:30 AM-1:00 PM
March 26 - April 30
LOCATION: 540 Arapeen Drive, Room 138
TUITION: $99
SPECIAL FEE: $30

# The Lives of Girls and Women Part 2
Taught by Sally Smith
Discussion-based close reading of the following novels:

The Prime of Miss Jean Brodie by Muriel Spark
Miss Jean Brodie is unmistakably in her “prime.” She is passionate in the application of her unorthodox teaching methods and thoroughly dedicated to “her girls,” the students she grooms to be the “creme de la creme.” “Safety does not come first. Goodness, truth, and beauty come first. Follow me.” And they do. But one of them will betray her.

The Optimist’s Daughter by Eudora Welty
Laurel McKelva Hand returns to New Orleans, where her father is dying, and then to the small Mississippi town where she grew up. In addition to her grief, Laurel must contend with her young, frivolous stepmother.

Back in her childhood home, Laurel is able to let go of the past by facing it honestly and comes away with a new understanding of her parents and herself. Winner of the Pulitzer Prize for Fiction.

Victory Over Japan by Ellen Gilchrist
This collection of stories is peopled by an unforgettable group of Southern women who cavort through life, in and out of bars, marriages, divorces, drug busts, and even earthquakes in search of something that might pass for happiness. Winner of the National Book Award.

OSHER 601-002 • Mondays, 11:30 AM-1:00 PM
March 25 - April 29
LOCATION: Commander’s House
TUITION: $99

The Philosophy of Yoga Part 1
Taught by Bob Faught
Yoga means union with the divinity within us, which is an incredible physical, emotional, mental, and spiritual journey. The Philosophy of Yoga gives us the mental preparation for that journey. Of the six classical schools of Indian Philosophy, this course will address the synthesis of the Sankhya and Yoga schools. You will learn the meaning of such Yogic concepts as a) the ancient enlightened Seers of the Vedas; b) the relation of consciousness to matter; c) liberation from bondage; d) the infinite absolute as Sat-Chit-Ananda; e) the Law of Karma; f) the doctrine of Maya; g) the nature of Self and Soul; h) meditations and mantras; i) the Yoga theory of creation; j) the doctrine of rebirth; and k) the Yoga Sutras of Patanjali describing the eightfold path of Yoga.

OSHER 603-002 • Wednesdays, 9:30-11:00 AM
March 27 - May 1
LOCATION: Commander’s House
TUITION: $99

# The Songs and Career of Bing Crosby
Taught by Wayne Egan
Discuss the songs made popular by Bing Crosby, America’s first multimedia star. From 1931 to 1954 Crosby led all singers in record sales, radio ratings, and motion picture grosses. Crosby’s intimate singing style influenced Perry Como, Frank Sinatra, Dean Martin, and many more. Instructor Wayne Egan has compiled a Bing Crosby songbook and possesses some pertinent CDs of his hit recordings. Egan will lecture on the background of key songs, Crosby’s life, show clips from some of Crosby’s movies, and play several hits. On a few of the widely popular songs, the entire class will be invited to sing along.

OSHER 303-002 • Thursdays, 3:15-4:45 PM
March 28 - May 2
LOCATION: Monson Center
TUITION: $99
Three by Aeschylus — The Oresteia Trilogy
Taught by Chris Horner
Fifth Century BCE Athens gave us the plays of Aeschylus, Sophocles, Euripides, Aristophanes, and others. Aeschylus’ *Oresteia* is among the very first of these and the sole trilogy to have survived. This cycle of three plays covers the murder of Agamemnon (the commander of the Greeks in the Trojan War), the revenge of his son Orestes, and the pursuit of Orestes by the female Furies for the murder of his mother, Clytemnestra. The final play in the cycle moves into a foundation myth of Athens in which the gods Athena and Apollo debate the status of women.

OSHER 199-002 • Thursdays, 11:30 AM-1:00 PM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99

Travels Along The Silk Road
Taught by Bernadette Brown
The Silk Road represents an early example of how political and cultural integration can occur due to inter-regional trade. At its height the Silk Road sustained an international culture that strung together groups as diverse as the Magyars, Armenians, and Chinese. Trade between East and West developed on the sea as well as land, extending from Venice in Italy to Alexandria in Egypt to Guangzhou in China. Like the Silk Road itself, the class will travel over time and distance to explore the changes that took place from east to west. Today these changes are mainly visible in architecture, art forms, and literature of the cultures that were influenced by the existence of the Silk Road. Extending our study of this early “internet” system that connected Europe and Asia, this course also explores connections to the Middle East and Africa.

OSHER 99-002 • Tuesdays, 9:30-11:00 AM
March 26 - April 30
LOCATION: 540 Arapeen Drive, Room 232
TUITION: $99

Two by Shakespeare - *All’s Well That Ends Well* and *Cymbeline*
Taught by Chris Horner
Of the many memorable female characters created by Shakespeare, the heroines of *All’s Well That Ends Well* (Helena) and *Cymbeline* (Imogen) are among the most intriguing. Not only does each woman refuse to submit to her husband's unjust behavior but in a long and challenging struggle to bring her man into line, each also helps restore harmony to the entire social order. *All’s Well* is classified both as a Comedy and “Problem Play.” *Cymbeline* is one of Shakespeare’s late-career mixed genre experimental dramas, classified as a Romance.

OSHER 15-002 • Tuesdays, 11:30 AM-1:00 PM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

Utah Symphony - Finishing Touches Preview
Taught by Sally Humphreys
Get a behind-the-scenes look at the Utah Symphony during our Finishing Touches Open Rehearsal. Join Sally Humphreys, flute player and regular substitute on the Utah Symphony roster, for an informative and entertaining lecture 30 minutes prior to the rehearsal, followed by Q&A. The third time was the charm for Rachmaninoff’s *Piano Concerto No. 4*. After two unsuccessful premieres, Rachmaninoff revised and republished it in 1941, finally achieving public acceptance as a worthy addition to his first three concertos. Shostakovich, forced into the Soviet Communist Party and expected to compose a work dedicated to Lenin’s memory, achieved the seemingly impossible in his *Symphony No. 12 in D minor*—writing music that pulses with the energy of a revolution, while maintaining his personal integrity through his uniquely subversive, sardonic voice. Complimentary baked goods and coffee are available in the lobby prior to the rehearsal. Seating for open rehearsals is General Admission on the orchestra level of Abravanel Hall.

OSHER 16-002 • Friday, 9:00-9:30 AM
April 12
LOCATION: Abravanel Hall
TUITION: $5
Note: Tickets are available for sale at the Utah Symphony following Osher’s Finishing Touches lecture.
Vietnam and Indochina Wars
Taught by Walter Jones

Several wars, or one long war with different names? From 1947-1979, nationalist Vietnamese fought against French, American, and Chinese forces. To the French it was the Indochina war; to the Americans, the Vietnam war. We will examine the background and history of the Franco-Viet Minh war and the American war in Southeast Asia. Novels, poetry, music and historical texts will illuminate the political and personal aspects of the wars.

OSHER 351-002 • Thursdays, 9:30-11:00 AM
March 28 - May 2
LOCATION: Commander’s House
TUITION: $99
SPECIAL FEE: $5

Water: The New Oil?
Taught by Alan Eastman

Many people think that oil is the quintessential non-renewable resource. Because of its utility and scarcity, the map of the world has been changed and wars have been fought to control it. Water, on the other hand, is the ultimate renewable resource: it is all around us and has been from the beginning of time. Our own bodies are 80% water. Yet water supplies are becoming increasingly scarce, especially as populations expand and require ever more clean, fresh water. We already see the beginnings of struggles over water availability. Oil may be useful for energy but quite literally, “water is life.” This class will examine water issues worldwide with an emphasis on the Mountain West including supply, the technologies of clean and safe water, and the increasingly political issues of who gets water, how much, and at what cost.

OSHER 108-002 • Tuesdays, 9:30-11:00 AM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

Wild and Wilder Literature
Taught by Rob Carney

This course is about some of the many kinds of WILDNESS: wildness outside and the need to protect it, wildness inside (what else are our emotions?), the wildness of defying genre expectations, the wildness of creativity, the wildness of risk and Talking Back to Power/Conventions/The Status Quo, and probably other kinds too. We will discuss works by others, of course (canonical authors as well as others who are less well-known).
But we’ll also end with a Showcase of Your Own Wild Creations based on 11, hopefully fun, activities Instructor Rob Carney will suggest.

OSHER 560-002 • Tuesdays, 1:30-3:00 PM
March 26 - April 30
LOCATION: Commander’s House
TUITION: $99

World War II in the Pacific
Taught by Steve Hall

This course will cover the major events of World War II in the Pacific theatre. We will discuss the decision processes that guided these events, how and why decisions were made, and the pros and cons of the decisions. Why did the Japanese bomb Pearl Harbor? Why did the Allies drop two atomic bombs on Japan – would one have sufficed? What did the decision-makers know that guided their actions, and why did they pursue the courses of action they did?

OSHER 750-002 • Monday, 9:30-11:30 AM
March 25 - April 29
LOCATION: Commander’s House
TUITION: $99

Writing Your Story
Taught by Terrell Dougan

Those family stories that need to be handed down: you know, all the ones you have promised yourself to put down on paper? Your excuses (no time, no talent, Aunt Ivy would kill me, etc.) can fly right out the window. And anyway, Aunt Ivy either died already or would be thrilled to be remembered in your stories. In six classes you will learn that you can indeed write and that it is not only easy but fun. Bring a lined paper notebook or looseleaf and a pen.
Yoga For All Bodies
_Taught by Roz Newmark_

Roz Newmark brings over 25 years of experience teaching yoga oriented toward individuals with injuries, those recovering from injuries, and those with other special needs. The perfect recipe for stability, easeful movement, and a calmer nervous system varies depending on the individual. Working from the ground up, we will begin to personalize a practice for each member’s specific needs. Drawing from the Iyengar Yoga tradition, attention will be focused on alignment and the therapeutic uses of various asanas or poses. We will use props to help customize the asanas and to create a more balanced condition in your body. This course is accessible to all body types. Props and mats will be available for use at the studio. Please wear clothing appropriate for moving.

Intergenerational Learning: Osher and UKids
_Guardsman Way_
_Led by Lauren Andersen_

Help enrich the lives of the University of Utah’s youngest lifelong learners by sharing your favorite crafts, children’s books and music with the toddlers and kindergärtners at UKids - Guardsman Way. Want to introduce one to a foreign language? Assist in the infant room? Share your favorite craft? We are standing by to plan your visits to UKids. You can sign up for one visit, six weeks or any time period that works for you. Tuition covers the cost of a standard background check mandatory for all UKids volunteers and employees. Members will have to pay for their own fingerprints. Osher staff will contact you with additional information.

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Special Events

and production methods while also learning about pairings selection and choosing the perfect, and affordable, bottle for your meals at home. You will receive tips on how to navigate our local wine stores and how to make the proper wine selections. You will learn to appraise and evaluate a wine, and how to decode a label. No wine class would be complete without knockout food pairings from the Caputo’s Cheese Cave and award winning shelves. We will impart wine pairing guidelines when it comes to serving wine with high quality specialty foods.

Note: All single guest cancellations require 48 hours’ notice. Food and wine are purchased and prepared in advance and cannot be re-purposed.

Listed online as an Osher Class
OSHER 3-001 $25 for class + $25 for wine pairing
OSHER 3-002 $25 for class only

The Road Home Community Shelter Tour
Monday, March 25, 2019, 10:00 AM
210 S Rio Grande Street, SLC, UT 84101

The Road Home is a private nonprofit that assists individuals and families experiencing homelessness along the Wasatch Front. We provide: Emergency shelter, emergency services, case management, and housing. The tour will include the single mom’s shelter and the single women’s shelter.

Radon 101: What You Need to Know
Friday, March 29, 2019, 12:00 PM
540 Arapeen Drive, Room 238, SLC, UT 84108

Presented by Eleanor Diver, Radon Coordinator for the State of Utah. During our Radon 101 event, we will be discussing what radon is, the health effect of radon, how to test your home for radon, what you can do if you have elevated levels of radon. We will also discuss geographical hot spots and why they exist for radon. Diver will be giving away 20 free radon test kits. Members are encouraged to bring a lunch.

Bountiful Davis Art Center Tour
Friday, March 29, 2019, 2:00 PM
90 N. Main Street, Bountiful, UT 84010

Standing in BDAC’s bright and spacious main gallery at 90 North Main Street, it’s hard to fathom how much this art center has developed from its inception more than 40 years ago. Join us for an informative tour of our history and current exhibitions including our fifth annual Plein Air competition, Tina Garrett’s solo exhibition Pieces of Me, and our group portrait exhibition.

Shakespeare’s Macbeth
Friday, March 29, 2019, 7:00 PM
Harman Hall Theatre, 3333 Decker Lake Drive, West Valley City, UT 84108

The Education Department of the Utah Shakespeare Festival, West Valley City Division of Arts and Culture, and Utah Cultural Celebration Center present an 75-minute abridged performance of Macbeth by William Shakespeare. Haunted by the witches’ prophecies and spurred by his wife’s ambitions (as well as his own taste for power), Macbeth dares to tempt fate. Admission: $10

RubySnap Fresh Cookies Tour
Saturday, March 30, 2019, 9:00 AM
770 S 300 W, SLC, UT 84101

Cookies, cookies, cookies - who doesn’t love them? At Ruby Snap, we will tour the facility where founder/owner Tami Steggel makes her creatively distinctive flavor combination cookies, each baked with fresh ingredients. The company was started in 2008 and has grown each year. Tami’s mantra is “If it isn’t wonderful, it doesn’t belong in your mouth.”

Pioneer Theatre Guild Luncheon at The Alta Club with the Cast of Sweat
Monday, April 1, 2019, 11:00 AM
100 E South Temple, SLC, UT 84111

Join the President of Pioneer Theatre Guild for a luncheon at The Alta Club that includes in-person discussions with actors from current and upcoming productions. The mission of the Pioneer Theatre Guild (PTG) is to foster and promote community interest in and financial support of the Pioneer Theater Company (PTC). Join PTG at their monthly luncheon at the Alta Club and have a principal actor from the PTC’s production of Sweat join your table. $40 covers your delicious lunch as well as a portion of the actor’s lunch. Meet at 11:00 AM to visit with Doyle Clayburn and learn more about the guild and its activities. Visit with your guest actor and hear other cast members talk about the production and their experiences. Listed online as an Osher class.
OSHER 629-001 SPECIAL FEE: $40

Holdman Studios: Glass Blowing
Friday, April 5, 2019, 3:30 PM
3001 N Thanksgiving Way, Lehi, UT 84043

Come and participate in one of the oldest crafts by making
Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.

Shakespeare’s Macbeth
Tuesday, April 9, 2019, 10:00 AM
Grand Theatre, Salt Lake Community College, 1575 State Street, SLC, UT 84115
Free matinée performance of Macbeth with local school groups. The Education Department of the Utah Shakespeare Festival, West Valley City Division of Arts and Culture, and Utah Cultural Celebration Center present an 75-minute abridged performance of Macbeth by William Shakespeare. Haunted by the witches’ prophecies and spurred by his wife’s ambitions (as well as his own taste for power), Macbeth dares to tempt fate.

Pioneer Theatre Backstage Tour – Sweat
Thursday, April 11, 2019, 5:00 PM
300 S1400 E, SLC UT 84112
Backstage tour of the Pioneer Theatre Company (PTC) during its production of Sweat. Meet Artistic Director Karen Azenberg in the lobby at 5 PM sharp, and then spend the next hour seeing what’s going on backstage that month. You will see behind the scenes of the current show Sweat and peek in on the creation of PTC’s upcoming production of Grease. Osher is currently arranging to get free tickets to the dress rehearsal of Sweat that same evening.

Earthquakes in Utah and the Intermountain West
Friday, April 12, 2019, 9:00 AM
115 S 1460 East, SLC UT 84112; Room 103 Frederick Albert Sutton Building [EASB]
We will discuss earthquake location techniques, the threats in our region, how to stay safe, and other research interests and capabilities for the region and global applications.

Storm Bowling
Friday, April 12, 2019, 10:00 AM
165 S 800 W, Brigham City, UT 84302
Storm Bowling, located in Brigham City, is the world’s largest producer of bowling balls, forging up to 300 balls a day. Everything is done in-house by their 125 employees, including marketing and logo design. First the raw materials are brought into a containment area to keep fumes away. The materials are mixed to form a liquid resin, poured into shapes, cooled, molded and dried to make the round balls that all bowlers use. The patterns on each Storm bowling ball is unique and random because of how the mix fills the molds. Storm can even make scented bowling balls through their patented process.

John M. Browning Firearms Museum
Monday, April 15, 2019, 1:00 PM
2501 Wall Avenue Suite 201, Ogden, UT 84401
Come see and enjoy original models of firearms designed by John M. Browning displayed at the museum. These include rifles, shotguns, pistols, machine guns, and cannons. The basic mechanisms of many modern firearms were first invented by John M. Browning, America’s Gunmaker.

Holdman Studios: Glass Etching
Friday, April 19, 2019, 1:00 PM
3001 N Thanksgiving Way, Lehi, UT 84043
Join us for a glass etching experience. Learn how to etch on glass with a sand blaster. Select your glass shape, apply...
Special Events

vinyl, and sandblast your piece. Each person will leave with their own designed and etched glass piece. NOTE: $20 at location

15th Anniversary Event!

Behind the Scenes Tour of Lagoon Amusement Park
Saturday, April 20, 2019, 8:30
375 N Lagoon Drive, Farmington, UT 84025
Originally called Lake Park, the resort that would become Lagoon opened on the shores of the Great Salt Lake on July 15, 1886. This family-owned business has become a much loved local institution for over 130 years. As part of our 15th anniversary celebrations, Lagoon will open its doors for Osher members to experience a special behind-the-scenes tour. Join Julie Freed, Director of Special Events—and third-generation family member—to explore the history and the inner workings of the park before it opens to the public for another day of fun. Please wear comfortable shoes as there will be a lot of walking. Parking will be provided free to Osher members during the tour.

15th Anniversary Event!

Family Day especially for Osher members at Lagoon Amusement Park
Saturday April 20, 2019, 10:00 AM to close
375 N Lagoon Drive, Farmington, UT 84025
Please join us for a day of family fun at Lagoon with special discount prices for Osher members (specific details to follow after Lagoon’s season prices are determined). You are welcome to arrive at any point during the day after the park opens at 10:00 AM and stay until close.

Tour of Rio Tinto Stadium
Monday, April 22, 2019, 3:00 PM
9256 State St, Sandy, UT 84070
Home of Real Salt Lake and Utah Royals FC, Utah’s men and women’s professional soccer clubs, Rio Tinto Stadium officially opened in 2008 in Sandy, UT. After a protracted funding and proposal process, several of which were rejected, the naming rights were given to international mining company Rio Tinto, for a price tag of $1.5-2 million per year. Come along for an in-depth tour of the stadium’s field, concession operations, roof structure, wheelchair accessibility, locker rooms, luxury suites, and more! Listed online as an Osher class
OSHER 620-002
SPECIAL FEE: $10

The New Salt Lake City Airport Tour
Friday, April 26, 2019, 2:00 PM
776 N Terminal Drive, SLC, UT 84122
Coming in 2020: The new SLC international Airport. Travelers flying in and out of SLC international airport can see up close what looks like a massive, steel city rising out of the grounds west of the current airport. The construction underway will result in a new central terminal, new concourses, and a new parking garage all scheduled to open in 2020. Tour the construction site and find out why SLC needs a new airport and what will happen to the existing facilities.

Utah Museum of Contemporary Art Tour
Friday, April 26, 2019, 11:00 AM
20 S West Temple, SLC, UT 84101
The Utah Museum of Contemporary Art (UMOCA,) formerly known as the Salt Lake Art Center, is Utah’s only contemporary art museum. Located in downtown Salt Lake City, the museum presents rotating exhibitions by local, national, and international contemporary artists throughout its two floors and six gallery spaces. Enjoy a tour led by Erin Hartley, Director of Public Engagement, who will inspire us to look, think, and talk in new ways about art.

UMFA Race to Promontory Exhibition
Friday, April 26, 2019, 2:00 PM
410 Campus Center Drive, SLC, UT 84112
Enjoy an exclusive tour of the new Utah Museum of Fine Arts’ exhibition The Race to Promontory: The Transcontinental Railroad and the American West with curator Leslie Anderson.

Crandall Printing Museum
Monday, April 29, 2019, 10:00 AM
275 E Center Street, Provo, UT 84606
A docent will take you on a 1.5 hour tour across five centuries of printing history. We will be able to assist in printing on an authentic copy of the Gutenberg Press from the fifteenth century. In the replica of Benjamin Franklin’s colonial print shop, we will see copies of Poor Richard’s Almanac being printed on an exact replica of Franklin’s own printing press and learn the story of the printing of Thomas Paine’s broadsides and other colonial
Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.

pamphlets. We will also visit a replica of E.B. Grandin's printshop, where the first edition of The Book Of Mormon was printed, and view the actual Ramage Press that was brought across the plains to Utah to print the very first copies of The Deseret News.

**Sweet Shop Tour**
Wednesday, May 1, 10:30 AM
1479 South Main Street, Salt Lake City, UT 84115
Let’s tour three “sweet” shops in Salt Lake City! We’ll start with Condie’s Candy, first established in 1924 by George Charles Phillipps, a candy maker who specialized in European caramels. George’s candy business has been handed down through four generations, and still specializes in hand made chocolates of all kinds. Fillings & Emulsions was founded by Chef Adalberto Diaz, the 2012 American Culinary Federation Pastry Chef of the Year, 2015 Holiday Baking Championship on Food Network, and 2017 semi-finalist of Best Baker in America. Chef Diaz now has an awesome team of co-owners and pastry and macaron chefs. We will be visiting their macaron kitchen to see how the “crown of their creations” are made. Finally, we will head over to Delice, a French bakery that opened November 2018 to meet and observe Chef de Cuisine Jean-Jacques Grossi and Master Baker Masoud Abbasi. Chef Grossi started cooking and baking at a young age in the South of France, moving to the Greater Salt Lake area in 1977 and has been in the food industry ever since. Pastry Chef Abbasi has over 12 years of experience as a master baker and dessert artist; his personal mission is to see people happy when they get together. We will then have lunch at Delice, which is happy to provide a 10% discount on any meal or treats purchased after the tour.

**Beehive Distilling Gin Tour**
Saturday, May 4, 2019, 2:00 PM
2245 S West Temple, SLC 84115
Beehive Distilling, Utah’s first and only gin distillery, opened in 2013 with their hand-crafted Jack Rabbit Gin. They added two more top shelf products, Barrel Reserve Gin and Organic Vodka, and all three products are available at local bars and restaurants. The three owners, Chris Barlow, Matt Aller and Erik Ostling have seen their business expand so much that they have relocated to a larger facility and have increased their production from 80 gallons to over 530 gallons, still using their burnished copper stills. They describe themselves as a bunch of mad chemists, trying different ingredients, different ways of distilling and aging to find the perfect blend. During the tour you will learn about the history and development of gin, including significant events that led to modern gin production and distribution. **NOTE:** Optional $10 tasting

**Vietnam Wall**
Sunday, May 5, 2019, 2:00 PM
437 N Wasatch Drive, Layton, UT 84041
Welcome home: Utah’s replica of the vietnam Memorial Wall was dedicated at Layton Commons Park in July 2018. It is a memorial that belongs to all veterans of Utah. The Memorial wall includes the names of those who died or went missing in action during the Vietnam War. It holds 58,317 names including 8 nurses.

**Salt Lake Tabernacle Organ Tour**
Monday, May 6, 2019, 1:00 PM
N West Temple, SLC, UT 84150
In downtown Salt Lake City resides one of the most notable musical instruments in the United States: the Tabernacle Organ. Originally designed by Richard Ridges, an English carpenter and cabinetmaker, the organ was first put into service in 1867 (two years before Utah was accessible by rail). Further modernization and improvements have been made throughout the years, such as additional ranks of pipes and a rotating disk underneath the console, but minimal tonal and mechanical changes have been made since its original design.

**The King’s English Bookshop: Book Talk**
Monday, May 6, 2019, 2:00 PM
1511 South 1500 East, Salt Lake City, UT 84105
Visit The King’s English Bookshop and have co-owner Anne Holman talk about her favorite books from 2018 and introduce you to 2019-released books she has enjoyed. Anne will also discuss children’s books for your grandkids or special young friends. Established in 1977, The King’s English is a favorite local bookshop in the 15th and 15th neighborhood. This charming store of 2000 square feet has eight small rooms filled with books to delight every reader. Kings English is also happy to offer a 20% discount on your purchases after the talk.

**S.P.I.C.E Kitchen Incubator**
Tuesday, May 7, 2019, 1:00 PM
751 W 800 S SLC, UT 84104
S.P.I.C.E. Kitchen Incubator is a food business incubator
focused on providing opportunities for refugees and disadvantaged individuals. Their objective is to improve the chances of nascent small-businesses of growing into sustainable and viable companies. Affordable access to commercial kitchen space, opportunities to learn proper food handling procedures, and steps to continue building their businesses are all part of the services that S.P.I.C.E. Kitchen Incubator offers.

**Bamboo Fishing Rods**

Tuesday, May 7, 2019, 12:00 PM
802 W 500 S, Midway, UT 84049

Bamboo Fishing Rods will demonstrate the major steps in the process of building a fly rod from a 30 foot stalk of bamboo. Each bamboo pole starts as one 12 ft. length about 2.5 inches in diameter and will yield a single fly rod. Owner Jason Zicha will encourage an open discussion about the work. Please wear appropriate clothing and shoes.

**A. Ray Olpin Union Building and Programming Tour**

Wednesday, May 8, 2019, 1:30 PM
200 South Central Campus Drive, Room 255, Salt Lake City, UT 84112

Join Union Director, Whit Hollis, for a tour of the University of Utah’s Historic Union Building. The A. Ray Olpin Union is the community center of campus that complements the academic mission of the University. The Union cultivates an environment that serves students by providing social, cultural, leadership and co-curricular opportunities. The Union values diversity and promotes a safe and welcoming atmosphere where students are inspired to realize their potential. In addition to students, The Union is open to faculty, staff, alumni, and guests and is home to an array of various services ranging from health, counseling, radio programming, dining, banking, bowling and leisure, and uCard services.

**Pioneer Theatre Backstage Tour – Grease**

Monday, May 13, 2019, 5:00 PM
300 S 1400 E, SLC, UT 84112

Backstage tour of the Pioneer Theatre Company (PTC) during its production of *Grease*. Meet Artistic Director Karen Azenberg in the lobby at 5 PM sharp, and then spend the next hour seeing what’s going on backstage that month. You will see behind the scenes of PTC’s current production of *Grease* and learn more about next season’s productions. Osher is currently arranging to get free tickets to the dress rehearsal of *Grease* that same evening.

**Aggie Chocolate Factory Learning and Resource Center**

Saturday, May 11, 2019, 11:00 AM
1111 N 800 E Suite 140, Logan, UT 84341

The Aggie Chocolate Factory is a new venture of the Food Science Department of Utah State University (USU) in Logan. It opened November 2018 just off campus. It’s a bean-to-bar operation beginning with the international sourcing of cacao beans which are picked, fermented, and dried before shipping to USU. At the factory the beans are sorted, roasted, then placed in a winnower machine where they are crushed into chocolate nibs and pre-grinded. The nibs then go into a melanger machine where they are mixed into liquid and refined. Sugar and other ingredients are added to develop the sweet taste of chocolate, then the liquid is poured into blocks to be aged, tempered, molded into chocolate bars then packaged for the public to buy. This chocolate will also be used in the Famous Aggie Ice Cream. You can observe the process through glass, have a sample, and may buy some bars to take home.

**Pioneer Theatre Guild Luncheon at The Alta Club with the Cast of Grease**

Monday, May 13, 2019, 11:00 AM
100 E South Temple, SLC, UT 84111

Join the President of Pioneer Theatre Guild for a luncheon at The Alta club that includes in-person discussions with actors from current and upcoming productions. The mission of the Pioneer Theatre Guild (PTG) is to foster and promote community interest in and financial support of the Pioneer Theatre Company (PTC). Join the PTG at their monthly luncheon at The Alta Club and have a principal actor from PTC’s production of *Grease* join your table. $40 covers your delicious lunch as well as a portion of the actor’s lunch. Meet at 11:00 AM to visit with Doyle Clayburn and learn more about the guild and its activities. Visit with your guest actor and hear other cast members talk about the production and their experiences. Listed online as an Osher class.

OSHER 631-001
SPECIAL FEE: $40

**Salt Lake Culinary Institute**

Monday, May 13, 2019, 11:30 AM
2233 S 300 E, SLC, UT 84115

This event is a Live Demonstration: Chef’s Table
Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.

Lunch. Salt Lake Culinary Education (SLICE) is one of the limited cooking schools in the Salt Lake area for the home cook offering a wide variety of hands-on culinary experiences for people of all skill levels in SLICE’s three kitchens. SLICE believes that eating well and breaking bread with others are two of life’s greatest pleasures and are the heart of every day cooking. At this event you will enjoy a three-course gourmet lunch while you watch the chef’s preparation. You may participate by asking questions and join at the counter to learn some techniques from the chefs. Additionally, there will be a TV that allows everyone to see how the meal comes together. Listed online as an Osher class.

OSHER 627-002
SPECIAL FEE: $30

Utah Fire Museum
Thursday, May 16, 2019, 11:30 AM
2930 UT-112, Grantsville, UT 84029
The Utah Fire Museum in Tooele County houses vintage fire apparatus and a diversity of interpretive displays capturing the history, dangers, demands, and rewards of the firefighting profession in the state of Utah.

Suggested donation: $2
Note: Deseret Peak Complex on SR112 between Tooele and Grantsville, 2930 W Highway 112

Utah State Archives
Friday, May 17, 2019, 10:30 AM
346 S Rio Grande Street, SLC, UT 84101
A highly sophisticated and state-of-the-art storage and retrieval system exists here in Salt Lake City: the Utah State Archives and Records Service. The purpose of the State Archives is to “[A]ssist Utah government agencies in the efficient management of their records, to preserve those records of enduring value, and to provide quality access to public information.” On this tour you’ll get to see the original Utah constitution, muster rolls for one of the wars, and other incredible documents.

Uinta Alpaca Ranch
Monday, May 20, 2019, 12:00 PM
450 N 200 W Willard, UT 84340
One of human kind’s oldest insulators, alpaca is the ultimate natural fiber: resilient, breathable and capable of regulating body temperatures. We love these amazing, gentle creatures. Alpacas have turned out to be a wonderful, rewarding adventure that we love to share with people of all ages. We are committed to breeding the highest quality alpacas in the most human and caring manor. We would love to share an afternoon with you at our farm.

Hogle Zoo Tour
Tuesday, May 21, 10:00 AM
2600 E. Sunnyside Avenue, Salt Lake City, UT 84108
Come learn about what goes into building and running the Zoo in this one-hour walking tour. We’ll see some animals and talk about Zoo history and what goes into providing top-notch animal care for everything from millipedes to elephants.

Department of Environmental Quality Landfill Tour
Wednesday, May 22, 2019, 1:00 PM
195 N 1950 W, SLC UT 84116
The landfill is an engineering marvel that not only collects your garbage but takes great pride in keeping our environment safe as it immobilizes your unused items.

Gilgal Sculpture Gardens
Wednesday, May 22, 2019, 10:00 AM
749 East 500 South, SLC, UT 84102
The only designated “visionary art environment” in the state of Utah, Gilgal Sculpture Garden contains 12 original sculptures and more than 70 stones engraved with scriptures, poems, and literary texts from the LDS Church. The garden is filled with symbolic statuary from the LDS Church, including a sphinx with Joseph Smith’s head. Over the years, many restorations and citizen-led preservation efforts have helped keep the structures intact and close to their original design by LDS businessman Thomas Battersby Child, Jr.

Department of Environmental Quality Sewage Treatment Tour
Wednesday, May 29, 2019, 11:00 AM
1365 W 2300 N, SLC UT 84116
Have you ever wondered what happens to the water/waste when you take a shower or flush the toilet? This tour is for you! We will tour the sewage treatment plant and learn the steps taken to insure that our waste, shampoos, and food scraps are properly removed.

Olympic Park Tour
Friday, May 31, 2019, 10:00 AM
3419 Olympic Pkwy, Park City, UT 84098
The site of bobsled, skeleton, luge, ski jumping, and Nordic combined events for the 2002 Winter Olympics, the Olympic Park is one of the most recognizable winter

more information on page 31
sports parks in the U.S. Today, it serves as a seasonal training site for Olympic athletes and hopefuls, as well as various sports competitions throughout the year.

Utah Media Group Production Facility Tour
Friday, May 31, 2019, 11:00 AM
4770 S 5600 W, West Valley City, UT 84118
Reaching over 1 million adults in Utah every week, Utah Media Group is Utah’s leader in media services. The media group was incorporated in 1952, then called the Newspaper Agency Corporation, and became the joint advertising, circulation, and production wing of The Deseret News and The Salt Lake Tribune. Fast forward to now, their portfolio includes magazines, niche publications, events and event management, mobile news services, delivery services, real estate, and much more.

Peace of Mind Meditation Chapel
Friday, May 31, 2019, 12:00 PM
370 North Canyon Road, SLC, UT 84103
Tucked into the east hillside of Memory Grove in Salt Lake City is a small, four-columned edifice known as Meditation Chapel. The chapel was built in the years immediately following World War II as a memorial to fallen service members whose bodies were never recovered or given a proper burial. Today 310 ground markers in the area on either side of the chapel honor them.

Walking Tour of Salt Lake Cemetery
Saturday, June 1, 2019, 10:00 AM
200 N St E, SLC, UT 84103
The Salt Lake City Cemetery is the largest public cemetery in the country and is the final resting place to over 100,000 people. Within its boundaries there are three Jewish cemeteries, numerous veterans’ areas, special monuments, various forms of art, mysteries and urban legends. The cemetery is a historical treasure of famous and infamous that made their mark on Utah.

Frog Bench Farms Tour
Thursday, June 20, 2019, 10:00 AM
SLC, UT
Frog Bench Farms (FBF) is an organic Urban Farm located at the bottom of the Wasatch foothills in Salt Lake City growing 1.5 acres of high quality organic veggies, herbs, fruits, nuts, micro-greens and edible flowers since 2012. The greenhouse is 2,875 square feet of raised planters and racks. Whenever possible, all plants are started on site from seed. The greenhouse and farm are on automated irrigation systems. Cold frames and low/high hoop houses are used to extend seasons. Sales are primarily to local restaurants and caterers. Paula and Joe Sargetakis are the owners and operators along with head farmer Stacy. 
NOTE: Location TBA

Localscapes and Plantings 101
Wednesday, April 3, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Cynthia Bee, Outreach Coordinator, Jordan Valley Water Conservancy District
Landscaping in Utah is hard. Whether your landscape takes too much time to manage while providing too little payoff for the effort, lacks curb appeal or simply provides no enjoyable reason to spend time outdoors, the way we’ve been landscaping doesn’t work for Utah. In this class, we’ll learn about the new five-step Localscapes method for creating gorgeous landscapes that look great and function well – in the climate we
actually have. Localscapes provides solutions for the ten most common landscape challenges while creating lush-looking spaces that actually conserve water too. If you have wanted to make changes to your yard but felt overwhelmed about getting started or worried about making mistakes, this is one class you won’t want to miss.

UMFA – An Overview of What’s Happening
Wednesday, April 10, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Gretchen Dietrich, Executive Director, UMFA
The Utah Museum of Fine Arts (UMFA) at the University of Utah is your destination for global visual arts. From ancient objects to the latest contemporary works, the UMFA galleries—reimagined and remodeled in 2017—case the breadth and depth of human history and creativity. The Museum’s collection of nearly 20,000 original works of art is the most dynamic in the region. As the fine arts museum for both the state and the University, the UMFA is a vibrant hub for cultural exchange among campus and community audiences.

Preventing Opioid Overdose Deaths: The Role for Naloxone Rescue Kits
Wednesday, April 17, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Jennifer Plumb, MD, MPH, Associate Professor of Pediatrics, Pediatric Emergency Medicine, Medical Director Utah Naloxone, Department of Pediatrics, U Poisoning/overdose is the leading cause of injury death in the state of Utah with some of our counties showing some of the highest rates in the nation. Overall, Utah has been as high as 4th in the U.S. for overdose deaths as recently as 2014. Opioid overdose is reversible through the timely administration of the drug naloxone (Narcan®) and the provision of emergency care. With efforts to improve naloxone access, change prescribing patterns, and increase community awareness, Utah has been able to show improvement and has dropped to 21st in the nation (2016). Most recently, Utah was one of only a handful of states to show a decrease in overdose deaths in 2017 (CDC, 2018). However, the overdose death rate remains greater than 21/100,000 residents of Utah, and we continue to lose at least one Utahn every single day.

Saving the Monarchy: One Milkweed at a Time
Wednesday, April 24, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Rachel Taylor, Citizen Scientist and Monarch Butterfly Enthusiast
Rachel enjoys spending time with her golden retrievers, hiking, and riding bikes in the foothills of Salt Lake City. In addition, she loves the flora and fauna of the Mountain West and is currently a “citizen scientist” and Monarch butterfly enthusiast, helping to restore milkweed and Monarchs who are in rapid decline. The monarch butterfly population in north America has plummeted by over 90% in just the last 20 years. Destruction of America’s grasslands ecosystems, commercial agricultural practices and even conventional gardening have all contributed to the precipitous decline of this iconic species. One of the biggest factors in monarch decline is the increasing scarcity of its only caterpillar host plant: milkweed. Without milkweed, monarchs can’t successfully reproduce and the species declines. By planting milkweed in your own garden, landscape and throughout your community, you can help reverse the fortune of these beautiful insects.

Sustainability at the U
Wednesday, May 1, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Myron Willson, Deputy Chief Sustainability Officer, Sustainability Office, University of Utah
The Sustainability Office works to integrate sustainability as a core principle throughout operations, research, and education at the University of Utah and to support initiatives that cultivate the campus as a living laboratory. We work to create a culture of responsibility by integrating the values of sustainability in all facets of the University of Utah and to serve as a model for what is possible by: collecting data and best practices to track progress and implement change; connecting campus sustainability practices, programs, and people; creating a living, learning laboratory on campus; catalyzing and leading the campus community toward action; and communicating campus sustainability initiatives and successes.

more information on page 33
Resources beyond Earth – Mining Asteroids and the Moon
Wednesday, May 8, 2019, 12:00pm – 1:00pm
Commander’s House, Fort Douglas
by Angel Abbud-Madrid, Ph.D., Director of the Center for Space Resources at the Colorado School of Mines
Angel Abbud-Madrid leads a multidisciplinary research program on the human and robotic exploration of space and the utilization of its resources. He is also the Director of the Colorado School of Mines Space Resources Program, the first academic program in the world focused on educating scientists, engineers, economists, entrepreneurs and policymakers in the developing field of space resources. Join fellow Osher members as Dr. Abbud-Madrid explains the natural resources that exist on the moon and how NASA missions have discovered silicon and water on the moon. He will also discuss mining for resources on the asteroids between Mars and Jupiter. Learn how science is making something you might have only imagined a reality.

Date Lunch and Learn Lecture
3/27/19 Red Butte Garden – From Early Origins to Preset Day Operations and Beyond
4/3/19 Localscapes and Plantings 101
4/10/19 UMFA – An Overview of What’s Happening
4/17/19 Preventing Opioid Overdose Deaths
4/24/19 Saving the Monarchy: One Milkweed at a Time
5/1/19 Sustainability at the U
5/8/19 Resources beyond Earth – Mining Asteroids and the Moon

INSTRUCTORS

W. Lindsay Adams
Augustan Settlement
Self-portraits are tough, and best when succinct. I am an Army Brat. My Mother was from Virginia, and my Father’s family from Boston, which meant I grew up with books and history. It also meant that I got used to new environments, made friends easily, and grew up with kids from every background. That has stood me well in the 44 years I have lived and taught in Utah. On the 50th anniversary of my prep school graduation, they tasked us with a guess then at what we would do in life. Mine said I wanted to go to the University of Virginia, study History, and teach at a college or university – it very much surprised me that I knew that much about myself at the age of 18, but it was more feasible than saying I’d be catcher for the Boston Red Sox. I have been lucky to spend my life among interesting people (both from Antiquity and from the present). I got to do what I had wanted to do all along, among gifted colleagues and students. I am even luckier to be able to continue doing that with Osher. And now, I look forward to meeting YOU!

Joon Bae
Korean Ink Painting: Brush to Rice Paper 2
Gemma Joon Bae has been painting with traditional Korean ink techniques that she learned from her Grandfather and Father, a renowned calligrapher in her hometown, and from old teachers in Korea since an early age. Upon moving to Salt Lake City in 1984, she took a break from art to raise her family. She began painting and writing again in the late ‘90s and received a BFA from University of Utah. Her old training influences her work as well as her spirituality today. Her paintings strive to express a truth behind what is seen. She paints with thanks towards living things. In the narratives of her paintings, Bae wants to reveal an eastern philosophy through symbols and metaphors. Like a line in an old poem, she hopes that her work is sensed and stays in the heart, and that she might slip meaning into the hearts of those that see her paintings.

Jennifer Hamilton
Foreign Policy Association: Great Decisions
Jennifer brings 20 years of nonprofit and small business experience to Utah Council for Citizen Diplomacy. She is an active volunteer for several local nonprofits, is a Rotarian, and sits on the Bear River Heritage Council. She brings a creative and thoughtful approach to event design and enjoys ensuring our guest speakers and their audiences have the best experience. In her free time, she enjoys exploring wild places, collecting urban contemporary art, growing her own food, and tiny house living with her two daughters.

Ken Baxter
Plein-air Oil Painting and The Art of Sketchbooking
Kenneth Bischoff Baxter earned a BFA from the University of Utah where Alvin Gittins, a portraitist, and Frank Ericson, a landscapist, were his mentors. He later earned an MFA more information on page 35
A Life-Changing Experience

As you think back on your school days, you’ll remember how a passionate teacher could inspire you and sometimes even change your life. Well, prepare for a new round of inspiration because Osher instructors give their hearts and souls to their subject matter. Their passion is contagious and will ignite your own fervor for learning—and quite possibly, change your life.
from Utah State University. Baxter began his professional career as a traditional-realist known for his paintings of the historical reconstructions of downtown Salt Lake City. His works reveal his talent for composition and brushwork. After being influenced by LeConte Stewart, he began to paint his immediate outdoor environment. As founder of the plein-air school in Utah, Baxter influenced the aesthetic lives of many Utah artists. Baxter’s paintings Sheds Near Herriman (1991), Gloxinia No. 2 (1981), Truck Farm (1970), and Mecham’s Boots (1973), his first attempt at realism, are featured in the Springville Museum of Art permanent collection.

Linda Bayes

Bon Voyage! French for Travelers 1 and Bon Voyage! French for Travelers 2

Linda Bayes is passionate about all things French. Holding a Bachelor of Arts major in French from the University of Utah, she completed advanced courses at UCLA, California State University, and BYU. She has studied a variety of subjects in France on multiple occasions and traveled through the country eleven times. A retired language teacher and former Osher instructor on French culture, she is active in multiple associations advocating French language and culture. Linda served as the Attachée for the French Olympic Committee in 2002.

Chris Biltoft

Meterology Online

Christopher has a BS in Engineering from the United States Military Academy, a BS in Meteorology from St. Louis University, and an MS in Meteorology from the South Dakota School of Mines and Technology. After serving in the US Air Force and working a year for the Tennessee Valley Authority, he began a 35 year career at US Army Dugway Proving Grounds. While there, he was a meteorologist and the field test program director. His background experience includes synoptic meteorology, weather forecasting, instrumentation, atmospheric turbulence and dispersion. He has authored numerous articles in scientific journals.

Rob Branch

Kill the Messenger: Journalism in the Cross-hairs

Rob Branch earned his BA in Communications from Anitoch University in Santa Barbara, California. He has 40 years experience working as a journalist in print, radio, and television, as well as 30 years experience as a community college Associate Professor of Journalism, Radio, TV, and English.

Jennifer Brown

Leonardo da Vinci and His Legacy

Dr. Jennifer Brown received her PhD in Art History from Johns Hopkins University. She lived, conducted research, and taught in study abroad programs in Europe for 10 years before returning to her native Utah. In addition to her publications and teaching in art history, Dr. Brown has received numerous awards for her work promoting the humanities, fine arts, and educational equity.

Bernadette Brown

Travels Along The Silk Road

Bernadette Brown worked as the Curator of African, Oceanic, and New World Art at the Utah Museum of Fine Arts. She earned an MA in Anthropology and a Certificate in Museum Studies from New York University and a BA in Anthropology with a minor in Art History and Archaeology from Hunter College.

Tim Brown, Cooper Farr, and Bryant Olsen

Exploring the Jordan River Parkway: Birds, Other Wildlife and Plants

Three instructors will take turns leading this course. Tim Brown, a native of Salt Lake, is President/CEO of Tracy Aviary and received a wildlife biology degree from the University of Vermont. Cooper Farr is Tracy Aviary’s Director of Conservation and received a Masters in Wildlife Biology from Colorado State University. Bryant Olsen is a Conservation Scientist at Tracy Aviary and the 2018 Utah Birder of the Year.

Larry Campbell

Coming Technologies and Natural Events

Dr. Campbell earned his PhD in Electrical Engineering at the University of Utah in 1970 and specialized in Laser Doppler
Physics. He spent several years working in a classified federal government agency dealing with advanced optical, laser and telecommunications problems. He has lectured throughout the United States and Europe on advanced technologies such as fiber optics and Internet. He has testified in many high level court cases involving technology throughout the United States. He was president of IPG Inc., which developed software and transmission technology for distance learning to rural schools and health care centers.

Rob Carney
Wild and Wilder Literature

Rob Carney is the author of five books of poems, most recently *The Book of Sharks* (Black Lawrence Press, July 2018) and *88 Maps* (Lost Horse Press, 2015), which was named a finalist for the Washington State Book Award. In 2014 he received the Robinson Jeffers/Tor House Foundation Award for Poetry. His work has appeared in *Cave Wall*, *Columbia Journal*, and many others, and he writes a regularly featured series called “Old Roads, New Stories” for *Terrain: A Journal of the Built + Natural Environments*. Carney is a Professor of English and Literature at Utah Valley University, where he has won awards for his teaching. Originally from the northwest, he received a BA in English from Pacific Lutheran University (Tacoma, WA), an MFA in Creative Writing from Eastern Washington University (Spokane/Cheney, WA), and a PhD from the University of Louisiana-Lafayette. Since August 1997, he has lived in Salt Lake City.

Tim Chambless
*Current Issues In American Public Affairs & Politics*

Tim Chambless, PhD has taught seven different courses for the University of Utah’s Department of Political Science since 1987. He has also taught courses for the U of U’s Departments of Communication and History as well as the English Language Institute. He has worked for a Mayor and Governor in addition to a Senator and Congressman. He served over 20 years on the Salt Lake City’s Planning Commission and Board of Adjustment, and participated in over 30 political campaigns. Tim emphasizes current events and contemporary world problems in the student of American government as both an experiment in democracy and as a tool for solving societal problems. He has taught for Osher since January 2007.

Stacey Cole
*Singing for Shy Singers and More Singing for Shy Singers*

Stacey Cole is a voice coach, speech therapist, and singer, with a background in theatre and film. Until about seven years ago, she herself was a shy singer. Training with the natural voice network (in the UK) and as a Fitzmaurice Voicework® teacher opened the door to singing and (to her surprise) the discovery that she could sing. Now she sings in two choirs, performs in a band, and leads a local drop-in choir called CHOIR! CHOIR! SLC! She is dedicated to helping others experience vocal freedom and the fun of singing.

Marla Dee
*Live Free of Clutter & Get Organized at Last!*

Marla has been a professional organizer for 18 years and a teacher of the Clear & SIMPLE Way to get organized for 16 years. She is a master messenger and an international speaker. She has appeared on numerous TV, radio and podcast programs throughout the years. Marla is the author of *Get Organized, The Clear & Simple Way*, and *The ART of Letting Go*. She is a Certified Professional Organizer and former President of Utah Professional Organizers. If you are ready for a change, Marla will set you free of the clutter and chaos at last.

Terrell Dougan
*Writing Your Story*

Terrell Harris Dougan’s most recent book is a memoir, *That Went Well: Adventures in Caring for My Sister* (Hyperion, 2009). Other books include: *This is the Place: An Entertaining Guide* (1976-1986) with Jo Rose, and *We Have Been There: A Guidebook for Families of People with Mental Disabilities*. Her award-winning humor column appeared for 13 years in *The Deseret News*. More recently, she has been a blogger for *The Huffington Post* (You can read her work by googling Terrell Harris Dougan). She is at work on two books: an update of her memoir about her sister, *Normal People Worry Me*, and a memoir about growing up as a descendant of handcart pioneers.

Jonathan Duncan
*Landscape Photography*

Jonathan Duncan is an award-winning photojournalist with 801-581-7155 • www.osher.utah.edu more information on page 37
INSTRUCTORS

over 20 years experience traveling the world and telling evocative stories of the planet’s geography and culture. He has served on the faculty of Westminster College, Western Washington University, and the Art Institute of Portland. The Himalayas and Eastern philosophy have been a driving passion in his life and work since his first trip into Nepal in 1993.

Chris Dyson
Calligraphy: Alphabets and Decorated Letters and Cultural Geography

Chris Dyson received a BA in English and a Master’s of Education from the University of Utah. Before retiring in 2016, she worked for Granite School District for 16 years as a classroom geography teacher and as a Teacher Specialist at the District Office for 11 years. While working at the District Office, she coordinated a Character Education/Service Learning Program for 90 schools and also served as a national trainer for the Community of Caring Program. She began teaching Cultural Geography for Osher in 2017.

Chris Dyson became fascinated with calligraphy over 40 years ago and has studied with international master calligraphers from across the US, Canada, and England. These include studying at St. John’s University in Minnesota under Donald Jackson, Scribe to Queen Elizabeth, focusing on ancient alphabets and illuminated letters. She has taught calligraphy classes in the public schools and also though Community Education. Her pieces have received Best of Show and Honorable Mention awards in juried exhibits.

Alan Eastman
Water: The New Oil?

Alan Eastman has a PhD in Chemistry from the University of Utah. During his nearly 30 years working in the research department of a major oil company, Alan acquired some 35 patents in refinery processes and on-line process control. After taking an “early retirement,” he established a startup geothermal energy company. Alan’s experience in several facets of the energy industry has given him a unique perspective from which to view our country’s energy problems and the potential solutions.

Wayne Egan
The Songs and Career of Bing Crosby

Kenneth Egan has a PhD in German from the University of Texas at Austin. He taught at the University of Texas, Westminster College, and the University of Phoenix. His avocation is traditional jazz piano. He is an adept improvisor, well versed in basic jazz harmony and the songbook that will be the subject of the course. He has lectured on the great American songbook for private groups for several years and has recorded and produced three CDs on the Nuance label.

Janet Faught
Correspondence Art

Janet Faught is an artist and calligrapher living in Midvale, Utah. She has taught students of all ages since the 1970’s. She has a BS in Biology and a BFA in Art. She has many interests including; ceramics, painting, drawing, mail art, calligraphy, printing, reading, knitting, philately, letter writing, plus many others.

Bob Faught
The Philosophy of Yoga Part 1

Robert Faught received a BA in Psychology from the University of California Riverside, and an MA in Psychology from Pepperdine University. He worked for eight years as a mental health therapist for the Riverside, California Mental Health Department. He has been interested in Yoga since the age of 12, and at age 13 (1958) he met and was initiated by the Maharishi Yogi into Transcendental Meditation. In the 1970s he lived in an ashram in Pomona, California for five years, following the Sikh Dharma and learning Kundalini Yoga from Guru Yogi Bhajan PhD, a master Kundalini Yogi from India. During the 70s he taught Yoga to his peers at the Mental Health Department and at the local City College. Currently he is a member of Swami Yogananda’s Self-Realization Fellowship studying Kriya Yoga.

Santosh Gandhi
An Introduction to Hinduism and Its Most Sacred Text: The Bhagavad Gita

Santosh Gandhi earned MSc in Physics from Punjab University in India and a Master’s in Electrical Engineering from the University of Utah. She worked as a Senior Software Developer and project manager for 3M Health Information Systems in Utah for 25 years. After retirement she spends lot of her time enjoying her six grandchildren and the study of Vedanta and Sanskrit and enjoys teaching the same.
Denise Gibson
Dance Fitness
Denise Gibson was a professional ballroom, swing, and jazz dancer for over eight years and has been teaching ballroom dance, step aerobics, dance aerobics, kickboxing, and spinning for over 30 years. She is the founder and owner of a continuing education provider for fitness professionals.

Laura Milliken Gray
Estate and Disability Planning Institute: A Primer for Peace of Mind
Laura Milliken Gray is an attorney practicing law in Salt Lake City and surrounding areas. Since 1996, she has owned and operated her own law firm specializing in estate and disability planning, business and elder law and protecting the rights of Utah’s LGBT community. Laura serves as Of Counsel to the law firm of Buckley King.

Martha Hales
The Gifts of Imperfection Part 2: Continuing Art Journaling and SoulCollage® for Beginners: Using Intuitive Collage to Engage Your Inner Sage
Martha Hales studied social work and organizational behavior at BYU. She loves using creative expression to explore the inner landscape. After a career developing corporate training programs, she studied to become a spiritual director and finds joy in helping others cultivate an authentic and resilient spiritual life. She is a certified facilitator of Brené Brown’s “The Daring Way and Rising Strong” courses. She also teaches SoulCollage®, an intuitive collage technique designed to connect with our inner wisdom.

Steve Hall
World War II in the Pacific
Stephen C. Hall, (Colonel, USAF retired) is a former Senior Fellow at L-3 Communications Systems-West (CS-W), Salt Lake City, Utah. He is a 1967 graduate of the Georgia Institute of Technology and received his Master’s Degree in Management from Troy State University in 1976. Colonel Hall lectures on World War II history at Georgia Tech, Morehouse College, BYU, and the University of Utah.

Merry Harrison
Spring Herb Gardening
Merry Lycett Harrison, RH (AHG), is the owner of Millcreek Herbs, LLC, in Salt Lake City, Utah. A trained clinical herbalist and professional member of the American Herbalists Guild, she received her training from Michael Moore of the Southwest School of Botanical Medicine in 1998. She’s studied ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University. Merry is an author and researcher whose work can be read in the HerbalGram; the Journal of the American Botanical Council and Utah’s own Catalyst Magazine. She teaches classes on medicinal and culinary herbs, herb gardening, harvesting, preparations, and she is also the creator of Thrive Tonic.

Chris Horner
Two by Shakespeare - All’s Well That Ends Well and Cymbeline and Three by Aeschylus — The Oresteia Trilogy
Chris Horner has an MA from City College, New York and a PhD from the University of Utah, both in literature. He has taught literature and composition at the University of Utah, Weber State, Westminster College, and Salt Lake Community College.

Julie Howell
Everyday Mindfulness
Julie Howell is a Certified Mindfulness Facilitator (CMF) who trained at the Semel Institute at UCLA, Mindful Awareness Research Center. She continues to enjoy a decades-long meditation practice. She works at the Huntsman Cancer Institute, and facilitates mindfulness-based classes for patients and staff. Having personally experienced the benefits of a mindfulness practice, she delights in teaching the practical application of mindfulness to everyday life, and the experiential practice of meditation.

Dixie Huefner
Standing Up for Utah’s Needs: A Call to Action
Huefner is a retired professor of special education law at the U. Her course will feature a dozen members of the Utah Citizens’ Council—a nonpartisan group of senior citizens with a great deal of public policy experience collectively. Huefner is one of the current leaders of UCC. Each session will be led by 2-3 members with particular expertise in the session topic.
Sally Humphreys  
Utah Symphony - Finishing Touches Preview  
Sally loves to keep a busy schedule as a free-lance musician, playing flute and piccolo with the Ballet West Orchestra, the Utah Symphony, and the woodwind quintet Aspen Winds. She maintains a private flute studio and also teaches at Westminster College. She is President of the Utah Flute Association and is acting as the local arrangements chair for the National Flute Association when they bring their annual convention to Salt Lake City in 2019.

Jennifer Johnson  
Examining the Criminal Mind  
Jennifer Johnson is a Supervisory U.S. Probation Officer with the U.S. Probation and Pretrial Services Office in Salt Lake City. She has worked in the federal criminal justice system for over 20 years working on cases involving white collar crime, robbery, immigration, internet sex crime, sex trafficking, firearms, crimes committed on Native American reservations, and drug trafficking. Her roles have included, preparing sentencing report investigations for the Court, supervising offenders who are reentering the community after incarceration, and completing sentencing mitigation assessments. In addition to her work with the federal court, she is a Licensed Clinical Social Worker and teaches at Westminster College in Justice Studies and Psychology, focusing on the impact of drugs on society. She has taught previously for the Osher Institute and Salt Lake Community College. She completed her undergraduate work at the University of Utah and her Master’s in Social Work (MSW) from Smith College. When she is not working or teaching, she is an avid runner and cyclist.

Gordon Jones  
King Arthur and The Matter of Britain  
Gordon has academic degrees in history (Columbia), Education (Stanford), and Political Science (George Washington), but these are the smallest part of his education. A musician, an actor/director, a linguist, a cruciverbalist, and a polemicist, Gordon has traveled thru virtually every state of the United States and many foreign countries, learning as he went. Always, he has been a reader, consuming (on average) five books a week, and that for a very long time. His goal now is to bounce ideas off others about The Matter of Britain and anything else that might come up.

Walter Jones  
The Fascinating Fifties: A Decade of Possibilities and Vietnam and Indochina Wars  
Walter Jones, retired Head of Western Americana at the J. Willard Marriott Library, teaches history at Salt Lake Community College. He has Master’s degrees in Library Science from BYU and in History from the University of Utah. Walter was a Korean linguist in the U.S. Army (four years active duty and 23 years Reserves), and in the National Guard. He has presented papers and written about the Vietnam War.

Rod Julander  
American Political Values: Why We Talk Passed Each Other With Little Understanding  
Rod Julander graduated from the University of Utah with a Master’s in Philosophy. In 1984 he earned a PhD in Political Science. He served as the chairperson of the Department of Political Science and Philosophy at Weber State University. In the 1970s he was a member of the Utah Senate, and in the 1990s was the vice-chair of the Utah Democratic Party.

Abdulnaser Kaadan  
History of Medicine and Islamic Civilization  
Dr. Abdulnaser Kaadan arrived in the U.S. in December of 2016 as a refugee from the Syrian crisis. He was an orthopedic surgeon and a professor of the History of Medicine at Aleppo University. He now teaches as a Visiting International Professor at Weber State University’s History Department. His courses include the History of Medicine, the History of Science, the History of the Middle East, the History of the Syrian crisis, and the Islamic Renaissance. Professor Kaadan founded the International Society for the History of Islamic Medicine, and still serves as its President and Editor of its journal. His work and writing led him to be nominated for the Nobel Prize in 2012.

Luke Kelly  
Illicit Loot: Nazi Germany and the Systematic Plunder of Art  
Luke Kelly is Associate Curator of Collections and Antiquities at the Utah Museum of Fine Arts. For the museum’s reopening in August 2017, he curated the new
Chinese and South Asian installations as well as revamping the ancient Mesoamerican and Mediterranean exhibits. In addition to conducting provenance research on the ancient Greek, Roman, and Egyptian art in the permanent collection, he has researched and lectured on the issues surrounding the collecting of ancient art.

Harry Keshet
The Brain, Emotional Style, Meditation and Well Being and Spiritual Gandhi: How He Changed Himself and the World
Harry Keshet, PhD, is a clinical and organizational psychologist with degrees from the University of Michigan and Temple University. He has taught social science at the University of Massachusetts and spiritual classes at the Osher Lifelong Learning Institute at Chico State University in California. He brings personal and academic knowledge, humor, and joy to his classes.

Kathryn Carlisle-Kesling
Estate and Disability Planning Institute: A Primer for Peace of Mind
Kathryn J. Carlisle-Kesling (“Kate”), has extensive experience with estate planning. With a thorough understanding of the intricacies involved in real estate, business planning, leasing and conflict avoidance, she prepares individualized trusts and plans that protect assets for future generations. Kate is a shareholder with the law firm of Buckley King.

David Keyes
Balanced Bodies and Tai Chi for Fall Prevention
David Keyes completed his yoga teacher training soon after retiring from Salt Lake City School District. He teaches yoga, Qigong, and other healthy living classes in the community.

Brian King
Culture of Utah Politics
Brian S. King is a native Utahn, obtained his undergraduate degree in Economics and his JD from the University of Utah College of Law. He was elected to the Utah House of Representatives representing District 28 in 2008 and currently serves as the Leader of the Democratic Caucus. He serves as a Board member of the ACLU of Utah, of the Rape Recovery Center, and of Utah’s Hogle Zoo. He has served as the Chair of the Judicial Conduct Commission and the President of the Utah Association for Justice (formerly, the Utah Trial Lawyers Association). He has practiced law in Salt Lake City for over 30 years and represents individuals with denied life, health, and disability claims.

Pat Lambrose
Google Maps: Becoming a Custom Map Maker
Pat Lambrose has a BA in Recreation and Youth Leadership, a BA in Education, and an MEd in Technology and Computers, all from the University of Utah. She taught in middle and high schools and was an instructional technology facilitator in Salt Lake City School District. As a retiree, she is now pursuing her passion for outdoor adventures like backcountry skiing hut trips in Canada, cycling in Europe, and river running. Pat coordinates statewide geospatial technology opportunities.

Margaret Landesman
Portraiture in the 19th Century: France, Britain, and America
Margaret is Emeritus Faculty of the University of Utah, where she served as the Head of Collections Development at Marriott Library for many years. She has a BA in Philosophy from Oberlin College, a Master of Library Science from University of Southern California, and spent two years as a graduate student in Art History at Stanford University. Margaret is also a volunteer docent at the Utah Museum of Fine Arts.

Bill Laursen
Drawing Workshop
Bill Laursen, a well-known Salt Lake area artist and educator, has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art Award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival. Bill is a member of the Salt Lake County Art Selection Committee.

Debbie Leaman
Re-Imagining Your Life: A Creative Aging Writing Workshop
Debbie Leaman’s writing has appeared in numerous local,
Jeanne Leber

**Becoming a Birdwatcher**

Jeanne Leber has a BA in English Literature and a Master’s in Library Science. A passionate bird watcher for the past 35 years, Jeanne has studied and birded with Terry Tempest Williams, Ella Sorenson, Mark Stackhouse and other experts. As a result of this excellent mentoring, Jeanne has a Utah bird list of 324 species, a North American bird list of 530 species and an international bird list of 1100 species. Jeanne regularly participates in local bird counts including the Salt Lake City Christmas Bird Count, the Jordan River CBC (as the lead compiler), and the Brighton Bird Count, held in July. She is also an active participant with the Strawberry Valley Bluebird Box Trail, on which 100 nesting boxes are maintained in the Strawberry Valley.

Georgette Leventis

**Examining the Criminal Mind**

Georgette Leventis has worked in the state and federal criminal justice systems for the past 26 years. She has been employed as a courtroom deputy clerk, Third District Juvenile Court Intake Officer, U.S. Probation and Pretrial Services Officer, an Investigator and Mental Health Mitigation Specialist for the Federal Public Defender’s Office, and in her current position as an Assistant Deputy Chief U.S. Probation Officer. She is also a Licensed Clinical Social Worker and has taught previously for the Osher Institute and the College of Social Work at the University of Utah. She is a proud graduate of the U (having received two B.A.’s and an M.S.W. there). One of her favorite accomplishments may be emceeing the Women’s Redrock Music Festival for five years. She is excited to be teaching at Osher again with her friend, Jennifer Johnson, and looks forward to exploring criminal thinking and behavior with their students.

Carol Masheter

**Optimal Aging: Examples from Mountaineering**

Carol Masheter, PhD, has been a research chemist at Wesleyan University, Middletown, CT, and University of Connecticut Health Center, Farmington, CT; an assistant professor in human development and relationships at Rutgers University, New Brunswick, NJ, and University of Utah, Salt Lake City, UT; and an epidemiologist at Utah Department of Health, Salt Lake City, UT. Now in her early 70s, she is a mountaineer, motivational speaker and author of two books about life lessons learned from climbing big mountains around the world: *No Magic Helicopter: An Aging Amazon’s climb of Everest* (2011) at age 61 and *Brightest of Silver Linings: Climbing Carstensz Pyramid in Papua* at age 65 (2014). Dr. Masheter is currently the oldest woman in the world to summit all nine of the Seven Summits, the highest peak in each continent. When she is not mountaineering, Dr. Masheter practices yoga, bicycles, lifts, snowshoes, climbs, works as a volunteer field paleontologist for the Natural History Museum and grows vegetables and flowers. Dr. Masheter is working on a third book about climbing the Seven Summits in her 60s. She has supported three foster daughters, two in Southern India and one in Tanzania.

Jill Meyer

**Portraiture in the 19th Century: France, Britain, and America**

Jill E. Meyer has a BA from the University of Utah and an MA from the University of Delaware in Art History. She enjoyed presenting public gallery talks while employed at the Metropolitan Museum of Art, Cooper-Hewitt National Design Museum, and IBM Gallery in New York City as well as the Winterthur Museum in Wilmington, Delaware. She currently serves as an Osher and Go Learn staff member, and is a volunteer docent at the Utah Museum of Fine Arts.

Rodger Newbold

**Intermediate Photography 6: Exploring Photographic Appearances, Looks & Movements**

Rodger is a 36 year veteran of teaching and performing photography. He attended the University of Utah, Utah State University, and Santa Fe New Mexico Photo workshops, as well as personal studies with Ansel Adams, Ruth Bernhard, Cole Weston and others. He has contributed to many books of photography and was named Photographer/Educator of the year by the Salt Lake Chamber of Commerce in 1997.
Roz Newmark
Yoga For All Bodies
Rosalind Newmark has been an active performing and visual artist for two decades. She has taught and performed throughout the United States. She holds a BA in dance and photography, studied at Rosella Hightower’s Le Center de Danse in France and has an MFA from the University of Utah in choreography. Ms. Newmark teaches dance, yoga, photography; plays fiddle, sings with various string bands, and operates as an independent artist in Salt Lake City, Utah.

Andy Pacejka
Forensic Science
Andrew Pacejka is the Forensic Scientist Manager for the Identification Section of the Utah Bureau of Forensic Services. He has been with the Bureau since 2002 and has been qualified in and completed casework in Forensic Serology, DNA Analysis, Crime Scene Response and Latent Prints. Andy has a BA in Biology from Illinois Wesleyan University, a MS in Biological Sciences from Illinois State, and did some post-graduate work at the University of Utah's Biology Department.

Rick Paine
Snake Kings and Warrior Queens: Politics Among The Ancient Maya
Rick Paine has been introducing University of Utah students to the wonders of Mesoamerican archaeology since 1995. Rick is an experienced Maya scholar and has conducted fieldwork at several Maya sites, as well as excavations in Turkey, and the United States. Rick is currently a member of the Mirador Basin archaeological project. El Mirador is a colossal pre-Classic Maya site, located deep in the Peten rainforest of northern Guatemala. El Mirador is a key to understanding the rise of Maya civilization.

Steve Patrick
Pass-thru Business: Life-infused Organizations
Steve Patrick might be viewed as a wild and crazy guy or as a guy who is filled with the deep joy that comes from life’s energies. He loves learning. He earned a Master's degree in Industrial Psychology at University of Utah and has continued to study psychology, epistemology, and philosophy. Steve’s previous career includes analytical and leadership work in business and education. He feels that what matters most is coming to view life as holding energies that are much deeper than cognitive studies can bring. What’s important is to see cognition as the limited tool it is in order to encompass the whole of life energies. Steve has experienced this transition along with the abundant sense of joy that comes with it.

Olga Savenkova
Story into Film: It Happened One Night, The Birds, and 2001: A Space Odyssey
Olga holds Bachelor’s degrees in Economics from Moscow State University and in Cultural Studies from Nizhny Novgorod State Linguistic University. She has an MA in Comparative Literary and Cultural Studies from the University of Utah, and is currently working towards her PhD in that department. She has been teaching advanced Russian and Introduction to the Study of Literature and Culture and has been a teaching assistant in a class on Classical Mythology at the University of Utah. She specializes in Plato, Modernism, and Queer Studies. In the classroom, she enjoys an open discussion format and free exchange of opinions.

Dave Smith
Hiking the Wasatch
David Smith has been hiking and skiing in the Wasatch Mountains for nearly fifty years. He is a Life Member of the Wasatch Mountain Club, and has organized many activities for the Club. He spent his professional life working in the mountain sports industry and enjoys having more time to hike and ski since he retired. He has a BS/BA from Regis College in Denver, Colorado and an MBA from Westminster College in Salt Lake City.

Sally Smith
The Lives of Girls and Women Part 2
Sally Smith owned and operated A Woman’s Place Bookstore for 10 years. She taught English literature for 22 years at Judge Memorial Catholic High School and West High School. She graduated from the University of Utah with a major in English and minors in History and French.
**INSTRUCTORS**

**Chris Stockslager**

*Lon Chaney, Sr.: The World's First Character Actor*

Chris graduated from Westminster College in 2015 with a BA in Classical Voice. He earned his MM from The Manhattan School of Music, also in Classical Voice, in 2017. Besides actively pursuing a career in jazz and opera, Chris’ interests include film history, music history, and vintage automobiles.

**Marcia Villa**

*Beginning Ukulele*

Marcia Villa is a self-taught ukulele player with a passion for the cheery little instrument whose Hawaiian name translates as “jumping flea,” and enthusiastically shares her love of the instrument and for music. Twenty years’ experience as a corporate trainer have honed her understanding of how people learn and given her an exceptional ability to teach new skills.

**Shannon Warenks**

*History of Funeral Service*

Born and raised in Salt Lake City, Mr. Warenks began his career in the funeral service industry in 1997. During training and apprenticeship, he attended Arapahoe Community College, graduating in 2002. After graduating, he was instrumental in the development of the Mortuary Science Program at Salt Lake Community College. Mr. Warenks served as an adjunct instructor from 2006-2012, program/curriculum developer, and the first PAC Committee Chairperson for the new program. In 2014, he received a bachelor’s degree in psychology from Utah State University.

With a strong background in family service and 20-plus years of serving families in Salt Lake and Davis County, he has developed a great relationship with the community and enjoys serving friends and neighbors. He is a current member of the National Funeral Directors Association, Utah Funeral Directors Association and the Cremation Association of North America.

**Debbie White**

*Creating Balance in Your Life, Creating with iPhoto and iMovie, and Internet Security*

Debbie White has over 30 years of experience in teaching. She earned her MEd at Westminster College and her Technology Endorsement via the eMIntS program. After an extended period teaching sixth grade, Debbie spent three years as an Apple Product Professional, teaching Mac and iPad basics and well as software programs such as iPhoto and iMovie. She enjoys teaching in a variety of settings, particularly with students as eager to learn as those enrolled in Osher Lifelong Learning Institute.

**Colleen Wood**

*Rococo, Neoclassicism and Romanticism – Age of Reason, Age of Passion!*

Colleen taught in Granite School District for over 40 years, including 29 years of Advanced Placement Art History. She also taught French, World History, Anthropology, and Financial Literacy. Between 1983 and 2008 she led students on tours in Europe and has recently led student tours in San Francisco. She is convinced of the importance of art within societies and how art reflects social values, culture, religious beliefs and political and economic conditions of the times.

**Warner Woodworth**

*How to Change the World*

Dr. Warner Woodworth is a social entrepreneur and Professor Emeritus at the Marriott School of Business, Brigham Young University where he has taught Third World Development, Microcredit, and Social Entrepreneurship. Author of 10 books and over 200 articles, he has been engaged in empowering the poor for over three decades. He holds a MA and PhD in organizational behavior from the University of Michigan. He has helped found and/or served on the boards of some 41 NGOs and projects including Mentors International (7 countries), Ouelessebougou Alliance (Mali), Unitus (23 nations), and HELP International (14 countries), among others. In 2017 alone the NGOs and MFIs he helped launch during past decades grew to over 8.2 million clients, and raised some $29 million, while training over 360,000 microentrepreneurs. He has been honored with the Faculty Pioneer Award for his global impacts from the Aspen Institute in NYC, the Social Entrepreneurship Teaching Award at the Skoll World Forum, Oxford University, and being the first Peter Drucker Visiting Scholar at the Drucker School, Claremont University in LA, among other recognitions. He was also appointed by Nobel Peace Prize Laureate Muhammad Yunus to the Advisory Board of Grameen America in NYC.
<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 9:30 AM| • Creating with iPhoto & iMovie (CH)  
                      • World War II in the Pacific (CH) | • Creating Balance in Your Life (CH)  
                      • Current Issues In American Public Affairs & Politics (CH)  
                      • Exploring the Jordan River Pkwy (SL)  
                      • Hiking the Wasatch (SL)  
                      • Meteorology Online (CE)  
                      • Travels Along The Silk Road (CE)  
                      • Water: The New Oil? (CH)  
                      • Yoga For All Bodies (SL) | • Becoming a Birdwatcher (CH)  
                      • Correspondence Art (CE)  
                      • Current Issues In American Public Affairs & Politics (CE)  
                      • Korean Ink Painting (CE)  
                      • The Fascinating Fifties (CH)  
                      • The Philosophy of Yoga Part 1 (CH) | • Culture of Utah Politics (CH)  
                      • Meteorology Online (CE)  
                      • Rococo, Neoclassicism... (CH)  
                      • Vietnam and Indochina Wars (CH) | • Utah Symphony (SL) |
| 11:30 AM| • The Lives of Girls & Women Part 2 (CH) | • Cultural Geography (CE)  
                      • How to Change the World (CE)  
                      • Internet Security (CH)  
                      • The Gifts of Imperfection Part 2 (CE)  
                      • Two by Shakespeare (CH)  
                      • Yoga For All Bodies (SL) | • Internet Security (CH)  
                      • Internet Security (CH)  
                      • Lunch & Learn | • History of Medicine (CH)  
                      • The Brain, Emotional Style... (CE)  
                      • More Singing for Shy Singers (MC)  
                      • Portraiture in the 19th Century (CH)  
                      • Three by Aeschylus (CH) | • Balanced Bodies (10) |
| 1:30 PM| • An Introduction to Hinduism (CH)  
                      • Current Issues In American Public Affairs & Politics (CH)  
                      • Drawing Workshop (10)  
                      • SoulCollage® for Beginners (CE)  
                      • Tai Chi Level 1 (10)  
                      • Wild and Wilder Literature (CH) | • Augustan Settlement (CH)  
                      • FPA: Great Decisions (CH)  
                      • Pass-thru Business (CH)  
                      • Re-Imagining Your Life (CE)  
                      • Spring Herb Gardening (CE)  
                      • Story into Film (CE) | • American Political Values (CE)  
                      • Calligraphy (CE)  
                      • Coming Tech. & Natural Events (CH)  
                      • Drawing Workshop (10)  
                      • French for Travelers 1 (CE)  
                      • Islamic Civilization (CH)  
                      • Kill the Messenger (CE)  
                      • King Arthur & The Matter of Britain (MC)  
                      • Live Free of Clutter (CH)  
                      • Spiritual Gandhi (CE)  
                      • The Art of Sketchbooking (SL) | • French for Travelers 2 (CE)  
                      • Standing Up for Utah’s Needs (CH)  
                      • The Songs and Career of Bing Crosby (MC)  
                      • Writing Your Story (MC) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE) | • Optimal Aging: Examples from Mountaineering (10)  
                      • Illicit Loot (CH)  
                      • Tai Chi Level 2 (10) |
| 3:15 PM| • Optimal Aging: Examples from Mountaineering (10)  
                      • Illicit Loot (CH)  
                      • Tai Chi Level 2 (10) | • Beginning Ukulele (10)  
                      • Estate and Disability Planning Institute (CE)  
                      • Examining the Criminal Mind (CH)  
                      • Landscape Photography (CE)  
                      • Leonardo da Vinci and His Legacy (CH)  
                      • Snake Kings and Warrior Queens (CH) | • French for Travelers 2 (CE)  
                      • Standing Up for Utah’s Needs (CH)  
                      • The Songs and Career of Bing Crosby (MC)  
                      • Writing Your Story (MC) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE)  
                      • Optimal Aging: Examples from Mountaineering (10)  
                      • Illicit Loot (CH)  
                      • Tai Chi Level 2 (10) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE) |
| 4:00 PM| • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH) | • Google Maps (CE)  
                      • Plein-air Oil Painting (SL) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE) | • Forensic Science (CH)  
                      • History of Funeral Service (CE)  
                      • Intermediate Photography 6 (CH)  
                      • Lon Chaney, Sr. (CE) |

**CLASS SCHEDULE**  
*Refer to individual class listing for details.*

**LOCATION KEY**  
(CE) Continuing Education Building (540 Arapeen Dr)  
(CH) Commanders House (411 E South Temple)  
(SL) Salt Lake City (see class listing for location)  
(SV) Summit Vista (3990 W Signal Peak Dr)
Maps & Directions

Commander’s House, Fort Douglas
Osher classes held at Ft. Douglas in Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Enter gates of Fort Douglas from South Campus Drive or Mario Capecchi Dr. Left at first stop sign. Left on the one-way street immediately before the Officer’s Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

Administrative and Registration Offices
The Osher offices are located at 540 Arapeen Drive in the University of Utah’s Research Park. Offices are on the second floor in room 280 and 263.

540 Arapeen Drive is on the corner of Wakara Way and Arapeen Drive. It is just west from the University of Utah Credit Bureau.

Tenth East Senior Center
237 S. 1000 E., Salt Lake City
The center is on the east side of the street. Parking is in the lot behind the center and is free at all times.

Thomas S. Monson Center
411 South Temple, Salt Lake City
Parking is available in lots North and East of the Monson Center.

Summit Vista
3890 W. Signal Peak Drive, Taylorsville
Parking is to the west of the building. Signs in the lobby will point you toward your classroom.

Check the class listing in this catalog for your class location.
Lifelong Learning at the University of Utah designs its courses for inquisitive adults ages 18 to 118. Sign up for a course and learn more, do more, become more.

lifelong.utah.edu
Sister Programs to Enrich Your Life

Take your knowledge further as you explore the world with hand-selected U of U faculty in a program that combines education with a vacation. It’s the most intelligent way to travel.

golearn.utah.edu
Class Registration and Special Event RSVP
Request Processing
Registration and RSVP requests are processed as they arrive in the office or online. If a class or event you request is full your name will be placed on the wait list. Registration status (confirmed or wait listed) will be noted on your confirmation.

Special Fees
In many cases special fees can be waived if you do not wish to receive the materials. Please call the Osher office for assistance.

Refunds
Because space is limited and we have arranged to provide our students access to various University facilities, you may drop a course and receive a full refund up to the start of class. Once class has begun, you may drop the course, but a $20 late drop fee and class special fee will be subtracted from your refund. If you have an extenuating reason for dropping past the start of class, please contact the Osher office at 801-585-5442, so that we may identify the best option to meet your individual circumstance.

Attending Classes for Which You Are Not Registered
You must be registered before you attend a class. This includes attending a different section of a class. Sitting-in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by not attending classes for which you are not registered.

Guests
Bringing guests age 50 and over to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher and to meet some members. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. Call four days before the event or one day before the course to check availability and register your guest. There is no guest charge, but remember, the guest policy is for sampling Osher. Please encourage your guests to join so they too can enjoy the full benefits.

Cancellation of Classes
In the event of university closure, Osher classes and activities will be canceled. Listen to your local radio station for university closure announcements or call the Osher office.

Occasionally a class will be cancelled at the request of the instructor. Every effort will be made to schedule a make up class at a time that is convenient for the most students.

Accessibility
To request a reasonable accommodation for a disability, please contact the Center for Disability Services at 801-581-5020 or online at disability.utah.edu. Reasonable notice required.

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events there is a four event per member limit. The four event limit applies to the total number of events for which you are either confirmed or wait listed.

Additional events may be requested 1 week in advance of the event and will be honored on a space available basis. Call the office to check availability.

If you can't attend it is important that you call to cancel as far in advance as possible. This allows us to give someone else a chance to attend and is respectful of our hosts and fellow members. Your RSVP is nontransferable. Members on the wait list have priority for open spots and must be processed in order.

Event size is limited at the request of our hosts to ensure a great experience for participants. Do not attend an event for which you do not have a confirmed reservation as this can place a burden on our host and is not fair to other members.

Tuition Reduction
U of U faculty and staff tuition reduction benefits are available for Osher classes. To receive the discount you must submit an application to Human Resources (801-581-7447) every semester. Failure to submit the application will result in a balance due on your account and may result in a hold on your account preventing future registration.

Communication
The Osher office uses email for registration confirmation, special event reminders, and for general communication with Osher members. Please be sure you have a current email address on file and that you check your email periodically. If you do not use email, consider getting an email buddy who can pass communication along to you in a timely manner.
Our donors, sponsors, partners, and volunteers allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

MASTER SPONSOR
Continuing Education & Community Engagement (CECE)
CECE provides the operational infrastructure for our Osher Institute.

MASTER DONOR
Bernard Osher Foundation
The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. Among other priorities, the Foundation funds Osher Lifelong Learning Institutes for people 50 and better on 119 campuses of higher education across the country.

MEMBERS MAKE THE DIFFERENCE!
Members’ tax-deductible gifts are greatly appreciated and help sustain and expand the quality Osher programming. Thank you for supporting the benefits and joy of learning by enrolling in classes, purchasing gift certificates for family members and friends, and remembering Osher in your charitable giving. Visit www.oshер.utah.edu/support or call the office to discuss giving options.

FACULTY PARTNERS
Thank you to the esteemed faculty from the University of Utah Colleges and Academic Departments who will share their expertise with Osher members this term.

CAMPUS AND COMMUNITY PARTNERS
Marriott Library
Natural History Museum of Utah
Red Butte Garden and Arboretum
Tenth East Senior Center
The University Guest House and Conference Center
UKids - Guardsman Way
Utah Museum of Fine Arts
University of Utah Alumni Association
University of Utah Emeriti Club

Advisory Committee
John Boles
Marilyn Copeland
Luci Malin
V. Papasophi - chair
Claudia Raab
Tamara Springer
Fred Tripp

Curriculum Committee
John Boles - Vice Chair
Kathie Coopersmith - past chair
Sandy Clark
Marilyn Copeland
Judy Donnell
David Hibdon
Steve Hudson - Lunch & Learn
Mary Jo Westlen
Connie Kirkpatrick
Helle LeRette
Luci Malin - Chair
Barbara Reid - past chair
Tamara Springer

Special Events Committee
Angie Matinkhah
Jill E. Meyer
Nancy Morrison
Connie Reed
Jill Smith
Rose Webber
Frank Wilson
Pam Wilson

15th Anniversary Committee
Jill Meyer - Chair
Anne Asman
Geeri Blair
Laurie Brussow
Dennis Clark
Joyce Federer
Betty Forsyth
Karen Hyde
Angie Matinkhah
Robin Pendergrass
Connie Reed
Janet Sahakian
Pam Sanders
Jill Smith
Lauraine Stephen
Frank Wilson
Pam Wilson

Class Assistants
Too numerous to list, but none-the-less important to the success of the Osher Institute.

OSHER MEMBERS MAKE IT HAPPEN!
The Osher Institute depends on members who volunteer their time and talents to make our programs the best that they can be. Volunteers multiply the reach of our small staff and are integral to curriculum, special events, and lunch and learn planning, as well as instructor and member support. Thank you!

INTERESTED IN BEING A VOLUNTEER?
Anyone can be a volunteer at the Osher Institute. Opportunities range from being a contributing member of one of the standing committees to proposing and leading a new initiative to spreading the word in the community. Contact the Osher office to express your interest and share your ideas.
Share Osher

INVITE A FRIEND TO CLASS

What better way to show someone how great Osher is than inviting them to join you?

Sharing the Osher experience is a win-win-win. The new member gains access to an amazing array of learning opportunities, the program becomes stronger with each new member, and you have the satisfaction of making a difference in someone’s life (and possibly even gain a companion with whom to take classes and attend special activities). Invite your friends to feel the energy of the members and catch a glimpse of the interesting classes and life-enhancing experiences that await them when they join the dynamic Osher community.

Note: Some people may like to sample the Osher experience before joining. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. See page 49 for the guest policy.